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| Monday | Tuesday | Wednesday | Thursday | Friday |
| 2 Tuna Noodle Casserole, Three Bean Salad, WG Roll, Mixed Green Salad, Fresh Apple, Low fat milk, Orange juice | 3 Beef & Broccoli, Sauce, Tri-Color Slaw, Brown Rice, Banana, Tapioca Pudding, Low fat milk | 4 Chicken w/Alfredo Sauce, Yellow Squash, Kale, Bell Pepper, Mango Salad, Barley, Sliced Peaches, Low fat milk | 5 Roast Beef Au jus, Mashed Potatoes, WG Bread, Marinated Beet Salad, Pineapple Tidbits + Mango, Low fat milk | 6 Turkey Piccata, Sauce, WG Penne Pasta, Seasoned Herbed Carrots, Seasoned Green Beans, Orange, Low fat milk |
| 9 Pepper Steak, Sauce, Steamed Brown Rice, Seasoned Broccoli, Ranch Corn, Pineapple Chunks, Low fat milk, Orange juice | 10 Baked Chicken, Gravy, Seasoned Barley, Black-Eye-Peas, Kale & Spinach, Warm Cornbread, Orange, Low fat milk | 11 Chili Macaroni (Gd. Beef,) Seasoned Green Beans, Seasoned Corn, Coleslaw, Fresh Apple, Low fat milk | 12 Jerk Style Chicken, Brussels Sprouts, Confetti Brown Rice, Carrot-Raisin Salad, Orange, Chocolate Chip Cookie, Low fat milk | 13 Roast Pork with Celery & Onion, Sweet Potatoes, Mixed Green Salad, WG Bread, Tropical Fruit Cocktail, Low fat milk |
| 16 Shepherd's Pie, Mashed Potatoes, Seasoned Green Beans, WG Roll, Pickled Beets, Pear, Low fat milk, Orange juice | 17 Spaghetti w/Meat Sauce, WG Noodles, Seasoned Peas & Cauliflower, Carrot, Pear & Bell Pepper Salad, Lemon Pudding, Low fat milk, Orange juice | 18 El Pollo Style Chicken, Spanish Brown Rice, Pinto Beans, Romaine & Shredded Red Cabbage Salad, Balsamic Drsg., Orange, Low fat milk | 19 BBQ Beef, Sauce, Cornbread, Seasoned Barley, Seasoned Spinach, Mesclun Salad Mix, Ranch Drsg., Tropical Fruit Cocktail, Low fat milk, Orange juice | 20 Baked Fish, Tartar Sauce, Brown Rice, Apple, Broccoli Spears, Coleslaw, Low fat milk  |
| 23 Braised Beef Tips, Gravy, Parsley Whole Grain Penne Pasta, Seasoned Spinach, Marinated Cucumber Salad, Orange, Low fat milk | 24 Cornish Hen, Plum Sauce, Green Beans w/Mushroom, WG Dinner Roll, Candied Sweet Potatoes, Low fat milk | 25  | 26  | 27 Beef Stew, Celery & Onion, Sauce, Carrots & Potatoes, WG Roll, Romaine Salad, Fruit Cocktail, Low fat milk, Orange juice |
| 30 Turkey Enchilada Casserole, Pico de Gallo, Pinto Beans, Mexican Brown Rice, Leaf Lettuce Salad, Ranch Drsg., Pineapple Tidbits + Mango, Low fat milk | 31 Beef Meatballs, Gravy, WG Spaghetti, Seasoned Spinach, Pickled Beets, Low fat milk, Orange juice |  |  |  |

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