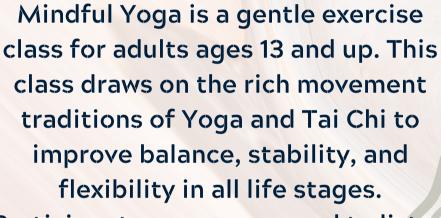


City of Los Angeles Department of Recreation and Parks
Roz Wyman Palms Park
2950 Overland Ave, Los Angeles, CA 90064
Palms.RecreationCenter@lacity.org 310.838.3838 or 310.202.4531



## YOGA WITH TRACY





Participants are encouraged to listen to their body and to move in rhythm with their breath.

Wednesdays 6:00 P.M. - 7:00 P.M. \$40/month

A 15% administrative fee will be assessed by the City of Los Angeles Dept. of Recreation and Parks for any patron granted a refund. Full refunds will only be given if a program is cancelled by the center.

There are no refunds or credits for missed days.

Persons with disabilities are welcomed to participate in our classes and programs.

Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.

