

HEY ROOKIE

SWIMMING POOL

SUMMER 24 | JUNE 9 - SEP. 7

3351 S. Gaffey St. San Pedro, CA
90731 310 - 521 - 9017
Heyrookie.pool@lacity.org

SCAN



LaParks.org



SwimLA.org

Admission Fees

Admission Prices		Lap Pass / Admission Pass	
Adult (18-49)	\$4.00	Adult (18-49)	\$88.00
Youth (0-17)	\$1.00	Youth (0-17)	\$25.00
Adults (50+)	\$1.00	Adults (50+)	\$25.00
Person w/ Disability	\$1.00	Person w/ Disability	\$25.00

All pass sales are final, no refunds or replacements

Holiday Hours

Wed June 19	Juneteenth Day	Closed
Thu July 4	Independence Day	1:00pm - 5:00pm
Mon Sept. 2	Labor Day	1:00pm - 5:00pm

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability, and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities.

The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games.

Recreational & Lap Swim Hours

Day	Recreational Swim	Adult Lap Swim
Mon - Fri	1:00pm - 4:00pm	10:00am - 1:00pm 6:00pm - 7:00pm
Sat & Sun	1:00pm - 5:00pm	1:00pm - 5:00pm

Limited lap lanes during programs

Swim Lessons

Registration will not be accepted over the phone. Online registration is available at swimla.org.

Preschool and Tiny Tots: 3 yrs. – 6 yrs. **Youth:** 7 yrs. – 17 yrs. **Adult:** 18 yrs. & older.

Fees must be paid at the time of registration.

No exceptions. Make checks payable to:

L.A. City Department of Recreation and Parks.

Cash, Check, Money Order, VISA & MASTER Card accepted.

No refunds or transfers unless class is canceled.

No make-ups for participant absences & posted holidays.

Proof of age required for children under 7 prior to registration by birth certificate or passport.

Youth Lessons \$10	Adult Lessons \$30	Tiny-Tots \$80
Private Lessons \$108 4 lessons	Lessons are 25 Minutes in length	

City of Los Angeles
Rec & Parks
Citywide Aquatics



Lesson Registration

Walk-In Registration - 9:00am

Monday - Friday

Session #	Registration	Lessons
Session 1	Sat, Jun. 1	Jun. 17 - Jun. 28
Session 2	Sat, Jun. 29	Jul. 1 - Jul. 12
Session 3	Sat, Jul. 13	Jul. 15 - Jul. 26
Session 4	Sat, Jul. 27	Jul. 29 - Aug. 9
Session 5	Sat, Aug. 10	Aug. 12 - Aug. 23

Saturday & Sunday

Session #	Registration	Lessons
Session 1	Sat, Jun. 1	Jun. 15 - Jul. 12
Session 2	Sat, Jun. 13	Jul. 13 - Aug. 9

Lesson Hours

Monday - Friday

Class	Time
Beginner	10:00am - 10:25am
Swimmer	10:00am - 10:25am
Advanced Beginner	10:30am - 10:55am
Intermediate	11:00am - 11:25am
Water Confidence	11:00am - 11:25am
Pre-School Aquatics	11:30am - 11:55am
Swimmer	11:30am - 11:55am
Beginner	4:00pm - 4:25pm
Advanced Beginner	4:30pm - 4:55pm
Intermediate	5:00pm - 5:25pm
Tiny Tots	5:30pm - 5:55pm

Saturday & Sunday

Class	Time
Adult	12:00pm - 12:25pm
Adaptive	12:30pm - 12:55pm
Private	Inquire with Pool Clerk

Youth Team Sports



Registration: June 2 | 9:00am

Registration requirements:

Assessment to demonstrate intermediate level swimming

Teams | \$10

PlayLA Swim Team | Monday - Friday | 6:00pm - 7:00pm | June 17 - Aug. 9

PlayLA Artistic Swim | Monday - Friday | 3:00pm - 4:00pm | June 17 - Aug. 9

PlayLA Water Polo | Monday - Friday | 5:00pm - 6:00pm | Jun. 17 - Aug. 9

Designed for entry-level athletes ages 7-17

Junior Lifeguard Program | \$50 | Age 9 - 17 | 4:00pm - 5:00pm | Mon - Fri

PlayLA Pentathlon Program | \$10 | Age 9 - 17 | 5:00 pm - 6:00 pm | Mon - Fri

Water Exercise

Full Session

\$55 Adult / 18-49

\$45 Adult / 50+

Walk-In Fee

\$6 Adult / 18-49

\$5 Adult / 50+

10 Classes

45 Minutes

Adult Aquatic Fitness

Monday - Friday | 8:00am - 8:45am ; 9:00am - 9:45 am

New This adult conditioning class will help build your endurance in swimming and provide a structured work out set as a group. Lanes will be divided by swimming levels.

Aquafit - Cardio

Monday - Friday | 12:00pm - 12:45pm

The techniques used in shallow and deep water exercise are designed for swimmers and non-swimmers. Water aerobics increases flexibility, balance, stamina, range of motion & provides a cardiovascular workout.

Follow all dates for lessons