



CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS  
 MT. CARMEL RECREATION CENTER  
 830 W. 70TH ST. LOS ANGELES, CA 90044  
 (323) 789-2756



MOUNT CARMEL PRESENTS:

REGISTER NOW!

# TRAP

REGISTER NOW!

*Yoga*



*Stretch with  
vibes*

**Day : Tuesdays**

**Time: 5:30pm - Ages 8-10 yrs**

**6:30pm - Ages 11-15 yrs**

**(Capacity 10 per class)**

**Starts: 4.8.25 Ends: 5.27.25**



Stretching - Meditation - Hip-hop/R&B  
and Many More

Bring your friends, neighbors  
and family

Persons with disabilities are encouraged to participate in our classes and programs. Reasonable accommodations will be made with prior arrangement. All activities/prizes are limited and are not guaranteed. All information/activities are subject to change and/or cancellation without prior notice.