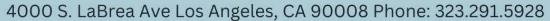


CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

JIM GILLIAM SENIOR CITIZEN CENTER





WINTER 2025 JIM GILLIAM SENIOR CENTER SCHEDULE OF CLASSES



MONDAY

Performing Arts 2:00PM-3:30PM

Park Walking Club 12:30PM - 1:30PM

Cards, Cues, & Connections (
Pool, card games, board games)
Club 11:00 AM - 1:00 PM

Legends on the Court (Basketball Skills Class) 1:00 PM - 3:00 PM

TUESDAY

Move More Fitness Class 10:30AM-11:30AM

WE Labs/Computer Club 10:00AM-5:00PM

Pickleball Fundamentals 12:30PM-1:30PM

WEDNESDAY

We Labs (Computer surfers 10:00AM-5:00PM

Breakfast Club (\$15 a month) 9:30AM-11:00AM

Mindful Breath & Meditation* 5:30PM-6:00PM *First Wednesday of each month



WE Labs/Computer Club 10:00AM-5:00PM

Move More Fitness Class 10:30AM-11:30AM

> BINGO 1:00PM-3:00PM

FRIDAY

Digital Discovery Computer and Phones Class 10:30AM-11:30AM

> City Explores 10:30AM-1:00PM

We Labs (Computer surfers) 2:00PM-3:00PM

WINTER SPECIAL EVENTS

FEBRUARY-Black History Month Celebration FEBRUARY-West Region's Sweethearts Dance

FEBRUARY-Community Love Gathering(Last Wednesday of the month)



Annual Membership:

Unly \$10!



See Class details on back