

# General Rules & Info

- Children under seven (7), must be accompanied by a guardian 16 years or older on a one to one ratio, within arm's reach at all times. (LAMC 63.44 E)
- Children under nine (9) may use a restroom of either gender. (LAMC 63.44 F)
- Parents/Guardians must stay within arm's reach of a child at all times.
- Children under age (4) must wear an approved swim diaper or plastic pants with elastic around the waist and legs.
- Patrons under the influence of alcohol or narcotics will be denied entry.
- Smoking and all electronic smoking devices are prohibited a minimum of 20 feet from all park grounds. (LAMC 63.44 B 24)
- Patrons with nasal or eye discharges, open wounds, bandages, or active diarrhea will be denied entry.
- Pets are not allowed. Service Animals are welcomed.
- Check all valuables with the Pool Clerk.
- The following personal items are not permitted in the swimming pool or deck areas: Recreational wheeled vehicles, roller blades, bicycles, skateboards, etc. Glass objects or containers of any kind.
- Cellphones and other recording devices are not permitted to be used in the locker rooms and under water.
- Eating and / or drinking is only allowed in designated areas, if any.
- Foul or abusive language will not be tolerated.
- Proper swim attire is as follows: Swimsuits with proper lining and rash guard swimwear. Inappropriate swim attire is as follows: Cut-offs, bike shorts, and all other street clothing. Thongs and leotards.
- US Coast Guard approved life vests are permitted.
- Life vests are not permitted in deep water.
- Please take a soap shower before entering the pool area.
- Patrons may not enter the pool unless there is a lifeguard on the tower.
- During recreational hours, all patrons will be asked to take a swim test before entering the deep end of the pool. This test will consist of two lengths of the pool swimming freestyle (Front Crawl), with an effective supporting kick.
- For the safety of the public there is no: running, horse play, snapping towels, climbing, sitting on, and jumping from fences or guard structures, diving into shallow water, swimming in the diving area, hypoxic training or prolonged underwater swimming, diving off the ladder rails or using them as horizontal or parallel bars, & hanging on the safety rope / lane lines, unless in danger. Participating in other dangerous practices as determined by lifesaving staff.
- Interfering with a lifeguard rescue, or calling for help unless in distress is not permitted.
- Locker rooms close 15 minutes after the end of patron's session.
- Kickboards and pull buoys are provided during lap swimming and aqua fit cardio hours only, no equipment will be provided during recreational swim hours. All other equipment is for facility programs.
- Adult lap swim is reserved for persons 18 years of age and older.

# ADMISSION FEES CASH ONLY NO REFUNDS

## Single Entry Admission

Youth (Age 17 & Under)	\$1.00
Adults (Age 18-49)	\$4.00
Adults (Ages 50+)	\$1.00
Persons with Disabilities (All Ages)	\$1.00

## Admission Pass

Adults (30 Admissions)	\$88.00
Adults 50+ (30 Admissions)	\$25.00
Persons with Disabilities	\$25.00

**\*All Pass Sales Are Final, No Refunds Or Replacements.**

## Aqua Fit

**Aqua Fit - High Impact**      Tues & Thurs: 7PM

This high impact class is a calorie burning workout that utilizes muscular, cardiovascular, and aerobic conditioning. This fun exercise will help with strengthening and toning.

**Aqua Fit- Zero Impact**      Wed & Fri: 7PM

This deep-water exercise class strengthens and builds muscle without causing any impact on the joints.

<b>Guest Pass:</b>	<b>45 min / 8 classes</b>
Adult (18-49) \$6.00	Adult (18-49) \$44.00
Adult (50+) \$5.00	Adult (50+) \$36.00

\*You may bring your own water belt  
\*Participants must be able to swim in deep water

**\*Follow all session and registration dates for group lessons.**

# Lesson Registration & Information

Registration will NOT be accepted over the phone. Online and in-person registration is available. Preschool & Tiny Tots: 3yrs.-6yrs old. Youth: 7 yrs.-17 yrs old. Adult: 18 yrs+. Swim assessments required prior to registration. Fees must be paid at the time of registration. No exceptions. Make checks payable to: L.A. City Department of Recreation and Parks. Cash, Check, Money Order, VISA and MASTER Card accepted. No refunds or transfers unless class is canceled. No make-ups for participant absences and posted holidays. Proof of age is required for children under age 7 prior to registration, birth certificate or passport accepted.



## Lesson Cost

**Youth Lessons: \$67.00 / Adult Lessons: \$67.00**  
**Tiny Tots: \$80.00**

## Group Lessons

**Tuesday/ Thursdays      Wednesday/ Fridays**

**\*TinyTots**

Tue & Thu 5PM

**Water Confidence**

Tue & Thu 5:30PM

**Beginners**

Tue & Thu 6PM

**Adaptive**

Tue & Thu 6:30PM

**Adult**

Tue & Thu 7PM

**Beginner**

Wed & Fri 5PM

**Advanced Beginner**

Wed & Fri 5:30PM

**Intermediate**

Wed & Fri 6PM

**Tiny Tots**

Wed & Fri 6:30PM

**Swimmers**

Wed & Fri 7PM

**Walk - In Registration: 9AM**

Online registration begins at 9am

Session #	Registration	Lesson Dates
Session #1	Sat. Sept. 14	Sept 14th-Oct. 11th
Session #2	Sat. Oct. 12	Oct. 12th-Nov 8th
Session #3	Sat. Nov. 9	Nov 9th-Dec 13th

**\*No classes Nov. 26th-Dec 1, 2024**

The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers are available for those who qualify. Please ask for details.

# HOURS OF OPERATION

## Aug 11 - Sept 7, 2024

Monday-Friday.....5PM-8PM  
 Saturday & Sunday.....1PM-5PM  
**Sept 8th, 2024 - Jan 4, 2025**  
 Mondays.....Closed  
 Tuesday-Friday.....5PM-8PM  
 Saturday and Sunday.....1PM-5PM

## Adult Lap Swimming

Sat and Sun 1PM-5PM (limited lanes)



## Holiday Hours

Thanksgiving Holiday  
 Thur, Nov 28-Fri, Nov 29, 2024.....Closed  
 Christmas Eve  
 Tue, Dec 24, 2024.....1PM-5PM  
 Christmas Day  
 Wed, Dec 25, 2024.....Closed  
 New Years Eve  
 Tue, Dec 31, 2024.....1PM-5PM  
 New Years Day  
 Wed, Jan 1, 2025.....Closed

# Team Sports

**Registration:** Sun Sept 15th, 9AM

**Age 7-17:** Age verification is required and must be on file before the first meet, or the participant will not be allowed to compete

**Minimum Skill Level:** Level 4/Intermediate

**Cost:** \$50.00\*



## USA Swim Team

**Practice:** Tue Aug 17th.- Dec. 20, 2024

## Dry-Land Workout:

Tue-Fri 5PM-5:30PM

**Training:** Tue-Fri 6PM-7PM

## Private Lessons

**Each lesson is 25 minutes in duration. Requests for instructor can be made prior but are not guaranteed.**

Groups or individuals desiring to provide coaching at a City of Los Angeles swimming pool must obtain a permit. Private instruction (one-on-one) is not permissible. Permit guidelines and applications can be obtained online at [LAParks.org](http://LAParks.org).

Private Lessons: \$216.00 (8 Lessons)

Semi-Private Lessons: \$320.00

(8 Lessons)

Sat & Sun

1:30 pm-4:30 pm

\*See pool clerk for availability

Session #	Registration	Lesson Dates
Session #1	Sat. Sept.14	Sept 14-Oct 11
Session #2	Sat. Oct.12	Oct. 12-Nov 8
Session #3	Sat. Nov. 9	Nov 9-Dec 13

# Yosemite

## Year-Round Heated SWIMMING POOL Open to Public



## Aug 11th-Dec 28, 2024 FALL 2024

### Our Location

1840 Yosemite Dr. Los Angeles CA,  
90041

### Our Contact

(323)226-1668

[yosemite.pool@lacity.org](mailto:yosemite.pool@lacity.org)

[laparks.org/aquatic/year-round/yosemite-pool](http://laparks.org/aquatic/year-round/yosemite-pool)

### Our Social Media

[@Yosemiteparkpool.lacityparks](https://www.instagram.com/Yosemiteparkpool.lacityparks)

\*Listed programs in brochure may be subject to change without prior notice.

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.