

Monday, March 3

- **Ginger Orange Tofu**
- Shredded Carrots
- Pickled Red Cabbage
- Brown Rice

Tuesday, March 4

- **Scrambled Eggs**
- Black Beans
- Sweet Potato
- Tortilla Strips

Wednesday, March 5

- **Lemon Maple Salmon**
- Shredded Carrots
- Edamame
- Brown Rice

Thursday, March 6

- **Chicken Enchilada**
- Roasted Bell Peppers
- Black Beans
- Whole Wheat Rotini

Friday, March 7

- **Romesco Tofu**
- Cauliflower Rice
- Pineapple
- Turmeric Citrus Couscous

Monday, March 10

- **Scrambled Eggs**
- Sweet Potato
- Cooked Oats
- Pineapples

Tuesday, March 11

- **Chicken Curry**
- Yukon Potatoes
- Roasted Carrots
- Brown Rice

Wednesday, March 12

- **Seasoned Turkey**
- Black Beans
- Roasted Corn Salad
- Whole Wheat Rotini

Thursday, March 13

- **Creamy Lemon Pilaf**
- Broccoli
- Peas & Chickpeas
- Edamame

Friday, March 14

- **Pesto Chicken**
- Roma Tomatoes
- Baby Spinach
- Whole Wheat Rotini Pasta

Monday, March 17

- **Chicken Pastor**
- Cabbage Carrot Slaw
- Roasted Bell Peppers & Onions
- Whole Wheat Pasta

Tuesday, March 18

- **Pulled Pork**
- Broccoli
- Peppers and Onions
- Whole Wheat Pasta

Wednesday, March 19

- **Chicken Chimichurri**
- Spinach
- Diced Tomato
- Brown Rice

Thursday, March 20

- **Yucatan Salmon**
- Black Beans
- Corn Salsa
- Plantains

Friday, March 21

- **Thai Red Curry**
- Roasted Carrots
- Broccoli
- Whole Grain Noodles

Monday, March 24

- **Scrambled Eggs**
- Sweet Potato
- Whole Grain English Muffin
- Fruit

Tuesday, March 25

- **Grilled Chicken Breast**
- Roasted Squash Corn
- Cilantro Brown Rice
- Mixed Fruit

Wednesday, March 26

- **Seasoned Turkey**
- Black Beans
- Roasted Corn Salad
- Whole Grain Rotini

Thursday, March 27

- **Vegan Yakisoba Noodles**
- Seasoned Tofu
- Edamame
- Red Bell peppers

Friday, March 28

- **Mexicali Chicken**
- Corn
- Roasted Peppers & Onions
- Brown Rice

Monday, March 31

CLOSED
CESAR CHAVEZ DAY

▪ Menu subject to change
▪ \$3 suggested donation

