



City of Los Angeles  
Recreation & Parks

**MID-VALLEY SENIOR CITIZEN CENTER**

8801 Kester Ave.  
Panorama City, CA 91402  
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# MID-VALLEY SCC



## January 2025 Newsletter

### BIRTHDAYS

**1/30 Carolina Aceves**



Every third Thursday  
of the month we  
celebrate birthdays.

### REMINDERS

FOOD BANK BOXES WILL BE  
PICKED UP ON 1/6/25. THE BOXES  
**MUST** BE PICKED UP BY FRIDAY.

MVSCC WILL BE CLOSED  
**MONDAY, JANUARY 20, 2025**  
**MARTIN LUTHER KING J.R.**  
HOLIDAY.

### UPCOMING EVENTS



**1/21 Tuesday**

**10:00am-11:30am**

Alexis from WellCare Health will  
be playing Loteria for prizes.

**1/23 Thursday-**

**11:00am-11:30am**

David from WellBe will be having  
a cooking activity.

### ACTIVITIES



**Monday-**

9:00am Table Top Games

9:30am Social Hour & Coffee

**Thursday- 1/16 & 1/30**

12:00pm-1:00pm Art w/ Ruthie

**Friday-**

12:30pm Simple Stretches &

Loteria

**Monday-Friday**

10a-11:30a & 12:15p-1p Loteria

ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE.

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.