



## Summer Classes 2024

**Starts/Comienza 07.08.2024 -**  
**Ends/Termina on 08.31.24**

**Choose your DAY / TIME**  
**For example, Tuesdays @ 6pm,**  
**then enjoy eight weeks of**  
**programming ..all for \$10!**



**Mount Carmel**  
**Recreation Center**  
**830 West 70th Street**  
**Los Angeles, CA 90044**

**Ask us how to become a**  
**volunteer coach?**

### Girls Boxing Class /

#### Clase de Boxeo Femenina

Monday/Lunes | 4:30pm - 5:30pm |

Ages/Edad: 7 - 12 yrs

Wednesday/Miercoles | 4:30pm - 5:30pm |

Ages/Edad: 7 - 12 yrs.

Friday/Viernes | 4:30pm - 5:30pm |

Ages/Edad: 7 - 12 yrs.

### Co-Rec Boxing Class /

#### Clase de Boxeo Co-Rec

Monday/Lunes | 5:30pm - 6:30pm |

Ages/Edad: 7 - 12yrs.

Monday/Lunes | 6:30pm - 7:30pm |

Ages/Edad: 13 - 17yrs.

Wednesday/Miercoles | 5:30pm-6:30pm |

Ages/Edad: 7 - 12 yrs.

Wednesday/Miercoles | 6:30pm-7:30pm |

Ages/Edad: 13 - 17 yrs.

Friday/Viernes | 5:30pm-6:30pm |

Ages/Edad: 7 - 12 yrs.

Friday/Viernes | 6:30pm-7:30pm |

Ages/Edad: 13 - 17 yrs.

### Girls Volleyball Class / Clase de

#### Voleibol Femenina

Monday/Lunes | 6:00pm - 7:00pm |

Ages/Edad: 7 - 10 yrs.

Monday/Lunes | 7:00pm - 8:00pm |

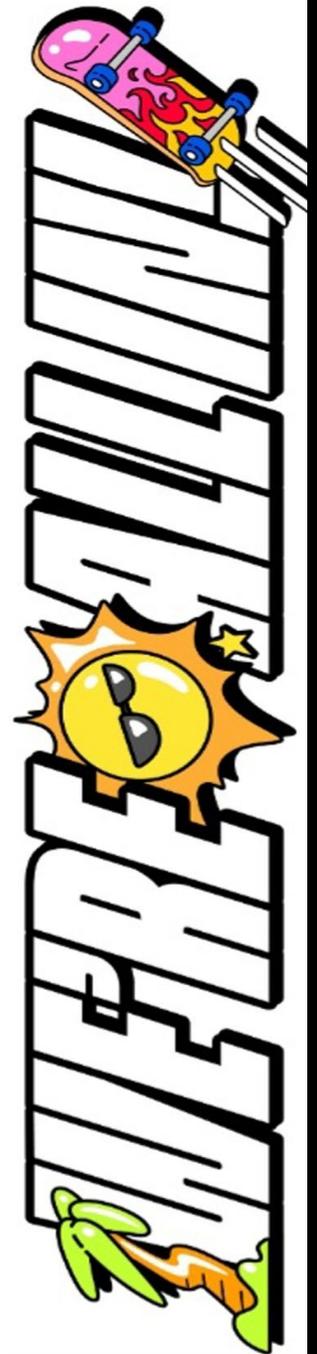
Ages/Edad: 11 - 15 yrs.

Tuesday/Martes | 6:00pm - 7:00pm |

Ages/Edad: 7 - 10 yrs.

Tuesday/Martes | 7:00pm - 8:00pm |

Ages/Edad: 11 - 15 yrs.



Registration Begins June 3rd !!

# REGISTER NOW!

**LIMITED SPOTS**  
**AVAILABLE !**

Have Questions? Call Us!

 **(323) 789 - 2756 /**  
**(323) 789 - 2757**

Follow Us!

@ mountcarmelrec 

[WWW.LAPARKS.ORG/RECCENTER/MOUNT-CARMEL](http://WWW.LAPARKS.ORG/RECCENTER/MOUNT-CARMEL)



PlayLA Youth and Adaptive Sports Program is made possible by the LA28 Olympic and Paralympic Games, allowing youth to participate for \$10. Waivers are available, ask for details. ACHIEVING GENDER EQUITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS. ALL INFORMATION AND ACTIVITIES ARE SUBJECT TO CHANGE OR CANCELLATION. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS.