

# WESTWOOD RC SPRING FLAG FOOTBALL



**REGISTRATION BEGINS FEBRUARY 4TH 2025**

Online or In Person - [laparks.org/reccenter/westwood](http://laparks.org/reccenter/westwood)

**SEASON BEGINS: MARCH 29TH, 2025**



**Registration Fee: \$190** - Includes uniform, ref fees, and medals

Division is determined by age as of January 1ST, 2025

DIVISION	YEAR BORN	EVALUATION DATE	DRAFTS (COACHES ONLY)
ROOKIES	2018 - 2019	NONE	NONE
BANTAMS	2016 - 2017	Saturday February 22nd 9:30AM	Saturday March 8th 9:30AM
MINORS	2014 - 2015	Saturday February 22nd 11:00AM <small>*NO SPECIAL REQUESTS</small>	Saturday March 8th 11:00AM
MAJORS	2012 - 2013	Saturday February 22nd 1:30PM <small>*NO SPECIAL REQUESTS</small>	Saturday March 8th 1:30PM
JUNIORS	2009 - 2011	Saturday February 22nd 3:00PM <small>*NO SPECIAL REQUESTS</small>	Saturday March 8th 3:00PM

**Make Up Evaluations will be on Wednesday, February 26th at 4PM for all Divisions**

**ADDITIONAL INFORMATION**

The goal of the Westwood Sports Program is to provide a balanced and competitive league. Requests for Practice Days, Coaches, Friends or Car Pools will not be honored.\*

\* Registration is limited to a first-come, first-serve basis. Limited spaces available in all divisions.

**VOLUNTEER COACHING OPPORTUNITIES ARE AVAILABLE**

See Jason Liu for Intent to Coach Form and Paperwork - All Volunteer Coaches MUST be fingerprinted

Reasonable Accommodations for people with disabilities are available upon request. (with prior arrangements).

Achieving gender Equality through a continuous commitment to girls and women in sports.

Good Sportmanship is Everyone's Responsibility. Be A Good Sport!

**REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. \*\*NO REFUNDS WILL BE ISSUED AFTER MARCH 29TH 2025**



City of Los Angeles  
Department of Recreation & Parks  
Westwood Recreation Center  
1350 S. Sepulveda Blvd. Los Angeles,  
CA 90025  
310-473-3610  
[Westwood.RecreationCenter.lacity.org](http://Westwood.RecreationCenter.lacity.org)





City of Los Angeles - Department of Recreation & Parks  
 Westwood Recreation Center  
 1350 S. Sepulveda Blvd. Los Angeles, CA 90025  
 310-473-3610 Westwood.RecreationCenter@lacity.org

# Westwood RC SPRING 2025 Co-ed basketball



REGISTRATION BEGINS February 6th  
 Online or in Person at 9AM  
[Laparks.org/reccenter/westwood](http://Laparks.org/reccenter/westwood)

**Fee \$190**

Games will be held on Saturdays and Sundays!



division	year born	evaluation date	drafts (Coaches Only)
rookies	2018 - 2019	NONE	NONE
bantams	2016 - 2017	NONE	NONE
minors	2014 - 2015	Saturday, March 8th @ 10:00am ** No Special Request	Saturday, March 22nd @ 10:00am COACHES ONLY!
majors	2012 - 2013	Saturday, March 8th @ 12:00pm ** No Special Request	Saturday, March 22nd @ 12:00pm COACHES ONLY!
juniors	2009 - 2011	Saturday, March 8th @ 2:00pm ** No Special Request	Saturday, March 22nd @ 2:00pm COACHES ONLY!

Make-Up Evaluations will be on WEDNESDAY, March 12th at 5pm ALL DIVISIONS  
 Games this season may be held on Sunday so we can accommodate more teams  
 practices will only be 45 minutes this season

**VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE**

See JP Sedillo or Jason Liss for Intent to Coach Form and Paperwork- All Volunteer Coaches MUST be fingerprinted.

REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. \*\*NO REFUNDS WILL BE ISSUED AFTER April 1, 2025

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Reasonable Accommodations for people with disabilities are available upon request, (with prior arrangements).

# WESTWOOD RC SPRING BASKETBALL GIRLS

GPLA



**REGISTRATION BEGINS FEBRUARY 6TH**

Online or In Person at 9AM  
[laparks.org/reccenter/westwood](http://laparks.org/reccenter/westwood)

**Registration Fee: \$190**

Includes uniform, ref fees, and trophy

Division is determined by age as of January 1, 2025

DIVISION	YEAR BORN	EVALUATION DATE
GIRLS ROOKIES	2018 -2019	NONE
GIRLS BANTAMS	2016 -2017	NONE



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 disabilities are available upon request.  
 (with prior arrangements).

**ADDITIONAL INFORMATION**

The goal of the Westwood Sports Program is to provide a balanced and competitive league.  
**Request for Practice Days, Coaches, Friends or Car Pools will not be honored.\***

- Registration is limited to a first-come, first-serve basis. Limited spaces available in all divisions.
- Practices will begin in late March.

**VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE**

See Jason Liss for Intent to Coach Form and Paperwork- All Volunteer Coaches MUST be fingerprinted.

**REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS.**  
**FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS**  
**THE ACTIVITY. \*\*NO REFUNDS WILL BE ISSUED AFTER APRIL 1ST 2025**

City of Los Angeles  
 Department of Recreation & Parks  
 Westwood Recreation Center  
 1550 S. Sepulveda Blvd. Los Angeles,  
 CA 90025  
 310-473-3610  
[Westwood.RecreationCenter@city.org](http://Westwood.RecreationCenter@city.org)

# WESTWOOD RC SPRING GIRLS VOLLEYBALL



2025  
SPRING  
LEAGUE



REGISTRATION BEGINS **FEBRUARY 11TH**

Online or in Person at **9AM**  
laparks.org/reccenter/westwood

SEASON BEGINS: **APRIL 5TH**

Good Sportmanship is Everyone's Responsibility. Be A Good Sport!

**Registration Fee: \$190**

Division is determined by age as of January 1, 2025

Includes uniform, ref fees, and trophy

DIVISION	YEAR BORN	EVALUATIONS
GIRLS MINORS	2014 - 2016	March 1st 2pm
GIRLS MAJORS	2011 - 2013	March 1st 3pm

### ADDITIONAL INFORMATION

The goal of the Westwood Sports Program is to provide a balanced and competitive league. **Request for Practice Days, Coaches, Friends or Car Pools will not be honored.\***

- Registration is limited to a first-come, first-serve basis. Limited spaces available in all divisions.
- Practices will begin late March.
- League starts April 5th, 2025.

### VOLUNTEER COACHING OPPORTUNITES ARE AVAILABLE

See JP Sedillo for Intent to Coach Form and Paperwork. All Volunteer Coaches **MUST** be fingerprinted.

**Achieving gender Equality through a continuous commitment to girls and women in sports.**

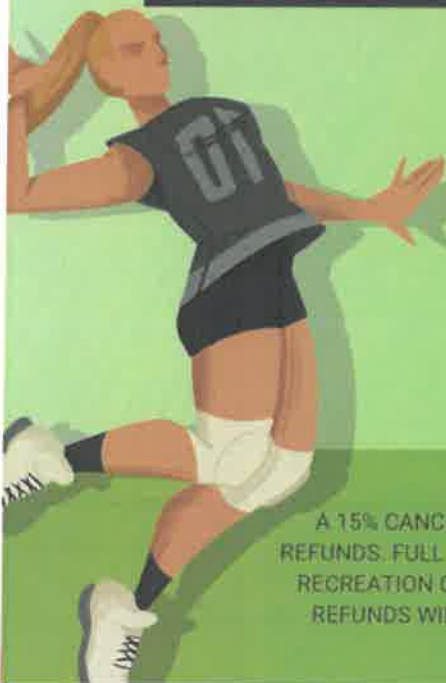
**Reasonable Accommodations** for people with disabilities are available upon request, (with prior arrangements).

### REFUND POLICY:

A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. \*\*NO REFUNDS WILL BE ISSUED AFTER APRIL 5TH 2025



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City of Los Angeles - Department of Recreation & Parks  
 Westwood Recreation Center  
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 310-473-3610 Westwood.RecreationCenter@lacity.org

**NEW**



# WESTWOOD RC SPRING 2025 CO-ED VOLLEYBALL



REGISTRATION BEGINS February 11th  
 Online or in Person at 9AM  
[LaParks.org/reccenter/westwood](http://LaParks.org/reccenter/westwood)

**FEE \$190**



VOLUNTEER COACHING OPPORTUNITIES ARE AVAILABLE

DIVISION	YEAR BORN	EVALUATION DATE
MAJORS	2013-2015	TBA
JUNIORS	2010-2012	TBA

**ADDITIONAL INFORMATION**

The goal of the Westwood Sports Program is to provide a balanced and competitive league.  
 Request for Practice Days, Coaches, Friends or Car Pools will not be honored.\*

- Registration is limited to a first-come, first-serve basis. Limited spaces available in all divisions.
- Practices will begin late March.
- League starts April 5th, 2025.

See JP Sedillo for Intent to Coach Form and Paperwork- All Volunteer Coaches MUST be fingerprinted.

**REFUND POLICY: A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS. FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. \*\*NO REFUNDS WILL BE ISSUED AFTER JANUARY 11, 2025**

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