



**LINCLON HEIGHTS
SENIOR CITIZEN CENTER**

2323 Workman St. LA CA. 90031

(323) 225-9339

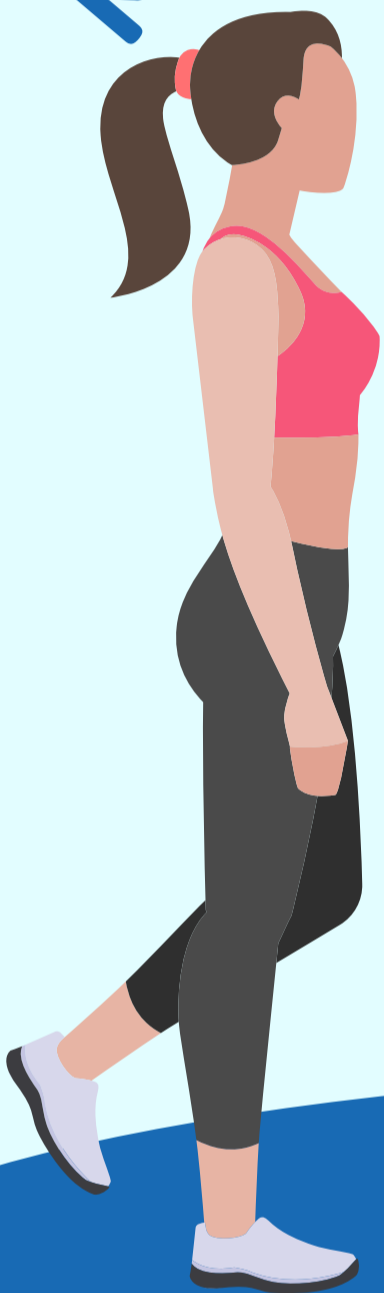
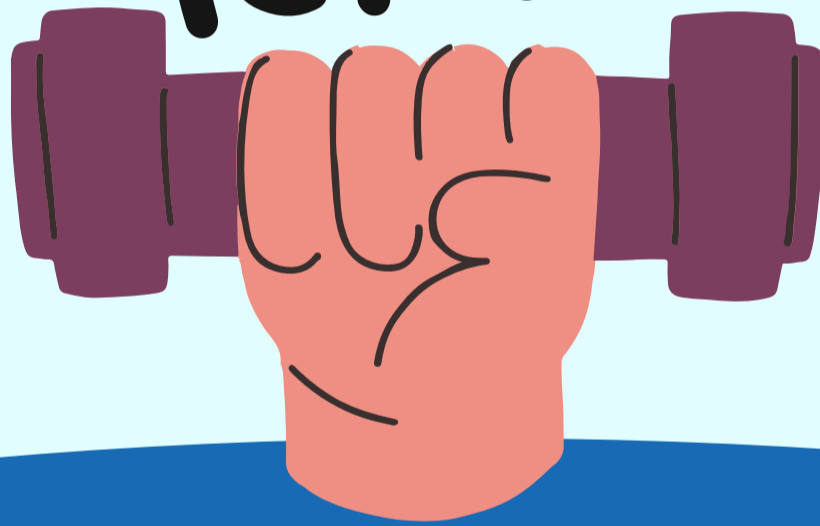
rap-lincolnheightsseniorcenter@lacity.org



Marisa's Zumba Workout CLASSES



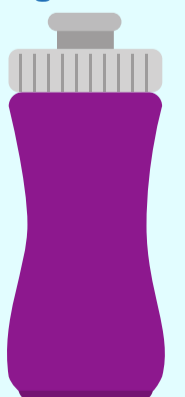
**STAY
ACTIVE!**



Low Impact

**Tuesdays's and Thursdays 9pm-9:30am
Auditorium \$1.00 Per-Class or \$5.00 per
month**

Register in Office.



**Safe, effective, low impact workout good for all
fitness levels**

**Persons with disabilities are welcomed to participate in our classes and
programs. reasonable accomodations will be made with prior
arrangements.**