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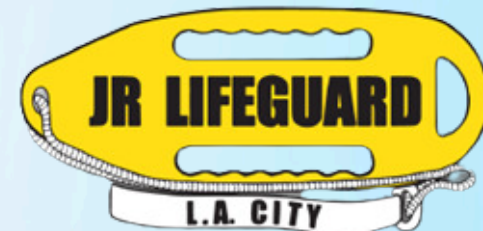
AQUATIC FACILITY MANAGER I

OSCAR CARMONA

ROBERT SCHALLERT



HANSEN DAM AQUATICS SUMMER 2025



11798 Foothill Blvd., Lake View Terrace, CA 91342. (818) 899-3779



PROGRAM



The Hansen Dam Junior Lifeguard Program is a seven week program designed to provide children, ages 9-17, with a well-rounded experience of knowledge, skills, and the lifestyle of an Open Water Lifeguard. All participants will be engaged in physical activities in the water and on dry land, with an emphasis on learning, maturing, self-respect, and respect for others.

AGE DIVISION (CO-ED)

AA: 16-17 YEARS

A: 14-15 YEARS

B: 12-13 YEARS

C: 9-11 YEARS



MANDATORY PARENT MEETING



The parent meeting is meant to give families an introduction to our program, provide a program calendar, deliver uniforms and meet the coaches. At least one parent/guardian must attend along with their new or returning Junior Lifeguard.

Date: Sunday, June 22, 2025

Location: Hansen Dam Lifeguard HQ

Time: 9:00am

TRYOUTS

New applicants must successfully complete a 100-Yard swim test in under 2:00 minutes prior to registration (returning applicants do not have to tryout).

Testing Dates: Starting May 3, 2025.

Time: 8:00am to 5:00 pm

Test Location: Hansen Dam Aquatic Center.

Tests are available 7 days a week. Please call prior to arriving.

REGISTRATION

Returning Applicants Registration Opens March 1, 2025

New Applicants Registration Opens May 3, 2025

Returning Applicants from past summer can sign up online or in person without a swim assessment.

All other applicants will be considered new and need to tryout. All new registration must be done at Hansen Dam Aquatic Center.



PROGRAM COST

The seven week program and costs:

\$ 500.00 per child

\$480.00 per additional child

Items needed for payment:

- Completed application
- Driver's license numbers for all checks.
- No refunds unless the program is cancelled.
- Checks made payable to:

L.A. City

Department of Recreation and Parks

PROGRAM DATES

Dates: June 23rd, 2025 - August 8th, 2025

Program Time: 8:00 AM -12:00 PM

Days: Monday through Friday

PROGRAM PACKET

Boys: 1 Jr. Guard shirt, 1 navy blue shorts, Rash guard

Girls: 1 Jr. Guard shirt, 1 navy blue shorts, Swim suit, Rash guard

Activities



FIRST AID SKILLS *



CPR SKILLS*



LIFESAVING SKILLS*



**KAYAKING/PADDLING/
SURFING**

this is not a certification



Physical activities include open water swimming, distance & sand running, and both standup and prone paddling, kayaking, snorkeling, and intro to surfing.

Competition events consist of: rescue board relays, run-swim-runs, buoy swims, rescue swim relays and beach flags. At various times during the season, participants will be able to compete against Junior Lifeguards throughout Southern California.

**Venice Beach
Santa Monica
Dockweiler Beach
Cabrillo Beach
Catalina Island**



Competitions



Competitions are fun social events that build self-esteem & camaraderie, consisting of individual events and team relays.

Competition & Field Trip Dates will be announced at the parent meeting
All tentative and Subject to change

**United States Life Saving Association
Los Angeles City Lifeguards**

- **Battle of The Beach - Cabrillo Beach**
- **Annual Hansen Dam JG Triathlon**
- **Catalina Field Trip**
- **CSLSA/USLARegional Competition**

(Participants are required to provide an entry fee)



Whats needed from the participants



- **Participants must purchase their own USLA Membership: Gold Junior Lifeguard \$20 - Purchased at USLA.ORG**
(more detail will be explained during Parent Meeting)
- **Everyday: JG Uniform, running shoes, sandals, Swim suits, Towels, Change of clothes, Sunscreen, Water, Lunch or Snacks**