

**VALLEY PLAZA RECREATION CENTER**

12240 Archwood Street, North Hollywood, CA 91606
 (818) 765-5885 | valleyplaza.recreationcenter@lacity.org
 www.laparks.org/reccenter/valley-plaza
 *All Programs are subject to change or cancellation

Winter 2025**Registration Begins****Monday, December 2, 2024****Session Dates****January 13th - March 29th, 2025**

| Performing Arts | Age | Day | Time | Location | Fee | Staff |
|---|-------|--------------------|---------------------|-------------|------|----------|
| Pre - Hip Hop | 3-4 | Wednesday | 3:30 pm - 4:15 pm | Big Gym | \$10 | Alonso |
| Hip Hop I | 5-11 | Wednesday | 4:15 pm - 5:00 pm | Big Gym | \$10 | Alonso |
| Hip Hop II | 5-11 | Wednesday | 5:00 pm - 5:45 pm | Classroom | \$10 | |
| Cheer Dance Team | 5-9 | Monday | 6:00 pm - 7:00 pm | Classroom | \$20 | Charlene |
| Cheer Dance Team | 10-17 | Monday | 7:00 pm - 8:00 pm | Classroom | \$20 | Charlene |
| Aztec Dancing | 5-17 | Fridays | 7:00pm-7:55 pm | Small Gym | \$10 | Nayeli |
| Fitness Specialties | Age | Day | Time | Location | Fee | Staff |
| Boxing & Fitness Beginning | 5-10 | Monday, Wednesday | 4:00 pm - 4:45 pm | Small Gym | \$20 | Erik |
| Boxing & Fitness Beginning | 11-17 | Monday, Wednesday | 4:45 pm - 5:30 pm | Small Gym | \$20 | |
| Boxing & Fitness Intermediate (see instructor first) | 5-17 | Monday, Wednesday | 5:30 pm - 6:15 pm | Small Gym | \$20 | |
| Boxing & Fitness - Advanced | 5-17 | Tues/Thurs/ Friday | 4pm-5pm/5pm-6pm | Boxing Room | \$30 | Erik |
| Marial Arts | Age | Day | Time | Location | Fee | Staff |
| Judo | 5-17 | Wednesday | 4:00 pm - 5:00 pm | Classroom | \$10 | Steven |
| Judo | 5-17 | Wednesday | 5:00 pm - 6:00pm | Classroom | \$10 | Steven |
| Judo | 5-17 | Saturdays | 11:00 am -11:55 am | Classroom | \$10 | Tom |
| Karate Beginner | 5-17 | Tuesday, Thursday | 4:00 pm - 4:55 pm | Small Gym | \$20 | Art |
| Karate Intermediate | 5-17 | Tuesday, Thursday | 5:00 pm - 5:55 pm | Small Gym | \$20 | Art |
| Karate Advanced | 5-17 | Tuesday, Thursday | 6:00 pm - 6:55 pm | Small Gym | \$20 | Art |
| Gymnastics | Age | Day | Time | Location | Fee | Staff |
| Pre-Gymnastics A | 3 | Saturdays | 10:30 am -11 :15 am | Small Gym | \$10 | Diana |
| Pre-Gymnastics B | 4 | Saturdays | 11:15 am -12:00 am | Small Gym | \$10 | Diana |
| Gymnastics C | 5-12 | Saturdays | 12:00 pm -12:45 pm | Small Gym | \$10 | Diana |
| Gymnastics D | 5-12 | Saturdays | 12:45 pm - 1:30 pm | Small Gym | \$10 | Diana |
| Gymnastics J | 5-12 | Saturdays | 1:30 pm - 2:15 pm | Small Gym | \$10 | Diana |

| Tennis Lessons | Age | Day | Time | Location | Fee | Staff |
|---------------------------|------|---|--|---------------|---------------------------|-------|
| Tennis Lessons | Vary | Mondays Tuesdays (Pick one or more) | 3:45 pm - 4:25 pm (5-6yrs) 4:30pm- 5:25pm (7-10yrs) 5:30pm- 6:25pm(11-17yrs) *6:30pm- 7:25pm *(Intermediate) | Tennis Courts | \$10 (For the session) | Tim |
| Adults & Seniors | Age | Day | Time | Location | Fee | Nancy |
| Senior Line Dance | 50+ | Tuesday-Friday | 10:00 am - 1:00 pm | Small Gym | \$0 | Nancy |
| Zumba | 16+ | Monday, Wednesday | 7:00 pm- 8:00 pm | Small Gym | \$5/Day | |
| Boot Camp/Fitness | 16+ | Tuesday, Thursday | 7:00 pm- 8:00 pm | Small Gym | \$10 | |
| Senior Bingo | 50+ | Wednesdays | 10:00am-12:00 pm | Classroom | \$0 | |
| Boxing & Fitness - Adults | 18+ | Monday, Wednesday | 6:15 pm- 7:00 pm | Small Gym | \$5/Day | |