



Roz Wyman-Palms Park

2950 Overland Ave. Los Angeles, CA 90064
Palms.Recreationcenter@lacity.org
310.838.3838 or 310.202.4531



SPRING 2025 CHILDREN AND PARENT & ME CLASSES

REGISTER ONLINE BEGINNING Monday, March 3rd at reg.laparks.org.
MOST CLASSES BEGIN THE WEEK OF April 7, 2025

As of 2/20/25

Table with 5 columns: CLASS NAME, AGE, TIME, FEE/WKS, CLASS DATES. Rows are organized by day of the week (Monday-Friday) and Saturday. Includes class names like Drawing, Oil Painting, Pre-K Play and Learn, and Skateboarding Skills.

Donuts & Dinosaurs
Sat. April 19, 2025
11:00 a.m. - 2:00 p.m.
NO REGISTRATION REQUIRED
CRAFTS - GAMES - ACTIVITIES - FACE PAINTING - BOUNCE HOUSE - AND MORE!

T-BALL
April 5th - June 7th
\$130 PER PLAYER
DISCOUNTS AVAILABLE FOR THOSE WHO QUALIFY
PRICE INCLUDES: UNIFORMS & TROPHIES
MUST BRING YOUR OWN GLOVE



City of Los Angeles Department of Recreation and Parks

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**SPRING
2025**

**ADULT AND
YOUTH CLASSES**



REGISTER ONLINE BEGINNING Monday, March 3rd at reg.laparks.org.

As of 2/20/25

MOST CLASSES BEGIN THE WEEK OF April 7, 2025

CLASS NAME	AGE	TIME	FEE/WKS	CLASS DATES
MONDAY				NO CLASS 4/14, 5/26
Oil Painting - All Levels	10+	6:15-8:15 P.M.	\$128/8	4/7, 4/21, 4/28, 5/5, 5/12, 5/19, 6/2, 6/9
Zumba Toning (Zumba Sticks Required)	18+	6:15-7:15 P.M.	APR \$30/3 MAY \$30/3 JUN \$50/5	4/7, 4/21, 4/28 5/5, 5/12, 5/19 6/2, 6/9, 6/16, 6/23, 6/30
Zumba	18+	7:30-8:30 P.M.	APR \$30/3 MAY \$30/3 JUN \$40/5	4/7, 4/21, 4/28 5/5, 5/12, 5/19 6/2, 6/9, 6/16, 6/23, 6/30
TUESDAY				NO CLASS 4/15
Danzan Ryu Jujitsu	18+	6:30-8:30 P.M.	APR \$30/3 MAY \$40/4 JUN \$40/4	4/8, 4/22, 4/29 5/6, 5/13, 5/20, 5/27 6/3, 6/10, 6/17, 6/24
WEDNESDAY				NO CLASS 4/16, 5/21
Yoga with Tracy	18+	6:00-7:00 P.M.	APR \$40/4 MAY \$30/3 JUN \$40/4	4/2, 4/9, 4/23, 4/30 5/7, 5/14, 5/28 6/4, 6/11, 6/18, 6/25
Zumba Toning - Gold (Low Impact) (Zumba Sticks Required)	40+	6:15-7:15 P.M.	APR \$40/4 MAY \$30/3 JUN \$40/4	4/2, 4/9, 4/23, 4/30 5/7, 5/14, 5/28 6/4, 6/11, 6/18, 6/25
Zumba	18+	7:30-8:30 P.M.	APR \$40/4 MAY \$30/3 JUN \$40/4	4/2, 4/9, 4/23, 4/30 5/7, 5/14, 5/28 6/4, 6/11, 6/18, 6/25
THURSDAY				NO CLASS 4/17
Danzan Ryu Jujitsu	18+	6:30-8:30 P.M.	APR \$30/3 MAY \$40/5 JUN \$40/4	4/3, 4/10, 4/24 5/1, 5/8, 5/15, 5/22, 5/29 6/5, 6/12, 6/19, 6/26
Senior Chair Exercise NEW CLASS!!	50+	10:00-10:45am	APR \$30/3 MAY \$40/4 JUN \$40/4	4/3, 4/10, 4/24 5/1, 5/8, 5/15, 5/29 *no class 5/22 6/5, 6/12, 6/19, 6/26
SATURDAY				NO CLASS 4/19, 5/24
Drawing (Youth AND adults)	9+	4:00-5:00 P.M.	\$70/7	4/12, 4/26, 5/3, 5/10, 5/17, 5/31, 6/7
Pastel & Acrylic Painting (Youth AND adults)	9+	3:00-4:00 P.M.	\$70/7	4/12, 4/26, 5/3, 5/10, 5/17, 5/31, 6/7
Zumba - Gold - (Low Impact Zumba)	35+	9:30-10:30 A.M	APR \$30/3 MAY \$40/4 JUN \$30/3	4/5, 4/12, 4/26 5/3, 5/10, 5/17, 5/31 6/7, 6/21, 6/28 *no class 6/14



**SUMMER CAMP 2025
JUNE 16 - AUGUST 8 - (8 WEEKS)
REGISTRATION STARTS MARCH 25TH!
STAY TUNED FOR INFORMATION**



DISCOUNTS AVAILABLE FOR THOSE WHO QUALIFY



Rates and programs are subject to change and/or cancellation. Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangement. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.