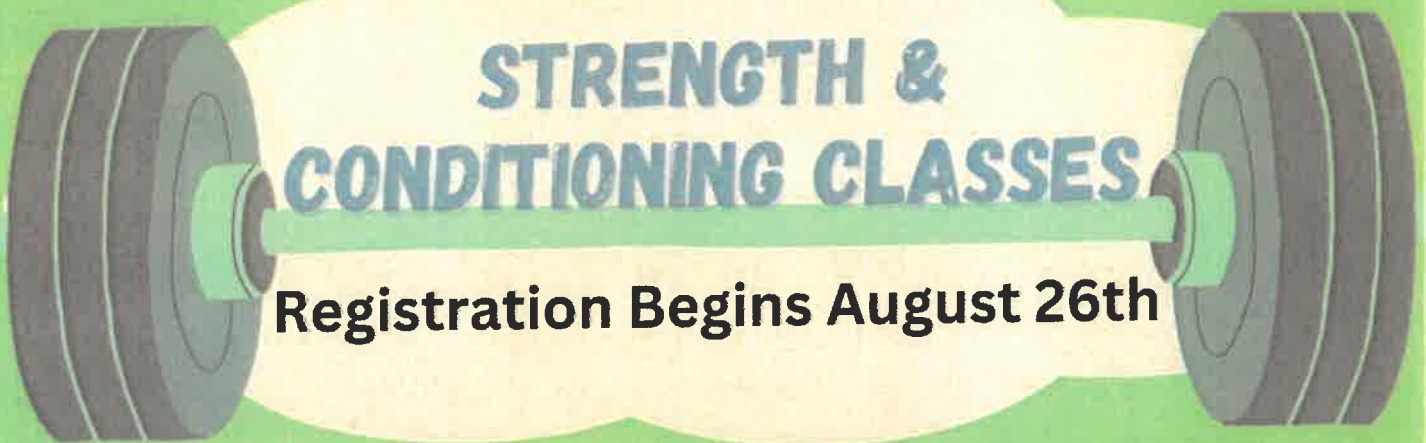


City of Los Angeles Department of Rec & Parks
Rio De Los Angeles State Park

1900 N. San Fernando Road Los Angeles, CA 90065

phone: (323) 276-3015

Email: riodela.recreationcenter@lacity.org



STRENGTH & CONDITIONING CLASSES

Registration Begins August 26th

\$10 FOR 17 & UNDER

CLASS	DAY	TIME	START DATE	END DATE
(5-9YRS)	TUESDAY	6:00PM- 7:00PM	10/8	11/26
(10-17YRS)	TUESDAY	7:00PM- 8:00PM	10/8	11/26
(5-9YRS)	THURSDAY	6:00PM- 7:00PM	10/10	12/5
(10-17YRS)	THURSDAY	7:00PM-8:00PM	10/10	12/5
CLINIC (5-10YRS)	TUESDAY	5:30PM-7:30PM	12/3	12/17
CLINIC (11-17YRS)	THURSDAY	5:30PM-7:30PM	12/12	12/26



To register visit:
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