

# Winter/Spring 2025

Updated 01/14/2025



12560 Filmore Street  
Pacoima CA 91331  
P: (818) 896-0067

E: [Humphrey.pool@lacity.org](mailto:Humphrey.pool@lacity.org)  
January 26, 2025 - May 31, 2025

### ADMISSION FEES

Daily Fees	Admission Passes (30 Entries)
Youth (0-17).....\$1	Adult Lap Pass.....\$88
Adult (18-49).....\$4	Adult (50+) Pass.....\$25
Adult (50+).....\$1	Persons w/Disabilities...\$25
Persons w/Disabilities...\$1	Youth Pass.....\$25

### HOURS OF OPERATION

Saturday - Sunday: 1PM-5PM  
Monday- Friday: 3:30PM-8PM

### LAP SWIM HOURS

Saturday - Sunday: 1PM-5PM  
Monday: 3:30PM-8PM  
Tuesday - Friday\*: 6:30PM-8PM  
*\*limited lap lane availability on select days\**

### Holiday Closures

Monday February 17, 2025.....Presidents Day  
Monday May 26, 2025 .....Memorial Day  
Monday March 31, 2025.....Cesar Chavez Day

### PlayLA USA Swimming



The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Athletes compete in a department-sponsored league. All team members must attend a minimum of 3 workouts per week and compete in 1 competitive event.

\*Athletes must be between the 7-17 years old and have passed Learn to swim level 4 (Intermediate)

Team Registration	Winter: November 9, 2024 @9AM Spring: March 01, 2025
•In person or Online @www.laparks.org	
Season Begins:	Winter: December 3, 2024 Spring: March 04, 2025
Season Ends:	Winter: February 28, 2025 Spring: May 30, 2025
Practice Times:	Tuesday thru Friday 5PM - 6:30PM
Fees:	\$10

### Novice Team Sports

#### Artistic Swim



#### Water Polo



#### Practice Times:

4PM-5PM

6:30PM-7:30PM

#### Novice Team Registration Date

Saturday March 01, 2025

#### Season Begins:

Tuesday March 04, 2025

#### Season Ends:

Friday May 30, 2025

#### Fees

\$10

### Private Swim Lessons

•Private & Semi-Private Classes provide personalized instruction to adults and youth ages 3 and older.

•Classes are 25 minutes in length.

•Registration rules apply and participants must register for 4 classes.

•Maximum of TWO participants per SEMI-PRIVATE CLASS.

•First session Registration will take place:

**Saturday January 04, 2025**

All subsequent registrations will take place on final day of previous series during operational hours.

\*Private Lesson Registration is in-person only\*

### Private Classes Fees

Privates (1:1)	4 Classes @ \$27 ea. = \$108.00
Semi-Privates	4 Classes @ \$40 ea. = \$160.00



### Youth Aquatic Fitness\*

\*Level 4: Intermediate, swimming competency or higher is required to enroll in this program

•Participants continue to refine all strokes with an emphasis on increased endurance and overall fitness level.

•First session Registration will take place:

**Saturday January 04, 2025**

**NO REQUIRED COMPETITIONS**

#### Cost:

\$55 for 10 classes

\$6 per class

#### Practice Time:

Tuesday-Friday: 4PM-4:45PM

#### Program Begins:

January 07, 2025



## Swim Assessments

A swim assessment is required to sign up for swimming lessons. Assessments are given by a lifeguard or manager to determine the swimming skills level of the participant. Assessments can be done during recreational hours. No appointments needed.

## 8 Day Group Swim Lessons

- Online registration : [www.laparks.org](http://www.laparks.org)
- No over the phone registrations.
- Lesson are 25 minutes in length.
- Levels 1-5 are limited to 10 participants per class.
- Adaptive classes are limited to 3 participants per class.
- Fees must be paid at the time of registration. No exceptions.
- No refunds unless session is canceled .
- Students who miss the first 2 classes will be dropped.

## Fees Per Session (Group Swim Lessons)

Adults 18+  
\$30

Adaptive  
Youth (Ages 3-17)  
\$10



Registration Website QR Code



Session #	Registration	Begins	Ends
Session 1	January 04	January 04	January 31
Session 2	February 01	February 01	February 28
Session 3	March 01	March 01	March 28
Session 4	March 29	March 29	April 25
Session 5	April 26	April 26	May 23

## Group Swim Lesson Descriptions

### Preschool Aquatics (Ages 3—6)

Preschool Aquatics Level. 1-2: (Same as Water Confidence)	Children will learn how to enter and exit the water independently, submerge mouth underwater and blow bubbles for 3 seconds, glide on front for 2 body lengths then roll to back and float for 3 seconds. Introduction to combined arm and leg movement on front and back
Preschool Aquatics Level. 3: (Same as Beginner)	Continued refinement of front crawl and back crawl. Introduction to side breathing and treading water

### Learn to Swim (Ages 7-17)

Level 1 : Water Confidence	Participants will learn how to open eyes underwater and retrieve objects, bobbing, floating on front & back, gliding on front & back, rolling from front to back and back to front, combined arm and leg actions on front and back for 3 body lengths.
Level 2 : Beginner	Participants learn to enter/exit the pool, have breath control, front/back floats, basic water safety and are introduced to Front Crawl.
Level 3 : Advanced Beginner	Participants learn to master Front Crawl, introduced to Breaststroke kick, Side-stroke kick, and Elementary Backstroke.
Level 4 : Intermediate	Participants learn the Breaststroke, Back Crawl, and the Sidestroke
Level 5 : Swimmer	Coordination & refinement of strokes and improve conditioning. Learn additional aquatic skills such as flip turns, & improve diving into the pool.
Level 6 : Advanced Swimmer	Refine strokes so participants swim them with greater efficiency and effectiveness over longer distances.

### Adult Classes

Adult Beginner	Help participants gain basic aquatic skills
Adult Intermediate	Improve participants' proficiency in basic aquatic skills and the six basic swimming strokes

## Swim Lesson Schedule 2025 (Weekdays)

### Classes Available

Tuesday/Thursday or Wednesday/Friday

Class Level	Time
Intermediate	4PM—4:25PM
Preschool 1-2 (Tue-Thu)	4:30PM—4:55PM
Preschool 3 (Wed-Fri)	4:30PM—4:55PM
Advanced Beginner	5PM -5:25PM
Water Confidence	5:30PM -5:55PM
Beginner	6PM—6:25PM
Swimmer	6:30PM-6:55PM
Adult Beginner (Tue-Thu)	7PM-7:25PM
Adult Inter. (Wed-Fri)	7PM-7:25PM



## Swim Lesson Schedule 2025 (Weekends)

### Classes Available Saturday/Sunday

Class Level	Time
Water Confidence	1PM-1:25PM
Preschool 1-2	1:30PM-1:55PM
Preschool 3	2PM-2:25PM
Intermediate	2:30PM-2:55PM
Beginners	3PM-3:25PM
Adv. Beginners	3:30PM-3:55PM
Adaptive	4PM-4:25PM
Adult Beginners	4:30PM- 4:55PM

Please Note: All programs including lap lane availability and Listed Hours are subject to change without prior notice