



February



2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Tarragon Beef, Onion & Mushroom Sauce, WG Penne Pasta, Seasoned Green Peas, Carrot/Bell Pepper/ Celery Salad, Banana, Low fat milk	4 Baked Lemon Chicken, Steamed Brown Rice, Seasoned Kale & Cabbage, Warm Cornbread, Marinated Cucumber Salad, Tropical Fruit Cocktail, Low fat milk	5 Pork Chop, Sauce, Seasoned Lima Beans, Barley, Seasoned Yellow Squash, Sliced Pears, Sugar Cookie, Low fat milk, Orange juice	6 Turkey Loaf, Gravy, Seasoned Corn, Brown Rice, Creamy Broccoli Raisin Salad, Diced Peaches, Low fat milk	7 Beef Stew w/Celery & Onion, Sauce, Carrots & Potatoes, Whole Grain Roll, Romaine Salad, 1000 Island Drsg., Fruit Cocktail, Low fat milk, Orange juice
10 Turkey Enchilada Casserole, Seasoned Pinto Beans, Mexican Brown Rice, Leaf Lettuce Salad, Ranch Drsg., Pineapple Tidbits + Mango, Low fat milk	11 Beef Meatballs, Tomato Gravy, Whole Grain Spaghetti Noodles, Seasoned Spinach, Pickled Beets, Banana, Low fat milk, Orange juice	12 Baked Fish, Tartar Sauce, Mashed Potatoes, Gravy, Whole Grain Bread, Romaine & Mesclun Mix, Ranch Drsg., Tropical Fruit, Low fat milk	13 Smothered Steak, Brown & White Rice, Onions & Peppers, Seasoned Carrots, Dilled Peas, Orange, Low fat milk	14 Baked Chicken, Cauliflower, Whole Grain Penne Pasta, Chopped Kale/ Spinach /Brussels Sprouts, Mango Salad, French Drsg., Apricots, Low fat milk
17 Sloppy Joe's (Ground Beef), Potato Salad, Whole Grain Bun, Zucchini, Green Lettuce & Radish Salad, Sliced Peaches, Low fat milk	18 BBQ Chicken Breast, Sauce, Barley, Sweet Potatoes, Sliced Cucumber w/House Vinaigrette, Orange, Low fat milk	19 Chili Colorado-Beef, Red Sauce, Seasoned Red Beans, Brown Confetti Rice, Warm Cornbread, Creamy Broccoli Raisin Salad, Cinnamon Applesauce, Oatmeal Cookie, Low fat milk	20 Sweet & Sour Pork, Pineapple, Red Bell Peppers, Onion, Whole Grain Noodles, Green Beans, Coleslaw, Banana, Low fat milk	21 Ranch Chicken, Brown Rice, Peas, Shredded Salad Lettuce, Tomato, Cilantro, Fresh Pear, Low fat milk, Orange juice
24 Tuna Noodle Casserole, Three Bean Salad, Whole Grain Roll, Mixed Green Salad Mesclun Mix, Fresh Apple, Low fat milk, Orange juice	25 Beef & Broccoli, LS Sauce, Tri Color Slaw, Brown Rice, Banana, Tapioca Pudding, Low fat milk	26 Chicken w/Alfredo Sauce, Barley, Seasoned Yellow Squash, Kale, Bell Pepper, Mango Salad, Sliced Peaches, Low fat milk	27 Roast Beef Au jus, Mashed Potatoes, Whole Grain Bread, Marinated Beet Salad, Pineapple Tidbits, Low fat milk	28 Turkey Piccata, Sauce, Whole Grain Penne Pasta, Seasoned Green Beans, Herbed Carrots, Orange, Low fat milk

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