



CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

WESTCHESTER SENIOR CENTER

8740 LINCOLN BLVD, LOS ANGELES, CA 90045
(310) 649-3317/ WESTCHESTER.SCC@LACITY.ORG

GRIEF & LOSS GROUP

"LIVING WITH LOSS"
EDUCATIONAL SUPPORT
GROUP FOR PEOPLE
LIVING WITH GRIEF
FROM ALL DIFFERENT
TYPES OF LOSS IN
THEIR LIVES

**Mondays at 2:30pm
starting this November**

FOR MORE INFO EMAIL:
REBEKAH@SHARESELFHELP.ORG
OR CALL 323-864-8750

**REGISTER NOW - ONLINE AT
LAPARKS.ORG,
IN PERSON AT THE OFFICE, OR
BY PHONE 310-649-3317**



ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION.
PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.
REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE
AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT
YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.



WESTCHESTER.SCCLA