



CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS  
**JIM GILLIAM SENIOR CITIZEN CENTER**  
 4000 S. LaBrea Ave Los Angeles, CA 90008 Phone: 323.291.5928



## WINTER 2025 JIM GILLIAM SENIOR CENTER SCHEDULE OF CLASSES

Annual Membership:  
Only \$10!

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### MONDAY

Performing Arts  
2:00PM-3:30PM

Park Walking Club  
12:30PM - 1:30PM

Cards, Cues, & Connections ( Pool, card games , board games )  
Club 11:00 AM - 1:00 PM

Legends on the Court ( Basketball Skills Class ) 1:00 PM - 3:00 PM

### TUESDAY

Move More Fitness Class  
10:30AM-11:30AM

WE Labs/Computer Club  
10:00AM-5:00PM

Pickleball Fundamentals  
12:30PM-1:30PM

### WEDNESDAY

We Labs ( Computer surfers  
10:00AM-5:00PM

Breakfast Club ( \$15 a month)  
9:30AM-11:00AM

Mindful Breath & Meditation\*  
5:30PM-6:00PM

**\*First Wednesday of each month**

### THURSDAY

WE Labs/Computer Club  
10:00AM-5:00PM

Move More Fitness Class  
10:30AM-11:30AM

BINGO  
1:00PM-3:00PM

### FRIDAY

Digital Discovery  
Computer and Phones Class  
10:30AM-11:30AM

City Explores  
10:30AM-1:00PM

We Labs ( Computer surfers)  
2:00PM-3:00PM

### WINTER SPECIAL EVENTS

**FEBRUARY**-Black History Month Celebration

**FEBRUARY**-West Region's Sweethearts Dance

**FEBRUARY**-Community Love Gathering( Last Wednesday of the month)

See Class details on back

