



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS



TAI CHI

OUTDOORS



Improve your Balance, Strength, Agility & Coordination

**\$30
MONTH**

WEDNESDAYS 8:30AM-9:30AM

FRIDAYS 8:30AM-10:00AM

or \$5/class

SOEVAC BUILDING C

5056 VAN NUYS BLVD.
SHERMAN OAKS, CA 91403
(818)386-9674

Persons with disabilities are welcome to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.