



# City of Los Angeles Department of Recreation & Parks

5858 Shoup Ave. Woodland Hills, CA 91367 woodlandhills.recreationcenter@lacity.org

# Woodland Hills Recreation Center Winter 2025

Online Registration begins December 3rd at 10 AM Classes begin Monday, January 6th 10 week program (unless otherwise noted)

Park Proud-LA!

# **Facility Information**

# **OFFICE HOURS**

MONDAY-THURSDAY 9:00am -9:00pm

SATURDAY 9:00am - 5:00pm

SUNDAY- CLOSED

# IMPORTANT PHONE NUMBERS

WOODLAND HILLS RECREATION CENTER

Main Office 818-883-9370

## **WOODLAND HILLS POOL**

Main Office 818-704-1509 Aquatics 323-906-7953

# **OTHER NUMBERS**

 Valley Region Office
 818-756-8060

 Park Film Office
 323-644-6220

 Non-emergency LAPD
 877-275-5273

 LA City Fire Station #105
 818-756-8605

 Valley Cultural Center
 818-704-1358

 Municipal Sports Office
 818-765-0284

City of LA Information 3-1-1

City of LA Tax ID #95-6000735

# Raise The Bar

"Achieving Gender Equality Through a Continuous Commitment to Girls and Women in Sports."

# **HOLIDAYS (CLOSED)**

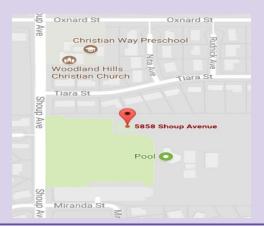
December 25 Christmas Day

January 1 New Year's Day

January 20 Martin Luther King Jr Day

February 17 Presidents Day

March 31 Cesar Chavez Day



# REFUND POLICY

Full refunds are only issued when the center cancels the activity. No refunds will be issued one week prior to PROGRAM start date. A 15% cancellation fee is assessed for all refunds, changes, or transfers.

Classes, sports leagues, or camp registration will require a \$35 fee depending when refund request is submitted to the facility Director in writing.

Persons with disabilities are welcome to participate in our classes and programs.

Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.

Section 63.44 Los Angeles Municipal Code prohibits drinking alcohol, gambling, littering, amplified sound, unleashed dogs and smoking.

# **FACILITY PERMITS**

Currently, we are not renting out our gym or rooms at this time. Please feel free to check back with us in the future.

# **OPEN GYM HOURS**

Open GYM TBD

# WARNER CENTER INFO

Reservation for Warner Center Park are handled at our Region Office. Contact the permit office at (818) 756-8187 or send a proposal to the address listed below to schedule an event.

City of Los Angeles Recreation and Parks -

Valley Region Attn: Permits 6335 Woodley Ave, Van Nuys, CA 91406

For Concerts In the Park, please contact: Valley Cultural Foundation (818) 704–1358

# Class Information

# Winter 2025 CLASSES: Monday, January 6, 2025 - Saturday, March 15, 2025

**UNLESS OTHERWISE NOTED** 

- Neither the City of Los Angeles nor Woodland Hills Recreation Center carries insurance or assumes any liability. Patrons must carry their own insurance coverage.
- You are responsible for your child; please do not leave your child unattended at the park.
- The classes and programs in the brochure may be subject to change or cancellation. Staff reserves the right to cancel or combine classes if the minimum enrollment is not met.
- Students must meet the age requirements by the session start date. Staff reserves the right to require proof of age at any time, and may remove a student from a class if the student is not the appropriate age and/or does not have the necessary level, maturity, or skill.
- Make-ups will not be scheduled when a class is missed by a student. No refunds and/or credits are given for classes missed by students. Makeups for classes cancelled by the instructor will be scheduled at the end of the session.

# PLAYLA WINTER SPORTS AND FITNESS PROGRAMS

PlayLA Youth and Adaptive Youth Sports Program is made possible by LA28 Olympic and Paralympic Games. Waivers available for those who qualify, ask for details. (Waiver located online at time of check out)

## **LOCATION**

Winter classes will be held at Woodland Hills Recreation Center-5858 Shoup Ave Woodland Hills Tennis classes will be held at Knapp Ranch Park 25000 Kittridge St. West Hills

## **PAYMENT**

Payment must be made in full at the time of registration. Payment may be made by Visa, or MasterCard. Class fees will **not** be prorated. Payments will be made online only. Please refer to the directions below on how to make an account and pay for your activities. <u>Payment must be accompanied by a class/program registration form to be complete.</u>

# Registration Information



# **ONLINE REGISTRATION**

Begins: December 3, 2024 at 10:00 am Ends: December 27, 2024 at 10:00 am

Or until classes are full



# STEP ONE

# Create a Household Account (New Accounts)

- 1. Visit reg.laparks.org
- 2.Click on "Sign in" This will open a new window
- 3.Click on "Don't have an account? Sign up Now"
- 4.Fill out the new page, keeping in mind that this is your information, not your child's. You may pick your own username and password. All red fields are mandatory.

Note: If you are an adult and are not comfortable with entering your birthday, make one up. Make sure it's a reasonable age if you are planning on registering for an adult activity.

- 5.If you plan on registering your children, spouse, or others using this system, click "Add New Member" at the bottom of the page.
- 6.Fill out the "Additional Family Member" section and repeat as necessary. When you are done, click "Save" or "Add New Contact" to add an emergency contact.
- 7.If you would like to add an emergency contact, click on "Add New Contact."
- 8. When you are done, click "Save" at the bottom of the page. You will automatically be logged in and redirected to the main page. Follow the instructions in STEP TWO beginning with #4.

### STEP TWO

# Register for an Activity at Woodland Hills

- 1. Visit www.laparks.org/reccenter/woodland-hills
- 2. Click on "Register Now"
- 3. "Log-In" at the top of the screen
- A. If you do not have an account, please click "to register for a new account" and follow the instructions under STEP ONE
- B. If you have an account but have not created your own username, your household number is your username.
- C. Your password is your last name. You will be able to change this password after your first log in.
- 4.Once logged in, click on "Search" at the top of the page then "Register for an Activity."

Note: Please remember that online registration is limited to certain programs and activities.

- 5. Click on "Activity Search Criteria" and select Woodland Hills RC as your location . Then click the search button.
- 6. Scroll through the list of activities.
- 7. Click on the "+" sign to add an activity to your cart.
- 8. Once all activities are added, continue until "proceed to checkout" Follow the steps for payment. Once payment is processed, you will be enrolled in the activity.







Bright Beginnings - Ages 3 - 4
Tues/Weds/Thurs 9:00 am-1:00 pm

Child must be 3 years old by Sept.1, 2024



Miss Gracie Monico

August 2024- May 2025

# 2025-2026 School year information will be available in our Spring Brochure

rnis class is designed to ennance children's confidence and build their social and cognitive skills. Children build on their pre-writing, pre-reading, and pre-math skills through art, crafts, music and movement, group time and learning experiences.

Independence is fine-tuned as children become more self-reliant and are able to "do it themselves".

Child must be 3 years old by Sept.1, 2024 • Staff ratio 1:8

CHILD MUST BE POTTY TRAINED (NO EXCEPTIONS!) and able to participate in group activities.

Bring lunch, snack & a water bottle each day unless otherwise noted. Inform instructor of any food intolerance.

School year runs from August 2024- May 2025

**PAYMENT**: Payments for Bright Beginnings <u>must</u> be paid by the date listed on the payment calendar to hold your spot.

A payment of \$360 will be due each month\*. See payment calendar below.

Monthly installments are applied towards the full tuition. No payment will be due for the month of December

A \$25 late fee will apply for failure to pay on time. No exceptions.

A non-refundable \$50 registration fee + 1st month payment is due at the time of registration.

\*Payment is NOT monthly, rather it is broken up into monthly payments for your convenience

MONTH	August	September	October	November	December	January	February	March	April	Мау
DUE	June 22 (space pending until filled)	Fri. Sept. 15	Sun. Oct. 15	Wed. Nov. 15	No Payment	Mon. Jan. 15	Thurs. Feb. 15	Fri. March 15	Mon. April 15	Wed. May 15
Amount	\$360+\$50 ··	\$360	\$360	\$360	\$0	\$360	\$360	\$360	\$360	\$360

For an additional day of Early Learners program add <u>Kids in Action</u>
Mondays from 9:00 am -1:00 pm
Monthly Class

This class will help your child develop the fundamental building blocks needed for Pre-Kindergarten. Children will have circle time, arts and crafts, music, movement and more. Child must be potty trained.

See Programs for Children on following pages.

All classes and programs are subject to change



# Early Learners



ABC, 1-2-3 - Ages 4- 5

Tues/Weds/Thurs 9:00 am-1:00 pm
Child must be 4 years old by Sept.1, 2024



Miss Georgette Lambey Miss Mimi Mehrdad August 2024- May 2025

# 2025-2026 School year information will be available in our Spring Brochure

Through interactive play and instruction, children will learn basic language skills including the alphabet, spelling, writing, and reading at an age appropriate level through coloring, painting, singing, crafts, and story time. Instruction includes writing letters, names, parents' names, birthdays, and word recognition. Basic number theory such as addition, money (coin), and time (clock) are introduced at an age appropriate level through drawing, crafts, and hands on learning. Instruction includes address, telephone, and calendar. The emphasis will be on fun, without pressure.

Child must be 4 years old by September 1, 2024 • Staff ratio 1:8.

CHILD MUST BE POTTY TRAINED (NO EXCEPTIONS!) and able to participate in group activities. Bring lunch, snack & a water bottle each day unless otherwise noted. Inform instructor of any food intolerance.

School year runs from August 2024 - May 2025

**PAYMENT**: Payments for ABC-123 <u>must</u> be paid by the date listed on the payment calendar to hold your spot.

A payment of \$360 will be due each month\*. See payment calendar below.

Monthly installments are applied towards the full tuition. No payment will be due for the month of December

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Amount	\$360+\$50	\$360	\$360	\$360	\$0	\$360	\$360	\$360	\$360	\$360





**Kids in Action** 

Ages 3-5

Monday

9:00 - 1:00 pm



This class will help your child develop the fundamental building blocks needed for Pre-School. Children will have circle time, do arts & crafts, music, movement, science, cooking and more. The class will have an emphasis in art to help your children with self expression. They will also work on their academics in this class. This is a drop-off class for your child to learn their new independence.

Please bring a lunch and water for your child **Child must be toilet trained**.

Join this class to help your child transition to Preschool

Month	Dates	NO CLASS	Price	
December	12/2,12/9	12/16, 12/23, 12/30	\$50	
January	1/6, 1/13, 1/27	1/20	\$75	
February	2/3, 2/10, 2/24	2/17	\$75	
March	3/4, 3/11, 3/18	3/25	\$100	
April	4/7, 4/21, 4/28	4/14	\$75	
May	5/5, 5/12, 5/19	5/26	\$75	



# Parent and Me

**Parent and Me Crafts** Julie Fischer \$140 Ages 1 ½ -2 ½ 9:30 - 10:30 am Jan. 17 - March 14 Friday (9 weeks)

**Parent and Me Crafts** Julie Fischer \$140 Ages 2-3

Friday 10:45 - 11:45 am Jan. 17 - March 14 (9 weeks)

Come and join our Parent & Me hands on project based class where you can socialize with other parents while creating a strong bond with your child.

# **VOLUNTEER / COACHING OPPORTUNITIES**

We are always looking for volunteers/coaches interested in assisting us with activities, sports, and special events.

For more information on becoming a volunteer or coach, please EMAIL: WOODLANDHILLS.RECREATIONCENTER@LACITY.ORG



Film Class Monday

Ages 7-15

4:30 - 6:00 pm

Eric Stuart

Jan. 6 - March 10

\$145

(8 weeks) \*No Class 1/20,2/17

This class is loads of fun & our students learn how to make short films of all kinds, from silent films to commercials & everything in between. They will learn how to create a production company, film & create content that will then be uploaded to our Woodland Hills Rec Films youtube channel! Your young artist will get hands on experience in writing, producing & acting with small groups in the class! Reading, writing & memorization skills are a must.

\*Please note all films **WILL ONLY** be available to view on our private youtube channel. Parents will be asked to sign a media agreement on the first day of class. Please do not sign up if you are not interested or comfortable with your child being on our youtube channel.



# Piano or Guitar

# Piano or Guitar - Individual Private Lessons

Private 30 minute lessons instructed by Rachael. Our instructor has taught both instruments for over 10 years.

**Thursday**, Jan. 9 - March 13

Piano students MUST provide a folder with lined paper and a pencil with an eraser.

Ages 7- Adult

~1:00 - 1:30 PM

~1:30 - 2:00 PM

~2:00 - 2:30 PM ~2:30 - 3:00 PM

~3:00 - 3:30 PM

~3:30 - 4:00 PM

~4:00 - 4:30 PM

\$190 (10 weeks)

~4:30 - 5:00 PM

~5:00 - 5:30 PM

~5:30 - 6:00 PM

~6:00 - 6:30 PM ~6:30 - 7:00 PM

~7:00 - 7:30 PM

~7:30 - 8:00 PM

~8:00 - 8:30 PM

Guitar students MUST provide Mel Bay Modern Guitar Method Grade 1. Which can be found on Amazon. As well as their OWN guitar.

Icky Sticky Fun Art Wednesday

Ages 4-8 3:30 - 4:30 pm Addisyn Ponce Jan. 8 - March 12 \$110 (10 weeks)

Ages 6-10

\$110

Icky Sticky Fun Art Wednesday

4:30 - 5:30 pm

Addisyn Ponce Jan. 8 - March 12

(10 weeks)

In this imaginative and hands-on class, young artists will dive into a world where creativity meets gooey, sticky fun! Imagine paint that feels like squishy slime and textures that make you giggle with delight. We'll explore a variety of messy materials like glitter glue, fluffy cotton balls, and even spaghetti (yes, spaghetti!) to create unique masterpieces.

From finger painting with pudding to making sculptures with marshmallows, every project promises to be a sticky adventure. Kids will learn to embrace the mess as they mix colors, experiment with different textures, and let their imaginations run wild.

Join us for a class where art isn't just about what you see—it's about what you feel, touch, and even taste (okay, maybe just a little)! Get ready to get messy, get creative, and have a blast in our Icky Sticky Fun Art Class!

**Dress for Mess!** 



# Wiggle Jamz



Wiggle Jamz Junior

Ages 4-5

Laura Lanci

\$125

Saturday

10:00 - 10:30 am

Jan. 11 - March 15

(10 weeks)

Wiggle Jamz

Ages 6-7

Laura Lanci

\$125

Saturday

10:45 - 11:15 am

Jan. 11 - March 15

(10 weeks)

Wiggle Jamz: Music, Singing and Dancing with Spanish language immersion for children 4 to 7

Helping children understand language, sound and coordination in a **creative**, **safe and nurturing environment**. They will develop rhythm, musical/performing arts skills, body alignment and stretching all while experiencing a safe and fun environment that emphasizes teamwork, collaboration, and cooperation. Improves mood, vocabulary, communication, social development, cognitive growth, confidence, listening skills, memory, emotional development, and fine motor skills.

Dress requirements: Loose fitting clothes, sneakers or ballet shoes.

Our Dance Instructor, Laura, has taught dance for over 10 years. She is a Certified Voice Teacher and a Pilates/Yoga/Zumba Instructor that has in-depth knowledge of dance and vocal techniques. She includes yoga for kids, voice and music theory in her teaching.



# Voice and Body Series

Voice and Body Series

Ages 13+

Laura Lanci

\$140

Saturday

11:30 - 12:30 pm

Jan. 11 - March 15

(10 weeks)

Voice and Body Series: a practice combining voice, movement and improvisation for all levels.

This is an excellent option for anyone who wants to enjoy singing, dancing and making music. This class helps increase body awareness, builds flexibility, stabilizes physical and mental health, improves stamina, rhythm, musicality and coordination in a safe and fun environment that shares values such as diversity, collaboration, lightness and joy. This class utilizes yoga techniques, stretching and vocal/movement improvisation.

Tools and dress requirements: Yoga Mat, socks, loose fitting clothes, sneakers or jazz dance shoes.

Our Dance Instructor, Laura, has taught dance for over 10 years. She is a Certified Voice Teacher and a Pilates/Yoga/Zumba Instructor that has in-depth knowledge of dance and vocal techniques. She includes mindfulness meditation in her teaching.

# Art

**Drawing and Painting** 

Ages 6-12

Mimi Mehrdad

\$135

Tuesday

2:30 - 3:30 pm

Jan. 7 - March 18

(10 weeks) No Class 1/28

In this art course we will be experimenting with colors and shapes. We will use a variety of materials such as oil pastels, watercolors and more

# PLEASE WEAR SOMETHING YOU DON'T MIND GETTING DIRTY













# **Pickleball**



Pickleball Intermediate Drills, Skills, Games Ages 18+ 9:00-10:30 am \$190

Pickleball Beginner/Advanced Beginner Ages 18+ 10:30-12:00 pm \$190

Pickleball 3.0 (APPROVAL ONLY)	Ages 18+	9:00-11:00 am	\$230
Pickleball 2.0	Ages 18+	11:00-12:00 pm	\$130
Pickleball 1.0	Ages 18+	12:00-1:00 pm	\$130

Come join us for this fun sport! Pickleball is a paddle sport combining elements of tennis, badminton and ping-pong. Played with a hard paddle & perforated plastic ball.

<u>Dress Requirements:</u> Comfortable clothing and athletic shoes required. Bring water.

WHAT TO BRING: Students must bring their own paddle and an unopened pack of INDOOR pickleballs (ANY BRAND)



# ALL CLASSES ARE HELD IN THE GYM

# LOCATED NEXT TO THE OFFICE



# Pickleball Skill Level

<u>Pickleball 1.0:</u> This is the class for people who never played a racket sport. This class will build hand eye coordination, basic racket skills, and teach the essential rules for pickleball. If you have a lot of experience playing tennis or racquetball, this class is NOT for you.

<u>Pickleball 2.0:</u> Must have beginner pickleball experience OR extensive tennis/ racquetball/ badminton/ table tennis experience AND some familiarity with Pickleball rules. Ideally student will already play pickleball on a beginner level. For those who do not already play pickleball, they must commit to reviewing the basic rules and come prepared. NOT FOR BEGINNERS.

<u>Pickleball 3.0:</u> MUST have taken the intermediate pickleball class (pickleball 2.0) or get coach's approval. Competitive games and drills. MUST BE APPROVED BY INSTRUCTOR TO SIGN UP.

# **Shotokan Karate**

Karate Beg/Int.	Ages 4-8	\$115 (8 weeks)
Monday	6:40-7:40 pm	Jan. 6- March 11 * No Class 1/20, 2/17
Karate Beg/Int.	Ages 4-9	\$140 (10 weeks)
Thursday	5:10-6:10 pm	Jan. 9- March 13
Karate Intermediate	Ages 7-13	\$140 (10 weeks)
	•	
Thursday	6:15 - 7:15 pm	Jan. 9- March 13
Karate Intermediate	Ages 6-Adult	\$140 (10 weeks)
Friday	6:00 - 7:00 pm	Jan. 10- March 14
Karate Beg/Int.	Ages 8-11	\$140 (10 weeks)
_	•	
Saturday	12:45 - 1:45 pm	Jan. 11- March 15
Karate Beg/Int.	Ages 4-Adult	\$140 (10 weeks)

Our Shotokan Sensei, Ray Taheri, is a fourth degree black belt with more than 48 years teaching experience with children and adults. Classes will teach and build concentration, discipline, and respect along with self-confidence and flexibility. PARENTS YOU ARE RESPONSIBLE FOR YOUR CHILD, IF YOUR CHILD IS DISRUPTIVE YOU WILL BE REQUIRED TO ASSIST WITH THEIR BEHAVIOR.

2:00-3:00 pm



Saturday

## **Dress Requirements**

Comfortable clothing and athletic shoes required. Karate Gi is available from the instructor.



# PARK ADVISORY BOARD

Are you interested in making a difference in the Woodland Hills community?

The Park Advisory Board is designed to advise, assist, and support the Recreation

Directors with recreation center issues, fundraising, program development, marketing, and promotion of facility activities.

For more information please email Lee.marks@lacity.org



# **EMPLOYMENT OPPORTUNITIES**

Jan. 11- March 15

Are you interested in teaching a class at the Woodland Hills Recreation Center?

We are always looking for people to teach fun and unique classes.

For more information on becoming a teacher, please send resume to Lee.marks@lacity.org



# TRACK & FIELD



Track & Field Ages 6-9 Marvin Perkins \$140

Monday 3:30 - 4:20 pm Jan. 6 - March 10 (8 weeks) \*No Class 1/20,2/17

Track & Field Ages 10-15 Marvin Perkins \$140

Monday 4:30 - 5:20 pm Jan. 6 - March 10 (8 weeks) \*No Class 1/20,2/17

Run, Jump, Throw, and More! Build a strong foundation of athletic and motivational skills. Help develop coordination, agility, speed and strength. Proper sprinting mechanics, parachute drills, ladder drills, and hurdle drills. This class will build strength & motivation for all sports.

No experience required.

# **Dress Requirements**

Comfortable clothing, shoes with traction required. Bring a bottle of water.

# Yoga



Yoga Kids Ages 5-17 Rose Zahedi \$110

Wednesday 4:30 - 5:30 pm Jan. 8 - March 12 (10 weeks)

Yoga Ages 18+ Rose Zahedi \$110

Wednesday 5:30 - 6:30 pm Jan. 8 - March 12 (10 weeks)

Yoga Ages 18+ Rose Zahedi \$110

Thursday 9:30 - 10:30 am Jan. 9 - March 13 (10 weeks)

Our Yoga instructor Rose, has taught Yoga for well over 12 years. She has in-depth knowledge of Yoga poses and modifications, including but not limited to Hatha yoga, Ashtanga Vinyasa flow, power yoga, Sivananda, and Yin Yoga. She includes stress management, breathing techniques, retention, and meditation in her teaching.

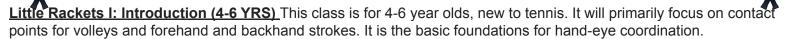
# <u>Dress Requirements</u> Comfortable clothing and yoga mat.

DO YOU WANT TO STAY UPDATED ON WHAT IS GOING ON AT WHRC?

DO YOU WANT TO KNOW WHEN TO SIGN UP FOR CLASSES, SPORTS, AND CAMP?

# Join our Email List

# Tennis Skill Levels



<u>Little Rackets II: Intermediate (4-6 YRS)</u> This class focuses its attention to movement on the court as well as the combination of forehands and backhands. This class is for 4-6 year olds that have completed Little Rackets one or bring similar skill sets.

<u>Little Rackets III: Advanced (4-6 YRS)</u> This class is for our ADVANCED players. This class is for 4-6 year olds that have completed Little Rackets TWO or bring similar skill sets.

<u>Racketeers I: (7-8 YRS)</u> This player has minimal or no knowledge of tennis. We recommend this class where this is the first experience with tennis. Basic forehand, backhand, volleys, and the serve will be taught.

<u>Racketeers II: (7-8 YRS)</u> Must have successfully completed the Racketeers I session of tennis or have taken beginning classes before. This class will build on the basic strokes towards developing game play. Tennis terms and scoring are introduced.

**Ralliers I: (9-10 YRS)** This class is designed for the new player. Concentration will be on the basic strokes: forehand & backhand groundstrokes, net play, and serves. Focus is on technique and foot work.

**Ralliers II: (9-10 YRS)** This class will focus on consistency of play and adding control to all the basic ground strokes. Players will have more interactive play and learn the concept of match play.

<u>High Bouncers I: (11-15 YRS)</u> This class is for the older player with a limited knowledge of the basic strokes and of the rules of tennis. Together with instruction, drills, and limited game play, the players are guided towards the fundamentals of the game.

<u>High Bouncers II: (11-15 YRS)</u> Players are able to keep a rally going with fellow students. Players are also learning and playing singles and doubles with an introduction to tactics.

<u>Match Play: (10-12 YRS)</u> This class is for the intermediate to advanced player. Each week the drills will emphasise one particular stroke to give the player a chance to hone their skills on the court.

<u>High School Tennis Prep: (13-17 YRS)</u> This class will highlight the fundamentals needed to tryout and play for High School tennis (does not guarantee your child will make their High School team). Proper technique, ground strokes, and play will be taught. As well as the rules, etiquette and protocol. Also apart of the curriculum will be tactics and strategy.

<u>Teen Tennis: (12-15 YRS)</u> This class is designed to prepare the player for high school tennis. The emphasis will be on rules of the game, singles and doubles strategy, and improving an all court game.

<u>Adult Beginners: (16+ YRS)</u> This class is designed to introduce the game to players with minimal or no knowledge of tennis. We will focus on basic strokes- forehand, backhand, volley and serve.

<u>Adult Intermediate: (16+ YRS)</u> This level focuses on the execution of tactics and Match Play situations. Such as Serve and Volley, Chip and Charge, and an introduction to hitting with spin and speed

<u>Advanced Double Round Robin: (16+ YRS)</u> This advanced class is all about doubles. We start with a warmup, then doubles play with strategies and formations. Having competitive fun and meeting new potential tennis partners at no extra charge.

**Skills and Drills:** This class is for beginners that have never picked up a racket before. They will learn the bare minimum fundamentals and will grow their confidence and skill set.



# Tennis



MONDAY: January 6 - March 10 (8	weeks) NO CLASS	ON 1/20, 2/17		
Little Rackets Skills & Drills (Intro)	Ages 4-6	3:30-4:15 pm	JJ	\$140
Racketeers Skills & Drills (Intro)	Ages 7-8	4:30-5:30 pm	JJ	\$155
Ralliers Skills & Drills (Intro)	Ages 9-10	5:30-6:30 pm	JJ	\$155
TUESDAY: January 7 - February 25	5 <u>(8 weeks)</u>			
Little Rackets I	Ages 4-6	2:30-3:15 pm	JJ	\$140
Little Rackets II	Ages 4-6	3:30-4:15 pm	JJ	\$140
Racketeers I	Ages 7-8	4:30-5:30 pm	JJ	\$155
Ralliers I	Ages 9-10	5:30-6:30 pm	Marvin	\$155
High Bouncers I	Ages 11-15	6:30-7:30 pm	Marvin	\$155
Adult Beginners	Ages 16+	7:30-8:30 pm	Marvin	\$155
Adult Beginners	Ages 16+	8:30-9:30 pm	Marvin	\$155
WEDNESDAY: January 8 - February	/ 26 (8 weeks)			
Racketeers II	Ages 7-8	4:00-5:00 pm	Javier/JJ	\$155
Ralliers II	Ages 9-10	5:00-6:00 pm	Javier/JJ	\$155
High Bouncers II	Ages 11-15	6:00-7:00 pm	Javier/JJ	\$155
Advanced Doubles Round Robin	Ages 16+	7:00-8:30 pm	Javier	\$180
THURSDAY: January 9 - February 2	27 (8 weeks)			
Little Rackets I	Ages 4-6	3:30-4:15 pm	JJ	\$140
Little Rackets II	Ages 4-6	4:30-5:15 pm	JJ	\$140
Little Rackets III	Ages 4-6	5:30-6:15 pm	JJ	\$140
Match Play	Ages 10-12	6:00-7:00 pm	Nick	\$155
High School Tennis Prep	Ages 12-15	7:00-8:00 pm	Nick	\$155
Adult Intermediate	Ages 16+	8:00-9:30 pm	Nick	\$180



# Tennis students MUST bring their own tennis racket & one can of unopened <u>Penn</u> or <u>Wilson</u> tennis balls.



- Parents/guardians may not sit on courts during youth lessons nor coach from the sidelines.
- Dress Requirements: Comfortable clothing and tennis shoes are required.
- Please bring a water bottle
- Please arrive and pick up on time for the class. Instructors are not responsible for your child once class ends.
- Please feel free to speak to the instructor about your child's progress.
- Students must bring their own tennis racket & one can of unopened Penn or Wilson tennis balls