WESTWOOD RC SPRING FLAG FOOTBALL





REGISTRATION BEGINS FEBRUARY 4TH 2025

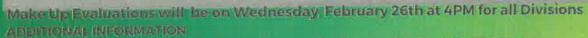
Online or In Person - laparks.org/reccenter/westwood SEASON BEGINS: MARCH 29TH, 2025



Registration Fee: \$190 - Includes uniform, ref fees, and medal

Division is determined by age as of January 1ST, 2025

DIVISION	YEAR BORN	EVALUATION DATE	DRAFTS (CÓACHES ONLY)
ROOKIES	2018 - 2019	NONE	NONE
BANTAMS	2016 - 2017	Saturday February 22nd 9:30AM	Saturday March 8th 9:30AM
MINORS	2014 - 2015	Saturday February 22nd 11:00AM *NO SPECIAL REQUESTS	Saturday March 8th 11:00AM
MAJORS	2012 - 2013	Saturday February 22nd 1:30PM *NO SPECIAL REQUESTS	Saturday March 8th 1:30PM
JUNIORS	2009 - 2011	Saturday February 22nd 3:00PM *NO SPECIAL REQUESTS	Saturday March 8th 3:00PM



The heal of the Wester, in Espirato Program is to provide a balanced and competitive league. Reglests for Practice Days Coaches, Friends or Car Pools will not be honored."

Registration in limited type first comic first serve basis Limited spaces available mail divisions.

VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

Sen Jeson Uni for Intent to Sport. Form and Paperwork. All Volunteer Coaches MUST be fingerprinted.

Reasonable Accommodations for people with disabilities are available upon request, (with prior arrangements).

Achieving gender Equality through a continuous commitment to girls and women in sports.

Good Sportmanship is Everyone's Responsibility. Be A Good Sport!

REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. **NO REFUNDS

WILL BE ISSUED AFTER MARCH 29TH 2025



City of Los Angeles
Departmentof Recreation & Parks
Westwood Recreation Center
1350 S. Sepulveda Blvd. Los Angeles,
CA 90025
310-473-3610

Westwood.RecreationCenterelacity.org



City of Los Angeles - Department of Recreation & Parks Westwood Recreation Center 1350 S. Sepulveda Blvd. Los Angeles, CA 90025 310-473-3610 Westwood.RecreationCenter@lacity.org

Westwood RC SPRING 2025 Co-ed basketball



REGISTRATION BEGINS February 6th Online or in Person at 9AM Laparks.org/reccenter/westwood

Fee \$190

Games will be held on Saturdays and Sundays!



division	year born	evaluation date	drafts (Coaches Only)
rookies	2018 - 2019	NONE	NONE
bantams	2016 - 2017	NONE	NONE
minors	2014 - 2015	Saturday. March 8th @ 10:00am ** No Special Request	Saturday, March 22nd @ 10:00am COACHES ONLY!
majors	2012 - 2013	Saturday, March 8th @ 12:00pm ** No Special Request	Saturday, March 22nd @ 12:00pm COACHES ONLY!
juniors	2009 - 2011	Saturday, March 8th @ 2:00pm ** No Special Request	Saturday, March 22nd @ 2:00pm COACHES ONLY!

Make-Up Evaluations will be on WEDNESDAY, March 12th at 5pm ALL DIVISIONS

Games this season may be held on Sunday so we can accommodate more teams

practices will only be 45 minutes this season

VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

See JP Sedillo or Jason Liss for Intent to Coach Form and Paperwork- All Volunteer Coaches MUST be fingerprinted.

REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. **NO REFUNDS WILL BE ISSUED AFTER April 1, 2025

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MEM

City of Los Angeles - Department of Recreation & Parks Westwood Recreation Center 1350 S. Sepulveda Blvd. Los Angeles, CA 90025 310-473-3610 Westwood.RecreationCenter@lacity.org





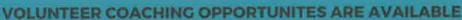
WESTWOOD RC SPRING 2025 CO-ED VOLLEYBALL



REGISTRATION BEGINS February 11th Online or in Person at 9AM LaParks.org/reccenter/westwood

FEE \$190





DIVISION	YEAR BORN	EVALUATION DATE
MINORS	2014-2016	ТВА
MAJORS	2011-2013	ТВА

ADDITIONAL INFORMATION

The goal of the Westwood Sports Program is to provide a balanced and competitive league.

Request for Practice Days, Coaches, Friends or Car Pools will not be honored.*

- Registration is limited to a first-come, first-serve basis. Limited spaces available in all divisions.
- Practices will begin late March.
- League starts April 5th, 2025.

See JP Sedillo for Intent to Coach Form and Paperwork- All Volunteer Coaches MUST be fingerprinted.

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WESTWOOD RC SPRING GIRLS VOLLEYBALL





REGISTRATION BEGINS FEBUARY 11TH

Online or in Person at 9AM laparks.org/reccenter/westwood

SEASON BEGINS: APRIL 5TH



Registration Fee: \$190

Division is determined by age as of January 1, 2025

Includes uniform, ref fees, and trophy

DIVISION	YEAR BORN	EVALUATIONS
GIRLS MINORS	2014 - 2016	March 1st 2pm
CIRLS MAJORS	2011 - 2013	March 1st 3pm





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(with prior arrangements).

REFUND POLICY:

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REFUNDS WILL BE ISSUED AFTER APRIL 5TH 2025



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WESTWOOD RC SPRING BASKETBALL GIRLS





REGISTRATION BEGINS FEBRUARY 6TH

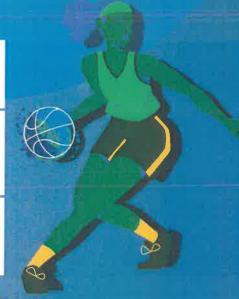
Online or In Person at 9AM laparks.org/reccenter/westwood

Registration Fee: \$190

Includes uniform, ref fees, and trophy

Division is determined by age as of January 1, 2025

DIVISION	YEAR BORN	EVALUATION DATE
GIRLS ROOKIES	2018 -2019	NONE
GIRLS BANTAMS	2016 -2017	NONE





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