

City of Los Angeles Department of Recreation and Parks

Recreation Center

enmar recreation center clacity org



ADULT BEGINNER

ALL CLASSES RUN FOR A TOTAL OF 8 WEEKS

**MONDAY TUESDAY** 

**WEDNESDAY** 

8:30A - 10A 5P-6P

\$150 Instructor: Coach Paul

\$120

Instructor: Coach Arnold

**FRIDAY** 4P-5P \$120 Instructor: Coach Arnold

ADULT ADVANCED BEGINNER

**SATURDAY** 9A-10A \$150 Instructor: Coach Paul

**ADULT INTERMEDIATE** 

**THURSDAY** 5P-6P **FRIDAY** 5P-6P **SATURDAY** 

8:30A - 10A

\$150 \$120 \$120

Instructor: Coach Paul Instructor: Coach Arnold Instructor: Coach Arnold

\$150 10A-11A

Instructor: Coach Paul

HIGH PERFORMANACE Instructor: Coach Paul PLANT

**MONDAYS** 5P - 6:30P **FRIDAYS** 5:30P - 7P

\$80 \$80 **AGES: 12-16 ADVANCED CLASS!** 

**AGES: 12-16 ADVANCED CLASS!** YOUTH INTERMEDIATE Instructor: Coach Paul Paul

**WEDNESDAY** 4:30P-5:30P \$80 AGFS: 10-15

YOUTH BEGINNER

Instructor: Coach Arnold

**TUESDAY** 4P-5P

\$80

AGFS: 8-11

**THURSDAY** 4P-5P \$80

AGFS: 8-11

Play LA Youth and Adaptive Youth

@PenmarRC





s Program is made possible by 128 Olympic and Paralympic Games. Ir available for those who qualify, ask for details.

**FIRST CLASS BEGINS ON AND AFTER** JAN 6TH





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### Penmar Recreation Center



mail: penmar.recreationcenteralacity.org



OYACOBUT 11A-1P FRIDAYO 12P-2P

STARTS 1/7/25 AND WILL RUN BASED OFF LAUSD SCHOOL SCHEDULE. FREE BUT PARTICIPANTS MUST REGISTER AND BRING THEIR OWN BALL

JOIN US FOR OPEN GYM HOURS AT PENMAR REC CENTER. PLAY IN PICKUP GAMES WITH OTHERS OR WORK ON YOUR GAME ON YOUR OWN. OPEN FOR ALL AGES



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# STAY &

Stay warm in the gym during the winter months and make new friends!!

ACTIVITIES:





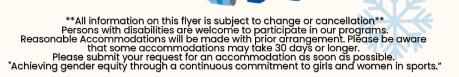




\$10 Daily Drop-In

\*Free Coffee for Adults\*









## YOUTH BOXING



### Cost: \$80 / Ages 5-12

1341 Lake St. Venice, CA 90291
Penmar Recreation Center
8 weeks, beginning January 6th
Age 5-7 Mon 4pm-5pm
Age 8-12 Mon 5pm-6pm

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements. All information/activities are subject to change and/or cancellation without prior notice.

"Achieving Gender Equity through a continuous commitment to girls and women in sports"

laparks.org/reccenter penmar.recreationcenter@lacity.org 310.396.8735 City of Los Angeles
Department of Recreation and Parks





SCAN HERE TO REGISTER

