JEWISH FAMILY SERVICE LA

FELICIA MAHOOD MENU Monday - Friday 11:30am-1:00pm

Monday, June 3

- Southwest Shredded Chicken
- Warm Corn Tortilla
- Pinto Beans
- Peaches or Melon

Tuesday, June 4

- Shepherd's Pie
- Mashed Potatoes
- Carrots
- Orange/Kiwi

Wednesday, June 5

- Baked Fish Almandine
- Barley
- Green Beans
- Berries

Thursday, June 6

- Chicken Adobo
- Brown Rice
- Green Peas
- Pineapple & Mango Cup

Friday, June 7

- Vegetable Lasagna
- Pasta
- Broccoli
- Cantaloupe

Monday, June 10

- Baked Pollock
- Brown Rice
- Mixed Veggie Blend
- Applesauce

Tuesday, June 11

- Cashew Chicken
- Lo Mein Noodles
- Green Peas
- Fresh Fruit

Wednesday, June 12 CLOSED

Thursday, June 13 CLOSED

Friday, June 14

- Pot Roast
- Sage Mashed Potatoes
- Peas & Onions
- Fresh Fruit

Monday, June 17

- BBQ Chicken
- Peas & Corn
- Chopped Mix Salad
- Strawberries

Tuesday, June 18

- Salmon w/Dill Sauce
- Sweet Potato
- Sauteed Spinach
- Cinnamon Applesauce

Wednesday, June 19 CLOSED

Thursday, June 20

- Vegetarian Chili
- Green Beans
- Mixed Salad Greens
- Banana

Friday, June 21

- Chicken Milanese
- Linguine w/Pesto
- Caesar Salad
- Orange

Monday, June 24

- Spaghetti w/ Meat Sauce
- Broccoli
- Green Beans
- Fresh Pear

Tuesday, June 25

- Mediterranean Chicken
- Brown Rice Pilaf
- Roasted Vegetables
- Tangerine

Wednesday, June 26

- Roast Turkey Breast
- Whole Grain Stuffing
- Butternut Squash
- Kiwi

Thursday, June 27

- Chicken Adobo
- Brown Rice
- Green Peas
- Orange

Friday, June 28

- Beef Fajita
- Brown Rice
- Pinto Beans
- Fruit Cup

- Menu subject to change
- \$3 suggested donation

