



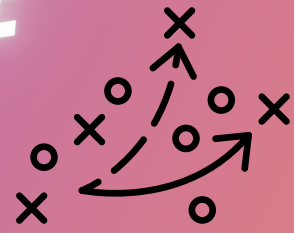
CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS  
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# SPRING 2025 FLAG FOOTBALL CO-REC & GPLA LEAGUE

**\$10**

Registration opens February 3rd @9:00am  
 Online & In person!



Co-Rec Flag Football		
Division	Year of Birth	Evaluation
Pee Wee (7-8)	2016-2018	March 19th @5:30pm
Minor (8-10)	2014-2017	March 19th @7:30pm
Major (11-12)	2012-2013	March 19th @7:30pm
GPLA Flag Football		
Division	Year of Birth	Evaluation
Pee Wee (7-8)	2016-2019	March 19th @6:30pm
Minor (8-10)	2014-2017	March 19th @6:30pm
Major (11-12)	2012-2013	March 19th @6:30pm

Volunteer  
coaches  
sign-up



Register  
Online



<https://www.laparks.org/reccenter/winnetka>



Achieving gender equity through a continuous commitment to girls and women in sports.  
 Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.



## WELCOME TO SPRING 2025 PLAYLA/GPLA SPORTS LEAGUE

### Co-Rec & GPLA Flag Football

Thank you for signing your child up for our Spring 2025 PlayLA/GPLA Sports Leagues. The goals of our youth sports leagues are not intended to be high pressured or fiercely competitive. Rather we want to focus on providing each participant with an instructional and rewarding experience that aims to target and enhance new and previous talents. Please note the following information so you are prepared for the season:

#### **Telegram Messenger App**

We now use the Telegram app to communicate with our teams and office. This is required to receive the most up-to-date in-season information. Please do the following:

Google Play

Apple Store



There will be two emails sent during the season (1) welcome email a week before evaluations and (1) email for your teams group chat. After which all main communication will be posted through Telegram. If you need assistance, please contact our main office. The links to join will be in our office when you register and pay.

#### **Evaluations**

Please take note of the times your child should be present for their evaluation session on March 19th. (Please see flyer for specific times)

#### **Practices/Games**

- All practices will begin on or after March 26th within the following these time ranges during the week between 5:30 pm and 9:30 pm:

Flag Football	Mondays / Fridays
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- All Games are expected to begin on and after April 5th. Games will be held primarily on Saturdays but can also be held Monday- Friday after 5:00pm.

#### **Uniforms/Equipment**

All players will receive a jersey and shorts. Please note that due to long delivery times, sizes were estimated when ordered and we will do our best to hand out uniforms from biggest/tallest child (ren) to the smallest/shortest children).

#### **Attendance/Waiting List**

Attendance to games/practices not only affects the success of your team's participation but also we expect a large waiting list of players available and ready to play this winter. If your child is has several absences to practices and/or games they may be dropped from the program. Our program is being sponsored by the GPLA (Girls Play Los Angeles) and PLAYLA 2028 Olympic grant and attendance is required.