

# CLINICS

## SKATEBOARD CLINIC

(Ages 7-12)

-SATURDAYS 230p-430p

October 12,19,26



## GPLA SOFTBALL CLINIC

-SATURDAYS 11am-1pm

(AGES 8-13)

OCTOBER 19, 26, NOV 2

## BASKETBALL CLINIC

(Ages 8-12)

-SATURDAY 2pm-4pm

December 7, 14, 21



### City of Los Angeles Recreation and Parks

KAREN BASS, MAYOR

#### Recreation and Parks Commissioners

RENATA SIMRIL, PRESIDENT, LUIS SANCHEZ, VICE PRESIDENT  
FIONA HUTTON, MARIE LLOYD, BENNY TRAN, COMMISSIONERS

#### Recreation and Parks Administration

JIMMY KIM, GENERAL MANAGER

MATTHEW RUTNICK, EXECUTIVE OFFICER, CHIEF OF STAFF

CHINYERE STONEHAM, ASSISTANT GENERAL MANAGER- RECREATIONAL SERVICE BRANCH

CATHIE SANTO-DOMINGO, ASSISTANT GENERAL MANAGER- PLANNING MAINTENANCE AND CONSTRUCTION BRANCH

BRENDA AGUIRRE, ASSISTANT GENERAL MANAGER, SPECIAL OPERATIONS DIVISION

#### Pacific Region

DEANNA DEDMON, SUPERINTENDENT

MICHAEL L.HARRISON, PRINCIPAL SUPERVISOR

JOSE MONGE, PRINCIPAL GROUNDS RECREATION MAINTENANCE SUPERVISOR II

ELAINE PIHA, PRINCIPAL RECREATION SUPERVISOR I

CHERYL GRAY, HARBOR DISTRICT SUPERVISOR

#### Harbor City Recreation Center

ANGELA PEÑA- RECREATION FACILITY DIRECTOR

#### Recreation Staff

JADEN WILLIAMS, ALICE DELEON, STEVEN GRAMAJO, CARLOS AGUIRRE, STEPHANIE BERNAL, KEVIN GOODALL,

BRUCE COSTA, AARON DENNY, JUNE RAMIREZ, SOPHIE COLLAZO

#### Maintenance Staff

TODD WALES - MAINTENANCE SUPERVISOR

SPECIAL PROGRAM ASSISTANT II BELINDA NOGUEZ

GARDENER CARETAKER KENNETH RITTER

# SPORTS LEAGUES

AGES 5-15



## CO-REC FLAG FOOTBALL

-ROOKIES (AGES 5-6)

-PEE WEE (AGES 7-8)

-MINORS (AGES 9-10)

-MAJORS (AGES 11-12)

-JRS (AGES 13-15)



## GPLA FLAG FOOTBALL

GLPA MINORS (AGES 8-10)

GPLA MAJORS (AGES 11-13)



## GPLA VOLLEYBALL

-MINORS (AGES 8-10)

-MAJORS (AGES 11-12)

-JRS (AGES 13-15)



# TEEN CLUB

TEEN CLUBS SERVE AS AN INTRODUCTION AND GATEWAY TO NEW AND EXCITING TEEN EXPERIENCES AND OPPORTUNITIES AVAILABLE TO CLASS PARKS TEEN CLUB MEMBERS. (DROP-IN PROGRAM)

-ASK OFFICE FOR MORE DETAILS

# ADULT AND SENIOR CLASSES

AGES 18 AND UP

## SENIOR WALKING CLUB

-FRIDAYS @ 11am-12pm



## AEROBICS & KICK BOXING/ ZUMBA

(AGES 15+)

-MONDAYS @ 7PM

## CARDIO FITNESS (Ages 16+)

-THURSDAYS @ 6pm



## SENIOR BOARD GAMES & CRAFTS

-TUESDAYS @ 1130am

## Adult BELLY DANCE (Ages 17+)

-Tuesdays 7pm



## Adult BASKETBALL

-TUESDAYS & THURSDAYS @  
8pm-10pm

## Adult VOLLEYBALL

-FRIDAYS @ 6pm-8pm



## Adult & Senior ZUMBA

-Ask office for information



PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. ALL INFORMATION/ACTIVITIES ARE SUBJECT TO CHANGE AND/OR CANCELLATION WITHOUT PRIOR NOTICE.