



Roz Wyman-Palms Park

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FALL 2024 CHILDREN AND PARENT & ME CLASSES

REGISTER ONLINE BEGINNING Monday, August 26th at reg.laparks.org.

MOST CLASSES BEGIN THE WEEK OF October 7th

Table with columns: CLASS NAME, AGE, TIME, FEE/WKS, CLASS DATES. Rows are categorized by day of the week (Monday, Tuesday, Wednesday, Thursday, Friday, Saturday) and include various class names like Drawing, Oil Painting, Kids Yoga, etc.



# FALL 2024 ADULT AND YOUTH CLASSES

REGISTER ONLINE BEGINNING Monday, August 26th at [reg.laparks.org](http://reg.laparks.org).

MOST CLASSES BEGIN THE WEEK OF October 7th

CLASS NAME	AGE	TIME	FEE/WKS	CLASS DATES
<b>MONDAY</b>				<b>NO CLASS 10/14, 11/11, 11/25</b>
Oil Painting - All Levels	10+	6:15-8:15 P.M.	\$112/7	10/7, 10/21, 10/28, 11/4, 11/18, 12/2, 12/9
Yoga with Tesha 	18+	5:15-6:00 P.M.	OCT \$20/2 NOV \$10/1 DEC \$40/4	10/7, 10/21 11/18 12/2, 12/9, 12/16, 12/23
Zumba Toning (Zumba Sticks Required)	13+	6:15-7:15 P.M.	OCT \$20/2 NOV \$10/1 DEC \$40/4	10/7, 10/21 11/18 12/2, 12/9, 12/16, 12/23
Zumba	13+	7:30-8:30 P.M.	OCT \$20/2 NOV \$10/1 DEC \$40/4	10/7, 10/21 11/18 12/2, 12/9, 12/16, 12/23
<b>TUESDAY</b>				
Danzan Ryu Jujitsu	18+	6:30-8:30 P.M.	OCT \$40/4 NOV \$20/2 DEC \$20/2	10/1, 10/8, 10/15, 10/22 11/12, 11/19 12/3, 12/10
<b>WEDNESDAY</b>				<b>NO CLASS 10/30, 11/6, 11/20, 11/27, 12/25</b>
Yoga with Tracy	18+	6:00-7:00 P.M.	OCT \$40/4 NOV \$10/1 DEC \$30/3	10/2, 10/9, 10/16, 10/23 11/13 12/4, 12/11, 12/18
Zumba Toning - Gold (Zumba Sticks Required)	55+	6:15-7:15 P.M.	OCT \$40/4 NOV \$10/1 DEC \$30/3	10/2, 10/9, 10/16, 10/23 11/13 12/4, 12/11, 12/18
Zumba	18+	7:30-8:30 P.M.	OCT \$40/4 NOV \$10/1 DEC \$30/3	10/2, 10/9, 10/16, 10/23 11/13 12/4, 12/11, 12/18
<b>THURSDAY</b>				<b>NO CLASS 11/28</b>
Danzan Ryu Jujitsu	18+	6:30-8:30 P.M.	OCT \$40/4 NOV \$20/2 DEC \$40/4	10/3, 10/10, 10/17, 10/24 11/14, 11/21 12/5, 12/12, 12/19, 12/26
<b>FRIDAY</b>				<b>NO CLASS 11/29</b>
Yoga with Tesha 	18+	5:15-6:00 P.M.	OCT \$30/3 NOV \$20/2 DEC \$40/4	10/4, 10/11, /10/18 11/15, 11/22 12/6, 12/13, 12/20, 12/27
<b>SATURDAY</b>				<b>NO CLASS 11/30</b>
Drawing (Youth AND adults)	9+	4:00-5:00 P.M.	\$70/7	10/12, 10/19, 10/26, 11/2, 11/9, 11/23, 12/7
Pastel & Acrylic Painting (Youth AND adults)	9+	3:00-4:00 P.M.	\$70/7	10/12, 10/19, 10/26, 11/2, 11/9, 11/23, 12/7
Zumba - Gold	55+	9:30-10:30 A.M.	OCT \$40/4 NOV \$20/2 DEC \$40/4	10/5, 10/12, 10/19, 10/26, 11/16, 11/23 12/7, 12/14, 12/21, 12/28

## WINTER CAMP 2024

INFO COMING SOON!!!

Registration starts on Monday, November 25th at 9:00 A. M.

ONLINE ONLY

Rates and programs are subject to change and/or cancellation. Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangement. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.