



Wado-Ryu KARATE

WEEKDAY CLASSES

CLASS	AGES	DAYS	TIME	DATES	FEE
Karate for Kids	7 - 12	Monday	5:00 - 6:00pm	10/07 - 12/09	\$100
Karate for Adults	13 & Up		6:00 - 7:30pm		\$120

***No Class 10/14 & 11/11

WEEKEND CLASSES

CLASS	AGES	DAYS	TIME	DATES	FEE
Karate for Kids	7 - 12	Saturday	10:00a - 11:00a	10/12 - 11/30	\$100
Karate for Adults	13 & Up		11:30a - 1:00p		\$120

SPARRING GLOVES MAY BE NEEDED, INSTRUCTOR WILL PROVIDE ADDITIONAL INFORMATION AT FIRST CLASS

ABOUT THE INSTRUCTOR:

Instructor Natineal Wondwosen has been a practitioner of Wado-Ryu Karate since 2010 and has dedicated his life to the art since that time. The purpose of practicing Wado-Ryu Karate-Do is fostering the spirit of peace and harmony in oneself. The goal is strive to be a better version of yourself.

Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible. | Achieving gender equity through a continuous commitment to girls and women in sports. Good sportsmanship is everyone's responsibility. Be a good sport.

TO REGISTER VISIT:

LAPARKS.ORG/RECCENTER/WESTCHESTER



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