

WESTWOOD RC SPRING FLAG FOOTBALL



REGISTRATION BEGINS FEBRUARY 4TH 2025
 Online or In Person - laparks.org/reccenter/westwood
SEASON BEGINS: MARCH 29TH, 2025



Registration Fee: \$190 - Includes uniform, ref fees, and medal

Division is determined by age as of January 1ST, 2025

DIVISION	YEAR BORN	EVALUATION DATE	DRAFTS (COACHES ONLY)
ROOKIES	2018 - 2019	NONE	NONE
BANTAMS	2016 - 2017	Saturday February 22nd 9:30AM	Saturday March 8th 9:30AM
MINORS	2014 - 2015	Saturday February 22nd 11:00AM <small>*NO SPECIAL REQUESTS</small>	Saturday March 8th 11:00AM
MAJORS	2012 - 2013	Saturday February 22nd 1:30PM <small>*NO SPECIAL REQUESTS</small>	Saturday March 8th 1:30PM
JUNIORS	2009 - 2011	Saturday February 22nd 3:00PM <small>*NO SPECIAL REQUESTS</small>	Saturday March 8th 3:00PM



Make Up Evaluations will be on Wednesday, February 26th at 4PM for all Divisions

ADDITIONAL INFORMATION

The goal of the Westwood Sports Program is to provide a balanced and competitive league. **Requests for Practice Days, Coaches, Friends, or Car Pools will not be honored.**

- Registration is limited to a first come, first serve basis. Limited spaces available in all divisions.

VOLUNTEER COACHING OPPORTUNITIES ARE AVAILABLE

See Jason Liu for Intent to Coach Form and Paperwork - All Volunteer Coaches MUST be fingerprinted

Reasonable Accommodations for people with disabilities are available upon request, (with prior arrangements).

Achieving gender Equality through a continuous commitment to girls and women in sports.

Good Sportmanship is Everyone's Responsibility. Be A Good Sport!

REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. **NO REFUNDS WILL BE ISSUED AFTER MARCH 29TH 2025



City of Los Angeles
 Department of Recreation & Parks
 Westwood Recreation Center
 1350 S. Sepulveda Blvd. Los Angeles,
 CA 90025
 310-473-3610
Westwood.RecreationCenter.lacity.org



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Westwood RC SPRING 2025 Co-ed basketball



REGISTRATION BEGINS February 6th
 Online or in Person at 9AM
Laparks.org/reccenter/westwood

Fee \$190

Games will be held on Saturdays and Sundays!



division	year born	evaluation date	drafts (Coaches Only)
rookies	2018 - 2019	NONE	NONE
bantams	2016 - 2017	NONE	NONE
minors	2014 - 2015	Saturday, March 8th @ 10:00am ** No Special Request	Saturday, March 22nd @ 10:00am COACHES ONLY!
majors	2012 - 2013	Saturday, March 8th @ 12:00pm ** No Special Request	Saturday, March 22nd @ 12:00pm COACHES ONLY!
juniors	2009 - 2011	Saturday, March 8th @ 2:00pm ** No Special Request	Saturday, March 22nd @ 2:00pm COACHES ONLY!

Make-Up Evaluations will be on WEDNESDAY, March 12th at 5pm ALL DIVISIONS
 Games this season may be held on Sunday so we can accommodate more teams
 practices will only be 45 minutes this season

VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

See JP Sedillo or Jason Liss for Intent to Coach Form and Paperwork- All Volunteer Coaches MUST be fingerprinted.

REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. **NO REFUNDS WILL BE ISSUED AFTER April 1, 2025

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NEW



WESTWOOD RC SPRING 2025 CO-ED VOLLEYBALL



REGISTRATION BEGINS February 11th
Online or in Person at 9AM
LaParks.org/reccenter/westwood

FEE \$190

VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

DIVISION	YEAR BORN	EVALUATION DATE
MINORS	2014-2016	TBA
MAJORS	2011-2013	TBA

ADDITIONAL INFORMATION

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Request for Practice Days, Coaches, Friends or Car Pools will not be honored.*

- Registration is limited to a first-come, first-serve basis. Limited spaces available in all divisions.
- Practices will begin late March.
- League starts April 5th, 2025.

See JP Sedillo for Intent to Coach Form and Paperwork- All Volunteer Coaches MUST be fingerprinted.

REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. **NO REFUNDS WILL BE ISSUED AFTER JANUARY 11, 2025

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WESTWOOD RC SPRING GIRLS VOLLEYBALL



2025
SPRING
LEAGUE



REGISTRATION BEGINS FEBRUARY 11TH

Online or in Person at 9AM
laparks.org/reccenter/westwood

SEASON BEGINS: APRIL 5TH

Good Sportmanship is Everyone's Responsibility. Be A Good Sport!

Registration Fee: \$190

Division is determined by age as of January 1, 2025

Includes uniform, ref fees, and trophy

DIVISION	YEAR BORN	EVALUATIONS
GIRLS MINORS	2014 - 2016	March 1st 2pm
GIRLS MAJORS	2011 - 2013	March 1st 3pm

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- League starts April 5th, 2025.

VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

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REFUND POLICY:

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WESTWOOD RC SPRING BASKETBALL GIRLS

GPLA



REGISTRATION BEGINS FEBRUARY 6TH

Online or In Person at 9AM
laparks.org/reccenter/westwood

Registration Fee: \$190

Includes uniform, ref fees, and trophy

Division is determined by age as of January 1, 2025

DIVISION	YEAR BORN	EVALUATION DATE
GIRLS ROOKIES	2018 -2019	NONE
GIRLS BANTAMS	2016 -2017	NONE



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