JEWISH FAMILY SERVICE LA

FAIRFAX SENIOR CENTER

MONDAY-FRIDAY 10:30AM-12:00PM

Monday, June 3

- Beef Bourguignon
- Garlic Mashe Potatoes
- Yellow Squash & Peas
- Peaches

Tuesday, June 4

- Chicken Stroganoff
- Penne Pasta
- Spinach & Orange Salad
- Banana

Wednesday, June 5

- Curried Fish
- Brown Rice
- Green Beans w/ Mushrooms
- Cantaloupe

Thursday, June 6

- · Beef Burger
- Sweet Potato
- Green Salad
- Fresh Orange

Friday, June 7

- Herbed Baked Chicken
- Potato Kugel
- Cole Slaw Salad
- Marble Cake

Monday, June 10

- Salmon Patty
- Kasha
- Roasted Cauliflower
- Applesauce

Tuesday, June 11

- Turkey Chili
- Baked Potato
- Seasoned Broccoli
- Mandarin Orange

Wednesday, June 12

CLOSED

Thursday, June 13

CLOSED

Friday, June 14

- Orange Glazed Chicken
- Noodle Kugel
- Sweet Potato
- Mixed Green Salad

Monday, June 17

- Beef Picadillo
- Roasted Carrots
- Corn Tortilla
- Pears

Tuesday, June 18

- Garlic Fish
- Barley
- Zucchini & Corn
- Apple/Applesauce

Wednesday, June 19

CLOSED

Thursday, June 20

- · Tuna Noodle Casserole
- Seasoned Spinach
- Beets
- Orange

Friday, June 21

- · Khoresht Garach Chicken
- Potato Kugel
- Quinoa
- Fruit in Season

Monday, June 24

- · Hungarian Goulash
- Kasha
- Corn
- Peaches

Tuesday, June 25

- Sesame Chicken
- Asian Noodles
- Asian Vegetables
- Cantaloupe

Wednesday, June 26

- Fish Veracruz
- Brown Rice
- Butternut Squash
- Orange

Thursday, June 27

- Beef Patty
- Whole Wheat Roll
- Baked Potato
- Banana

Friday, June 28

- Garlic Chicken
- Noodle Kugel
- Coleslaw
- Mango Cake

- Menu subject to change
- \$3 suggested donation
- This Senior Nutrition program is funded in whole or in part by Los Angeles County Area Agency on Aging
- Rabbinical Council
 of California
 (Kosher Certification)

