## **VALLEY PLAZA RECREATION CENTER**

12240 Archwood Street, North Hollywood, CA 91606 (818) 765-5885 | valleyplaza.recreationcenter@lacity.org www.laparks.org/reccenter/valley-plaza

\*All Programs are subject to change or cancellation















## Registration Begins August 26, 2024 Session Dates October 5th - November 23rd

Performing Arts	Age	Day	Time	Location	Fee	Staff
Pre - Ballet	3	Monday	3:30 pm - 4:00 pm	Dance Room	\$10	Sam
Pre- Ballet	4	Monday	4:00 pm - 4:30 pm	Dance Room	\$10	
Ballet I	5-6	Monday	4:30 pm - 5:15 pm	Dance Room	\$10	
Ballet II	7-12	Monday	5:15pm -6:00 pm	Dance Room	\$10	
Pre - Hip Hop	3-4	Wednesday	3:30 pm - 4:15 pm	Big Gym	\$10	Sam
Нір Нор І	5-15	Wednesday	4:15 pm - 5:00 pm	Big Gym	\$10	Alonso
Нір Нор ІІ	5-15	Wednesday	5:00 pm - 5:45 pm	Big Gym	\$10	
Aztec Dancing	5-17	Fridays	7:00 pm - 7:55 pm	Small Gym	\$10	Nayeli
Cheer Dance Team	5-9	Monday	6:00 pm - 7:00 pm	Classroom	\$10	Charlene
Cheer Dance Team	10-17	Monday	7:00 pm—8:00pm	Classroom	\$10	Charlene
Fitness Specialties	Age	Day	Time	Location	Fee	Staff
Boxing & Fitness I	5-17	Monday, Wednesday	4:00 pm - 4:45 pm	Small Gym	\$20	Erik
Boxing & Fitness II	5-17	Monday, Wednesday	4:45 pm - 5:30 pm	Small Gym	\$20	
Boxing & Fitness III	5-17	Monday, Wednesday	5:30 pm - 6:15 pm	Small Gym	\$20	
Advanced Boxing	5-17	Tues./Thurs./Friday	4pm-5pm/5pm-6pm	Boxing Room	\$30	Maria
Track & Field Beginner	5-17	Monday, Wednesday	4:30 pm – 5:30 pm	VP Diamond 1	\$20	
Martial Arts	Age	Day	Time	Location	Fee	Staff
Judo I	5-17	Wednesday	5:00 pm – 5:55 pm	Classroom	\$10	Derek
Judo II	5-17	Wednesday	6:00 pm - 6:55 pm	Dance Room	\$10	
l obut	5-17	Saturdays	11:30 am -12:30 pm	Classroom	\$10	Tom
Karate - Beginner	5-17	Tuesday, Thursday	4:00 pm – 4:55 pm	Small Gym	\$20	Art
Karate - Intermediate	5-17	Tuesday, Thursday	5:00 pm - 5:55 pm	Small Gym	\$20	
Karate - Advanced	5-17	Tuesday, Thursday	6:00 pm – 6:55 pm	Small Gym	\$20	
Gymnastics	Age	Day	Time	Location	Fee	Staff
Pre-Gymnastics A	3	Saturdays	10:30 am - 11:15 am	Small Gym	\$10	Alonso
Pre-Gymnastics B	4	Saturdays	11:15 am -12:00 am	Small Gym	\$10	
Gymnastics C	5-12	Saturdays	12:00 am - 12:45 am	Small Gym	\$10	
Gymnastics D	5-12	Saturdays	12:45 am - 1:30 am	Small Gym	\$10	
Gymnastics J	5-12	Saturdays	1:30 am - 2:15 pm	Small Gym	\$10	
Tennis Lessons	Age	Day	Time	Location	Fee	Staff
Tennis Lessons	5-9 9-12	Monday Tuesdays (Pick one or more)	3:30 pm - 4:25 pm 4:30 pm - 5:25 pm 5:30 pm - 6:25 pm 6:30 pm - 7:25 pm	Tennis Courts (By Baseball Fields)	\$10 (For the Session)	Tim
Adults & Seniors	Age	Day	Time	Location	Fee	Staff
Senior Line Dance	50+	Tuesday - Friday	10:00 am - 1:00 pm	Small Gym	Free	Nancy
Zumba	16+	Monday, Wednesday	7:00 pm - 8:00 pm	Small Gym	\$5/day	Alonso
Boot Camp/Fitness	16+	Tuesday, Thursday	7:00 pm - 8:00 pm	Small Gym	\$5/day	Alonso
Senior Bingo	50+	Wednesdays	10:00 am - 12:00 pm	Classroom	Free	Nancy
Boxing & Fitness - Adults	18+	Monday, Wednesday	6:15 pm - 7:00 pm	Small Gym	\$5/day	Erik