

Metro Region 2024 Girls Volleyball All Star Tournament



“SPORTSMANSHIP IS EVERYONE’S RESPONSIBILITY! BE A GOOD SPORT!”
Achieving gender equity through a continuous commitment to girls and women in sports.

Metro Region Sports Board

Carlos Alvarado	Recreation Supervisor
Christian Oliva	President
Kevin Gomez	Vice President
Mayra Alvarez	Treasurer
Constance Caldwell	Secretary

Volleyball Chairs: Mayra Alvarez, Veronica Pinedo, Amina Mercado

Members:

Central District: Elizabeth Marquez, Ana Valdez, Amina Mercado

East District: Christian Oliva, Sergio Rodriguez, Constance Caldwell

Griffith District: Michael Garcia, Ricardo Gutierrez, Gerardo Valdez

North District: Mayra Alvarez, Miranda Lara, Edwin Quinonez

North West District: Kevin Gomez, Joshua Jackson, Veronica Pinedo

Metro Region - 2024 Tournament Format

All Star Format

1. 2024 Citywide Volleyball rules shall apply.
2. All players, coaches and staff must sign the game card / sign in sheet prior to playing in the game.
3. We are not allowing teams that are waiting to play to enter the gym. We will have a designated area in case of inclement weather. (room, lobby, etc)?
4. Home and visiting team are listed on the schedule and will be positioned on the same side of the court. All parents and spectators will remain on the opposite side of the court and are not allowed on the team benches.
5. Coaches must sign a Code of Conduct and are responsible for conduct of their teams and fans.
6. Teams forfeiting due to:
 - a. Code of Conduct violation
 - b. Playing an ineligible player during the tournament.
 - i. **Will forfeit their last game and their opponent shall advance.**
7. It is the responsibility of the coach to find out when and where their team plays when advancing in tournament play.
8. The winning team in each division will move on and play in Citywide Single Elimination play.
9. In the event of a pool play tie the winner will be determined as noted below:
 - a. Head to head record
 - b. Fewest points allowed
10. Games will start on time. There is no grace period. It is up to each team to allow proper travel time to get to each game venue on time.
11. Minor Divisions will use Volley-Lite Volleyballs. The Majors and Junior Division will use standard High School Volleyballs.
12. Teams will play best 2 out of 3 sets to win the match. Cap on the first 2 sets is 35 and in the 3rd set it is 25.
13. Mandatory Play Rule: A mandatory rotation is required when the serving team fails to win the point or makes an illegal play (side out), 1 bench player must rotate into the game.
14. The Sports Board will provide the official game ball.
15. Rules Protest Procedures: Protests will only be accepted concerning a misinterpretation of the rules by only the Head Coach (not an Assistant Coach). Coaches must notify officials prior to the start of the next play if there is a protest. The game will be stopped at that point and the committee will be called to make the final decision. The committee's decision shall be final. Protest time is not part of game time. Protests will not be heard on official's judgment calls.
16. Eligibility Protest Procedure: The Sports Board has taken reasonable steps to verify that all players in the tournament meet eligibility requirements. All players must appear on a league roster and have shown a valid proof of age. Any eligibility protests require proof from the manager that is protesting. A hearing will be held on such protests and the decision of the committee is final. Eligibility protests must be made immediately after the last game played.
17. Any player, coach, or spectator that is ejected from the game, must leave the immediate vicinity of the playing field/court. The Citywide Sports Board reserves the right to determine a possible suspension of the person ejected based on the severity of the act/s leading to ejection.
18. After the conclusion of each game each team must make sure all trash is put away.

PURSUING VICTORY WITH HONOR

Minor Division

POOL 1 CHEVY CHASE, ECHO PARK, HAZARD, PAN PACIFIC

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/2/24	6:00PM	Pecan RC	Echo Park	VS	Hazard
Monday	12/2/24	7:00PM	Pecan RC	Chevy Chase	VS	Pan Pacific
Wednesday	12/4/24	6:00PM	Downey RC	Echo Park	VS	Chevy Chase
Wednesday	12/4/24	8:00PM	Downey RC	Hazard	VS	Pan Pacific
Saturday	12/7/24	9:00AM	Queen Anne	Pan Pacific	VS	Echo Park
Saturday	12/7/24	10:00AM	Queen Anne	Hazard	VS	Chevy Chase

POOL 2 EAGLE ROCK, ELYSIAN VALLEY, EL SERENO, SEOUL INT'L

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/2/24	8:00PM	Pecan RC	Eagle Rock	VS	Seoul Int'l
Monday	12/2/24	6:00PM	Downey RC	Elysian Valley	VS	El Sereno
Wednesday	12/4/24	7:00PM	Downey RC	Elysian Valley	VS	Eagle Rock
Wednesday	12/4/24	7:00PM	Pecan RC	El Sereno	VS	Seoul Int'l
Saturday	12/7/24	11:00AM	Queen Anne RC	Seoul Int'l	VS	Elysian Valley
Saturday	12/7/24	12:00PM	Queen Anne RC	El Sereno	VS	Eagle Rock

POOL 3 DOWNEY, HIGHLAND PARK, PECAN, QUEEN ANNE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/2/24	7:00PM	Downey RC	Downey	VS	Queen Anne
Monday	12/2/24	8:00PM	Downey RC	Highland Park	VS	Pecan
Wednesday	12/4/24	6:00PM	Pecan RC	Highland Park	VS	Downey
Wednesday	12/4/24	8:00PM	Pecan RC	Pecan	VS	Queen Anne
Saturday	12/7/24	1:00PM	Queen Anne RC	Queen Anne	VS	Highland Park
Saturday	12/7/24	11:00AM	Pan Pacific RC (1)	Pecan	VS	Downey

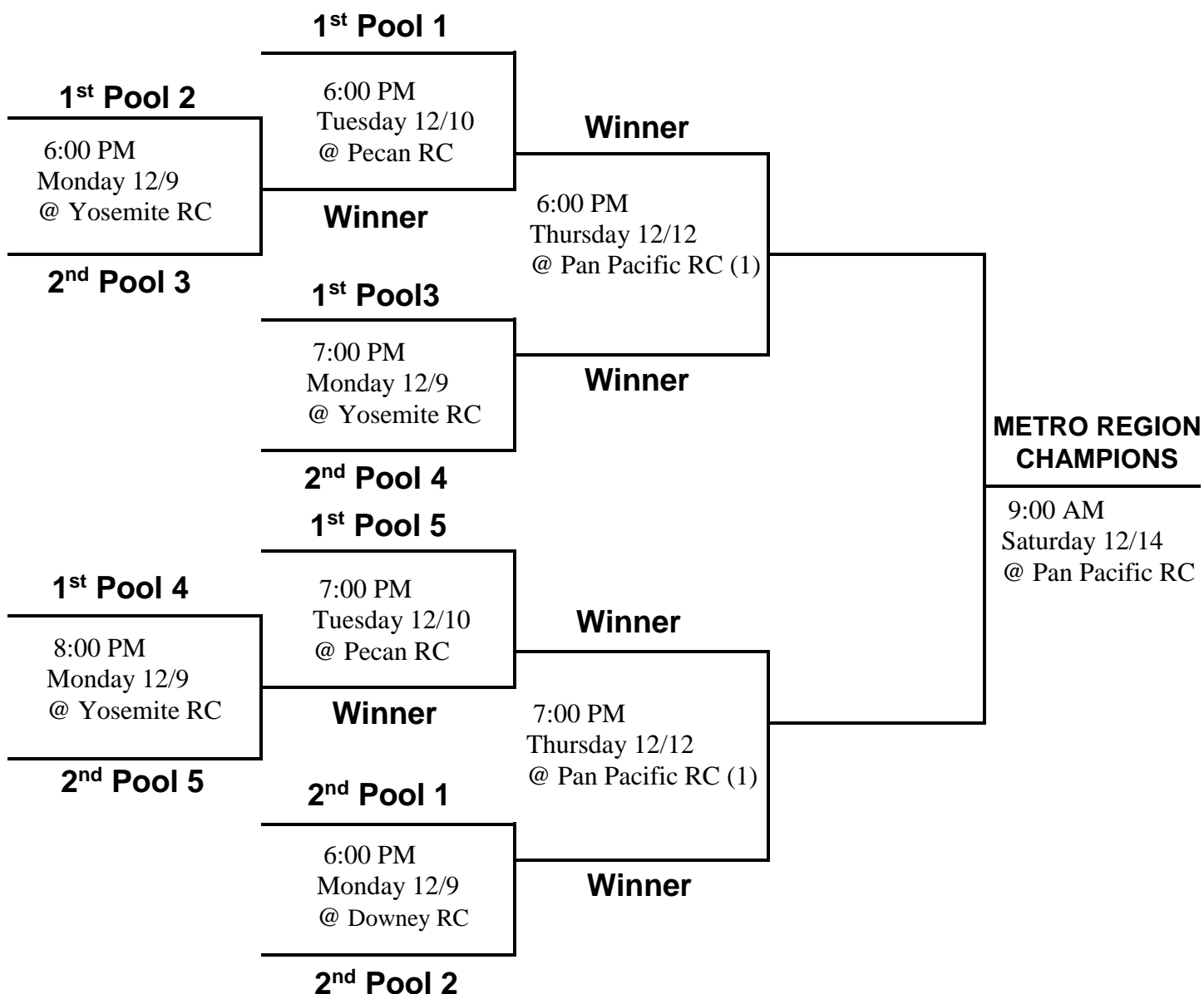
POOL 4 LAFAYETTE, COSTELLO, HOLLYWOOD, NORMANDIE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/2/24	6:00PM	Queen Anne RC	Lafayette	VS	Normandie
Monday	12/2/24	7:00PM	Queen Anne RC	Costello	VS	Hollywood
Wednesday	12/4/24	6:00PM	Pan Pacific RC (1)	Hollywood	VS	Normandie
Wednesday	12/4/24	7:00PM	Pan Pacific RC (1)	Costello	VS	Lafayette
Saturday	12/7/24	9:00AM	Pan Pacific RC (1)	Hollywood	VS	Lafayette
Saturday	12/7/24	10:00AM	Pan Pacific RC (1)	Normandie	VS	Costello

POOL 5 WABASH, YOSEMITE, GLASSELL, POINSETTIA

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/2/24	8:00PM	Queen Anne RC	Wabash	VS	Poinsettia
Monday	12/2/24	8:00PM	Pan Pacific (2)	Yosemite	VS	Glassell
Wednesday	12/4/24	8:00PM	Pan Pacific RC (1)	Yosemite	VS	Wabash
Wednesday	12/4/24	8:00PM	Pan Pacific RC (2)	Glassell	VS	Poinsettia
Saturday	12/7/24	12:00PM	Pan Pacific RC (1)	Poinsettia	VS	Yosemite
Saturday	12/7/24	1:00PM	Pan Pacific RC (1)	Glassell	VS	Wabash

Minor Division



Major Division

POOL 1 EVERGREEN, DOWNEY, HOLLYWOOD, EAGLE ROCK A

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/3/24	6:00PM	Downey RC	Evergreen	VS	Eagle Rock A
Tuesday	12/3/24	7:00PM	Downey RC	Downey	VS	Hollywood
Thursday	12/5/24	6:00PM	Yosemite RC	Downey	VS	Evergreen
Thursday	12/5/24	8:00PM	Yosemite RC	Hollywood	VS	Eagle Rock A
Saturday	12/7/24	9:00AM	El Sereno RC	Eagle Rock A	VS	Downey
Saturday	12/7/24	10:00AM	El Sereno RC	Hollywood	VS	Evergreen

POOL 2 GARCIA, CHEVY CHASE, QUEEN ANNE, YOSEMITE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/3/24	6:00PM	El Sereno RC	Garcia	VS	Yosemite
Tuesday	12/3/24	7:00PM	El Sereno RC	Chevy Chase	VS	Queen Anne
Thursday	12/5/24	7:00PM	Yosemite RC	Chevy Chase	VS	Garcia
Thursday	12/5/24	7:00PM	Pan Pacific RC (1)	Queen Anne	VS	Yosemite
Saturday	12/7/24	11:00AM	El Sereno RC	Yosemite	VS	Chevy Chase
Saturday	12/7/24	12:00PM	El Sereno RC	Queen Anne	VS	Garcia

POOL 3 HAZARD, EL SERENO, POINSETTIA, SHATTO

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/3/24	8:00PM	Downey RC	Hazard	VS	Shatto
Tuesday	12/3/24	8:00PM	El Sereno RC	El Sereno	VS	Poinsettia
Thursday	12/5/24	8:00PM	Pan Pacific RC (1)	El Sereno	VS	Hazard
Thursday	12/5/24	6:00PM	Pan Pacific RC (1)	Poinsettia	VS	Shatto
Saturday	12/7/24	1:00PM	El Sereno RC	Shatto	VS	El Sereno
Saturday	12/7/24	2:00PM	El Sereno RC	Poinsettia	VS	Hazard

POOL 4 COSTELLO, LAFAYETTE, PAN PACIFIC A, EAGLE ROCK B

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/3/24	7:00PM	Pecan RC	Costello	VS	Eagle Rock B
Tuesday	12/3/24	8:00PM	Pecan RC	Lafayette	VS	Pan Pacific A
Thursday	12/5/24	6:00PM	El Sereno RC	Lafayette	VS	Costello
Thursday	12/5/24	7:00PM	El Sereno RC	Pan Pacific A	VS	Eagle Rock B
Saturday	12/7/24	1:00PM	Pan Pacific RC (2)	Eagle Rock B	VS	Lafayette
Saturday	12/7/24	2:00PM	Pan Pacific RC (2)	Pan Pacific A	VS	Costello

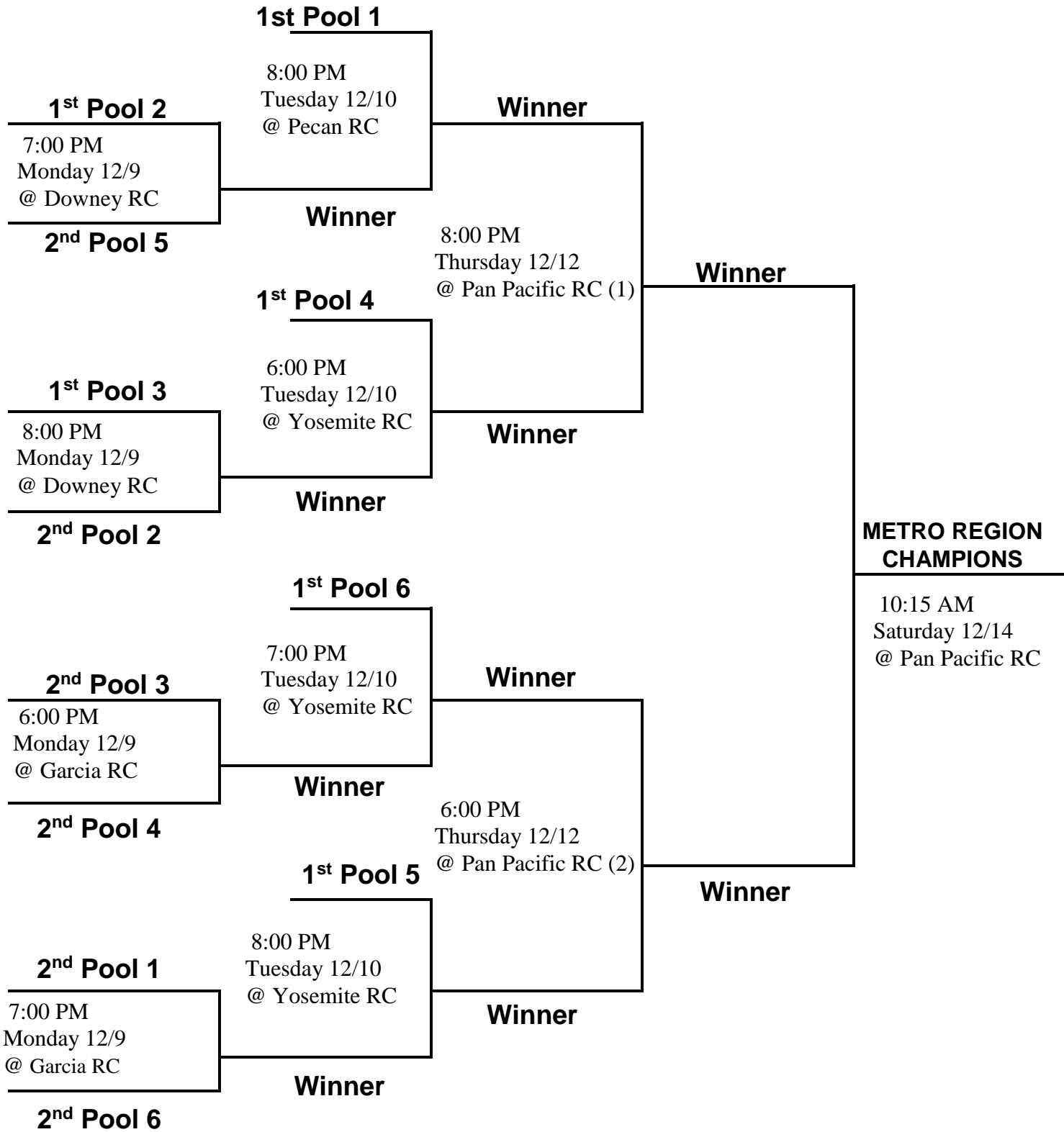
POOL 5 CYPRESS, PAN PACIFIC B, NORMANDIE, LINCOLN HEIGHTS

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/3/24	6:00PM	Queen Anne RC	Pan Pacific B	VS	Normandie
Tuesday	12/3/24	7:00PM	Queen Anne RC	Cypress	VS	Lincoln Heights
Thursday	12/5/24	6:00PM	Pan Pacific RC (2)	Pan Pacific B	VS	Cypress
Thursday	12/5/24	8:00PM	El Sereno RC	Normandie	VS	Lincoln Heights
Saturday	12/7/24	10:00AM	Pan Pacific RC (2)	Normandie	VS	Cypress
Saturday	12/7/24	11:00AM	Pan Pacific RC (2)	Lincoln Heights	VS	Pan Pacific B

POOL 6 ECHO PARK, ELYSIAN VALLEY, SEOUL INT'L, HIGHLAND PARK

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/3/24	6:00PM	Pecan RC	Echo Park	VS	Highland Park
Tuesday	12/3/24	8:00PM	Queen Anne RC	Elysian Valley	VS	Seoul Int'l
Thursday	12/5/24	7:00PM	Pan Pacific RC (2)	Elysian Valley	VS	Echo Park
Thursday	12/5/24	8:00PM	Pan Pacific RC (2)	Seoul Int'l	VS	Highland Park
Saturday	12/7/24	9:00AM	Pan Pacific RC (2)	Seoul Int'l	VS	Echo Park
Saturday	12/7/24	12:00PM	Pan Pacific RC (2)	Highland Park	VS	Elysian Valley

Major Division



Junior Division

POOL 1 LINCOLN HEIGHTS, QUEEN ANNE, BELLEVUE, TOBERMAN

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/2/24	6:00PM	Pan Pacific RC (1)	Queen Anne	VS	Bellevue
Monday	12/2/24	7:00PM	Pan Pacific RC (1)	Lincoln Heights	VS	Toberman
Wednesday	12/4/24	6:00PM	Pan Pacific RC (2)	Bellevue	VS	Toberman
Wednesday	12/4/24	7:00PM	Pan Pacific RC (2)	Queen Anne	VS	Lincoln Heights
Saturday	12/7/24	1:00PM	Pecan RC	Toberman	VS	Queen Anne
Saturday	12/7/24	2:00PM	Pecan RC	Bellevue	VS	Lincoln Heights

POOL 2 GARCIA, EAGLE ROCK, PAN PACIFIC, LAFAYETTE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/2/24	6:00PM	Pan Pacific RC (2)	Pan Pacific	VS	Lafayette
Monday	12/2/24	7:00PM	Pan Pacific RC (2)	Eagle Rock	VS	Garcia
Wednesday	12/4/24	6:00PM	Garcia RC	Garcia	VS	Lafayette
Wednesday	12/4/24	7:00PM	Garcia RC	Eagle Rock	VS	Pan Pacific
Saturday	12/7/24	2:00PM	Queen Anne RC	Pan Pacific	VS	Garcia
Saturday	12/7/24	3:00PM	Pecan RC	Lafayette	VS	Eagle Rock

POOL 3 PECAN, SHATTO, ELYSIAN VALLEY, ECHO PARK

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/3/24	6:00PM	Garcia RC	Pecan	VS	Echo Park
Tuesday	12/3/24	7:00PM	Garcia RC	Shatto	VS	Elysian Valley
Thursday	12/5/24	6:00PM	Queen Anne RC	Shatto	VS	Pecan
Thursday	12/5/24	7:00PM	Queen Anne RC	Elysian Valley	VS	Echo Park
Saturday	12/7/24	9:00AM	Pecan RC	Elysian Valley	VS	Pecan
Saturday	12/7/24	2:00PM	Pan Pacific RC (1)	Echo Park	VS	Shatto

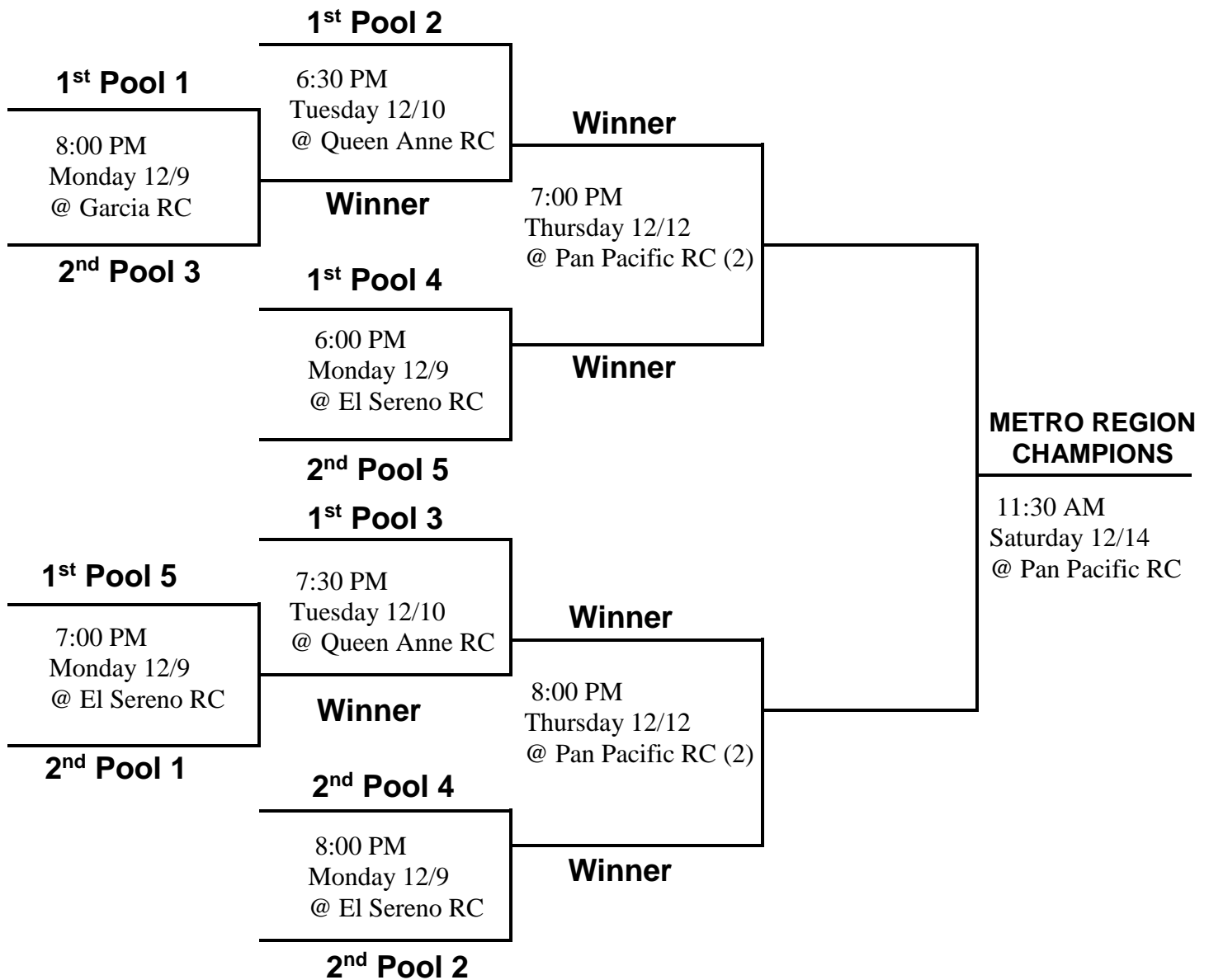
POOL 4 COSTELLO, YOSEMITE, NORMANDIE, CHEVY CHASE

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Tuesday	12/3/24	6:00PM	Yosemite RC	Chevy Chase	VS	Yosemite
Tuesday	12/3/24	7:00PM	Yosemite RC	Normandie	VS	Costello
Thursday	12/5/24	6:00PM	Garcia RC	Yosemite	VS	Costello
Thursday	12/5/24	7:00PM	Garcia RC	Normandie	VS	Chevy Chase
Saturday	12/7/24	10:00AM	Pecan RC	Costello	VS	Chevy Chase
Saturday	12/7/24	11:00AM	Pecan RC	Yosemite	VS	Normandie

POOL 5 EVERGREEN, SEOUL INT'L, EL SERENO

DAY	DATE	TIME	LOCATION	VISITOR	VS	HOME
Monday	12/2/24	8:00PM	Pan Pacific RC (1)	Evergreen	VS	Seoul Int'l
Wednesday	12/4/24	8:00PM	Garcia RC	Seoul Int'l	VS	El Sereno
Saturday	12/7/24	12:00PM	Pecan RC	El Sereno	VS	Evergreen

Junior Division



SPORTSMANSHIP STATEMENT

Good sportsmanship among spectators, parents, coaches, players, and officials are expected.

We require that ALL spectators practice supportive and encouraging behavior at all times.

Inappropriate conduct and/or negative gestures are not allowed during any part of the game.

Examples of such behavior include the following:

Taunting the opposing team and their supporters.

Derogatory comments to the officials/referees and others

Distracting players with stomping, yelling, and/or banging devices.

Usage of loud sounds such as horns/whistles/bells are prohibited.

Failure to comply with the above rules may officially end the game and result in a forfeit loss for the offending team(s).



QR FOR FOR METRO REGION TOURNAMENT SCORES

Recreation Centers - Address Information:

Ramon Garcia RC - 1016 S. Frenso St. Los Angeles, CA 90023

Pan Pacific RC - 7600 Beverly Blvd. Los Angeles, Ca 90036

Queen Anne RC - 1240 West Blvd, Los Angeles, CA 90019

Downey RC - 1739 Albion St. Los Angeles, CA 90031

El Sereno RC - 4721 Klamath St. Los Angeles, CA 90032

Yosemite RC - 1840 Yosemite Dr. Los Angeles, CA 90041

Pecan RC – 145 S. Pecan St. Los Angeles, CA 90033