



CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS
WESTCHESTER SENIOR CENTER
8740 LINCOLN BLVD, LOS ANGELES, CA 90045
(310) 649-3317/ WESTCHESTER.SCC@LACITY.ORG



Control your Cholesterol

Monday, March 3 | 12 PM
Westchester Senior Center

JOIN VANESSA AND INDEPENDENCE AT HOME ON A WORKSHOP TEACHING YOU ABOUT LOWERING AND CONTROLLING YOUR CHOLESTEROL.

REGISTER NOW
- ONLINE AT
LAPARKS.ORG
IN PERSON
AT THE OFFICE,
OR BY PHONE
310-649-3317



WESTCHESTER.SCCLA



ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION.
PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.
REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE
AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT
YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.