

Sunland Recreation Center

8651 Foothill Blvd., Sunland, CA 91040 | (818) 352-5282 | sunland.recreationcenter@lacity.org

FALL 2024 CO-REC FLAG FOOTBALL



\$20
PER PLAYER



**REGISTRATION OPENS:
MONDAY, JULY 29TH**

- ✓ Registration begins July 29 and will continue until all teams are full.
- ✓ Age is determined as of January 1, 2024
- ✓ Evaluations are mandatory for all players to be placed on a team.
- ✓ League fee includes: practices, uniform, 6-8 games, officiating fees, end of season celebration.
- ✓ **HOW TO REGISTER:**
 - In-Person
 - Online: www.laparks.org/reccenter/sunland

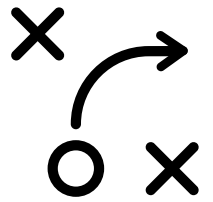


EVALUATIONS

All players must attend one evaluation.

SATURDAY, AUGUST 17TH
 Pee Wee (5-8 Y.O.) @ 10AM
 Minor (9-10 Y.O.) @ 11AM
 Major (11-12 Y.O.) @ 12PM

THURSDAY, AUGUST 29TH
 Pee Wee (5-8 Y.O.) @ 5:30PM
 Minor (9-10 Y.O.) @ 6:30PM
 Major (11-12 Y.O.) @ 7:30PM



- VOLUNTEER COACHES NEEDED. Coaches meeting Wed. 8/4 @ 5:30pm
- FOR MORE INFORMATION ABOUT THE LEAGUE PLEASE SEE BACK OF PAGE.



FALL 2024 CO-REC FLAG FOOTBALL LEAGUE INFORMATION

FEE

- \$20 per player.
- Fee includes uniform, officials, trophy and end of the season celebration.
- PlayLA Youth and Adaptive Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers available for those who qualify, ask for details.

REGISTRATION

- Registration begins on Monday, July 29th and will continue until all teams are full.
- You can register in-person at Sunland Park Office Monday-Friday 11am-8:30pm or Saturday 9:30am-4:30pm.
- Payment must be made in full with a completed registration form. Payment can be made in exact cash, credit/debit card (VISA, MASTERCARD ONLY) or check payable to City of L.A.
- You can register online at www.laparks.org/reccenter/sunland or scan the QR code.

EVALUATIONS

- It is mandatory for all players to attend one evaluation. Please see the front page for your player's day and time.
- All players will be drafted to create balanced teams of 10-12 players.
- Only siblings will be placed on the same team. Coaches' children will play on their parent's team.
- No other requests will be accommodated.

PRACTICES

- All teams will have at least one weekly practice starting mid-September.
- Practice day and time are based on coaches' availability and can be subject to change.
- Practices will be weekdays starting as early as 5pm.

GAMES

- Games will begin in October and will be held on Saturdays and possibly weeknights.
- Some divisions may require traveling to other recreation centers. Parents are responsible for the transportation of their child.

VOLUNTEER COACHING

- Volunteer coaches needed!
- You must be over the age of 18 and will need to be finger-printed and cleared by the City of Los Angeles - Department of Recreation and Parks.
- All coaches will need to attend evaluations and coaches meeting.

REFUND

- Full refunds will only be issued if the league is cancelled by Sunland Park Recreation Center.
- Partial refunds will be available until teams are made.

CODE OF CONDUCT

All participants, coaches, and spectators are expected to demonstrate good sportsmanship at all times. This includes but is not limited to placing the emotional and physical well-being of the children above any desire to win, meet the responsibilities of the coach and the team, treating the officials, coaches, players, staff, and other spectators with respect, and maintaining a fun and POSITIVE environment for all.