Women's Official Basketball Roster - Spring 2025

Team:					Team	n #: Da	ay of Leag	gue: L	_eague #:		
	Manager's Name:					Address:					
	City:			Zip:_		Phone: <u>()</u>		Email:			
	Asst. N	/lgr's Name	:		Addr	/ess:					
				Zip:		Phone: <u>()</u>) Email:				
Coach's Name (1 per te			eam):		Phone: ()		Email:				
	ROSTE		TED!					ST ALSO SIGN THE <u>RE</u>	EVERSE SIDE OF THIS ROSTER		
Walk-in, Mail or E-Mail ORIGINAL ROSTER to: Valley Municipal Sports Office		<u>to</u> :	NOTE: Only the registered coach may be on the player's bench. NOTE: ALL rostered players must be able to show their Driver's License or State issued Identification Card at EVERY game.								
6911 Lau North Holly Basketball.mu ANY QUESTIONS PLE CALL THE OFFICE	wood, CA nisports	Ave. A 91605 @lacity.org .LL: (818) 756		week of the season per win (beginning the deadline date (v win for the remaind	n and will only be week 4) and will be veek 6) are not elig er of the season.	accepted prior to the e subject to a forfeit if a ible to participate in po	6 th week. To a protest is fi ost season o r on file may	eams without a roster led against them. Tea r tournament play and	inal rosters are due by the 3 rd on file will receive only 1 point ims submitting their roster after will receive only 1 point per ests against opponents.		
PLAYER'S NAM	E	JERSEY #	PLAY	ER'S SIGNATURE	ADDRES	S / CITY (Print)	ZIP	PHONE	E-MAIL ADDRESS		
Manager's Name	9		Mar	nager's Signature							
Asst. Manager's Na	ame		Asst. I	Vanager's Signature							
Coach's Name			Со	ach's Signature							
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MANAGER, ASSISTANT MANAGER, COACH AND ALL TEAM PLAYERS MUST READ WAIVER AND RELEASE, AND CODE OF CONDUCT, THEN SIGN BELOW

WAIVER AND RELEASE

All participants shall assume all risk by signing this general Release and Waiver. I understand that the risks I assume by participating in the Municipal Sports Program include, but are not limited to, serious head and other bodily injuries. In consideration of receiving permission to participate in the Municipal Sports Program, I hereby release the City of Los Angeles and all of its officers and employees from all liability for any personal injury, death or damage of any kind arising from or related to my participation in the Municipal Sports Program. No oral representations, statements or inducements apart from this written waiver have been made. By my decision to participate in the Municipal Sports Program, I am voluntarily assuming all risk and/or loss. Damage or injury, including death, may occur through my participation in the Municipal Sports Program. I understand that by signing this Release and Waiver, I am giving up the right for myself and/or my family and/or heirs to sue the City of Los Angeles, and/or its officers and employees for injuries resulting from participation in the Municipal Sports Program.

CODE OF CONDUCT

The primary purpose of adult sports programs is to offer each resident of our city the opportunity to pursue, through competitive sports, the physical and emotional benefits such activity offers. All too often the emphasis in such participation has been placed on winning at any cost.

It should be remembered that in every competitive sports activity there are winners and losers. The purpose of this Code of Conduct, applicable to every participant, is to engender and motivate a return to good sportsmanship, proper conduct on and off the field, and full compliance with the rules and policies of the Los Angeles Municipal Sports Section. Every individual and team participating has adequate recourse through established procedures in the filing of complaints or protests.

Effective immediately, the Code of Conduct, as defined below, is in force. Team managers will carefully review the rules and requirements herewith set forth and make them known to their players. They are solely responsible for actions of their teams and players, on and off the field. Improper behavior on the part of any participant can directly affect the future participation by the entire team. No alcoholic beverages and/or smoking are allowed in or on recreation centers or school grounds by players, managers and/or spectators. Penalty: Immediate suspension and loss of league fees.

The Participant's Code of Conduct applies to all players, coaches, and managers. This code applies to players as individuals and/or as a team, and the penalties can be applied to an individual and/or an entire team. This code becomes effective as soon as the participants arrive at the facility of play and remains in effect until the participants leave the facility. А

- No Participant shall:
 - At any time lay hand(s) upon, push, shove, strike or threaten to strike an official. 1.
 - Be guilty of physical attack as an aggressor upon any player, official or spectator. 2.
 - Endanger the safety of any player, official or spectator. 3
- Β. No Participant shall:

E.

Refuse to abide by an official's decision. 1.

Be guilty of heaping personal, verbal abuse upon any official for any real or imaginary wrong decision or judgment. 2.

- Be guilty of using unnecessarily rough tactics in the play of the game against an opposing player. 3
- C. No Participant shall
 - Be quilty of objectionable demonstrations of dissent at an official's decision by throwing equipment or any other forceful action. 1.
 - Discuss with an official in any manner the decision reached by such official (except Manager).
- D. No Participant shall
 - Smoke while going on or coming off the facility, or while on the field of play. 1
 - Be guilty of discussing publicly with spectators in a derogatory manner any play, decision, or personal opinion of other players during the game (NO trash talk). 2.
 - Appear on/at the facility at any time in an intoxicated condition, or consume any alcoholic beverage while on a recreation facility.
 - All players must sign Official Roster and League Waiver and Release prior to participation or be subject to game forfeiture or disgualification.

NOTE: We are mandating that monitors, timer-scorers and officials report any participant that is difficult or that refuses to abide by our league's motto of friendly competition - no profanity. We are committed to making our leagues the best they can be. Particular attention will be paid to player conduct.

I have discussed the Code of Conduct with my team and we understand and agree to abide by the above rules and policies. I agree to abide by all Rules and Regulations governing Municipal Sports, which includes any disciplinary measures, fines, or suspensions levied by the Municipal Sports Executive Committee.

MY SIGNATURE ACKNOWLEDGES I HAVE READ AND THAT I UNDERSTAND EACH AND EVERY ONE OF THE ABOVE PROVISIONS IN THE CODE OF CONDUCT AS WELL AS THE WAIVER AND RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT AND AGREE TO ABIDE BY THEM.

Team		Day	
PLAYER'S NAME (Print)	JERSEY #	SIGNATURE	DATE
Manager's Name		Manager's Signature	
Assistant Manager's Name		Assistant Manager's Signature	
Coach's Name		Coach's Signature	
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