



# MID-VALLEY SENIOR CITIZEN CENTER

June/July 2024 newsletter

## BIRTHDAY CELEBRATIONS June

- 6/11 Reyna Chavez
- 6/12 Maria Ortiz
- 6/12 Ely Fontanilla
- 6/22 Graciela Mendoza
- 6/25 Lucia Cruz



## July

- 7/13 Francisco Calderon
- 7/22 Cristina Recinos
- 7/24 Cristina Labnador

EVERY THIRD THURSDAY OF THE MONTH  
June 20th & July 18th

## DATES MVSCC WILL BE CLOSED

- Wednesday- 6/19 Juneteeth
- Thursday- 7/4 Independence Day

PLEASE FILL OUT THE  
SURVEY. THIS WILL  
IMPROVE OUR  
PROGRAM HERE AT  
MVSCC.



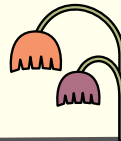
## JUNE/JULY MONTHLY REMINDERS

### MENTAL HEALTH WELLNESS

#### SERIES FOR OLDER ADULTS

Every 4th of the month Tuesday 11:30am-12:30pm

- June 18th Topic- Managing your Medication
- July 23rd Topic- To Be Announced



### FRIENDLY REMINDERS

EVERY FIRST MONDAY OF THE MONTH IS  
FOOD BANK PICK-UP. THE BOXES WILL BE  
PICKED-UP AND DISTRIBUTED AT THE MID-  
VALLEY SENIOR CITIZEN CENTER. WHAT IS  
WHAT IS NOT PICKED UP BY FRIDAY WILL  
BE GIVEN AWAY.

## JUNE/JULY EVENTS

- THURSDAY-6/13  
FATHER'S DAY
- THURSDAY- 7/25  
ICE CREAM SOCIAL

## MOTHERS DAY PARTY



Mid-Valley Senior Citizen Center celebrated Mother's  
Day on Thursday, May 9th. Thank you to all  
the Mother's that joined us that day. Thank you  
to Councilwoman Imelda Padilla for the surprise visit.



ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE.

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.