



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

ROZ WYMAN - PALMS PARK

2950 OVERLAND AVENUE, LOS ANGELES, CA 90064

PALMS.RECREATIONCENTER@LACITY.ORG 310-838-3838



# DANZAN RYU JUJITSU

Available  
for Ages  
18+

**Tuesdays 6:30-8:30pm \$40/month**

**Thursdays 6:30-8:30pm \$40/month**

The Martial Art of Danzan Ryu Jujitsu consists of techniques for self-defense, health enhancement and personal development. Our system relies on the proper use of technique to overcome adversity, rather than sheer muscular strength.

Our dojo culture promotes personal growth in a welcoming and constructive environment. Arts you will learn in class include, escapes from holds, joint locks, throws, holds, rolls & falls and restorative and healing arts, such as massage.



## Co-Instructors:



**Hillary Kaplowitz, 7th Degree Black Belt**

Hillary Kaplowitz holds the nationally recognized rank of 6th degree black belt in Danzan Ryu Jujitsu and the title of Professor from the American Judo and Jujitsu Federation (AJJF). Prof. Kaplowitz began training as a youth and has been teaching Martial Arts since 2000, promoting 10 students to the rank of black belt and beyond.

**Ralph Rosas, 3rd Degree Black Belt**

Ralph Rosas trained with Prof Kaplowitz's for many years and now holds the nationally recognized rank of 3rd Degree Black Belt in Danzan Ryu Jujitsu. Sensei Rosas has been teaching alongside Prof Kaplowitz for over 15 years and has served the organization (AJJF) as Regional Black Belt Exam Coordinator.

**Nathalie Chapple, 4th degree Black Belt**

Nathalie has studied under Prof Kaplowitz for over 20 years. She holds the AJJF rank of Sandan-3rd degree Blackbelt. Sensei Nathalie had her own Danzan Ryu kids' dojo in Los Angeles for 5 years and continues to teach alongside Prof Kaplowitz and Sensei Rosas. She is serving on the AJJF Board of Directors and Chair of the Council of Senior Instructors.

A 15% administrative fee will be assessed by the City of Los Angeles Dept. of Recreation and Parks for any patron granted a refund. Full refunds will only be given if a program is cancelled by the center.

There are no refunds or credits for missed days.

Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.