



Westchester Senior Center

SPRING AT-A-GLANCE

FIND THE Pep in YOUR STEP



Annual Membership dues \$12 Jan 1-Dec 31

TO REGISTER FOR OUR PROGRAMS VISIT:

LAPARKS.ORG/SCC/WESTCHESTER

CALL 310-649-3317, OR SIGN UP IN PERSON

OPENS MAR 3, 2025



STER.SCCLA

ALL PROGRAMS SUBJECT TO CHANGEOR CANCELLATION WITHOUT NOTICE

PROGRAM

Geneaology

Watercolor with Regine

Zumba

Walking Club

Garden Charm

Bridge Tech Help

Mixed Media Studio Time

Spring Fusion Mat Pilates

Line Dancing

Chair Yoga

Spring Bingo

Ping Pong (Open Play)

Beading with Samaiya

Ballroom Dancing

Gentle Exercise

Karaoke: 1st & 3rd Thurs

Watercolor Studio

Zumba

Walking Club

One on One Tech Help

Spring Gentle Yoga

Spring Brain Fitness

Adult Karate

Guitar & Piano (Tue/Wed)

(No class: 5/26) **MEMBER FEE** TIME **NON MEMBER FEE DATES Knitting & Crochet Class** 9am - 12pm \$25 / month \$25 / month 4/7 - 6/30 10:30am-11:30am NA Free 4/14, 5/12, 6/9 Spring Boardgames Galore 12pm - 1pm \$15 Free 4/7 - 6/2 4/7 - 6/2 2pm - 4pm \$100 \$50 Grief & Loss Support Group 2:30 - 3:30pm Free 4/7 - 6/2 Free 7pm - 8:30pm 4/7 - 6/2 MMA for Fitness & Self Defense \$90 \$45 TUESDAY 9am - 10am \$10 /month 4/1 - 6/27 Free 12pm - 1pm \$10 / month Free 4/1 - 6/27 4/1-6/24 lpm -2pm Free Free 12pm - 1pm NA Free 4/1 - 6/27 1pm - 4pm \$20 / month \$10 / month 4/1 - 6/27 6pm - 7pm \$90 4/8 - 5/27 \$45 \$80 \$40 4/8 - 5/27 7pm - 8pm WEDNESDAY 10:30am -11:30am \$10 / month Free 4/2 - 6/25 \$.25c a card \$.25c a card 4/2 - 6/25 12pm -2pm 2:30 - 3:30pm 4/2 - 6/25 Free Free 3pm - 4pm \$10 / month \$5 / month 4/2 - 6/25 4/9 - 5/28 6:30pm - 7:30pm \$80 \$160 THURSDAY \$5 / month 4/3 - 6/26 10am - 11am \$10 / month 12pm - 2pm Free Free 4/3 - 6/26 \$10 / month \$5 / month 2pm - 4pm 4/3 - 6/26 FRIDAY 9am -10am 4/4 - 6/27 \$10 / month Free 10:00 am 4/4 - 6/27 Free Free NA 1/1 - 12/31 10am - 1pm Free 10:15am - 11:15am \$80 \$40 4/11 - 5/30 12pm - 1pm \$15 4/11 - 5/30 Free Cinema Club: 2nd &4th Fri 1pm - 3pm Free Free 4/4-6/27 Makers Club: Scrapbook, Knit, Crochet lpm - 3pm Free Free 1/1 - 12/31 SATURDAY Just Move! Dance Workshop 9:00am - 10:00am \$10 \$5 4/12; 4/26; 5/17; 5/31 4/12 - 5/31 11am - 12:30pm \$100 \$50 CLASS OPTIONS MUSIC

\$150

times vary

\$150

4/7 - 6/2