



# FSCC DECEMBER NEWS



**FAIRFAX SENIOR CITIZENS CENTER**  
**7929 MELROSE AVE LA CA 90046**  
**(323) 653-1824**

<https://www.laparks.org/scc/fairfax>

**RONALD EVANS**  
**CENTER DIRECTOR**

**WEEKLY CLASS**  
**SCHEDULE ON**  
**BACK-SIDE**

## BINGO

**EVERY WEDNESDAY**  
**1:00PM TO 3:00PM**  
**BL# S1015**

## MAH JONGG CLUB

**Every Mon. & Fri,**  
**12:30PM TO 3:00PM**

## ART CLASS

**TUES & THURS**  
**11:30AM TO 12:45PM**

## TECH TUESDAYS

**COMPUTER HELP**  
**11:30AM TO 12:30PM**

## DISASTER PREPAREDNESS

**MONDAY, DEC 16TH**  
**1:00PM TO 2:30PM**

**FOOD, RAFFLES & PRIZES**  
**FIRE SAFETY**  
**EARTHQUAKE PREP**  
**FREE GIFT AND MORE**

**PLEASE SIGN-UP TODAY**

## HOLIDAY PARTY

**TUESDAY DEC 17TH**  
**12:30PM TO 3:00PM**

**DANCING, FOOD, PRIZES**  
**& ENTERTAINMENT**

**AUCTION BAGS**

**PLEASE SIGN-UP TODAY**

## EYE CARE YOGA

**EVERY FRIDAY**  
**12:030PM TO 2:00PM**  
**FOCUS ON**  
**WELLBEING**

## MEDITATION

**TUES & THURS**  
**1:00PM TO 2:00PM**  
**MEDITATIVE YOGA**  
**AND SOUNDBATH**

## YOGA

**WED & FRI**  
**10:00AM TO 12:00PM**  
**THIS AN ADVANCED**  
**YOGA CLASS**  
**STRENGTH & YOGA**  
**\$7 PER DAY OR**  
**\$40 MONTH**

## MONDAY

- 9:00 AM TO 3:30 PM - PUZZLE CLUB & GAME TIME (FREE)
- 10:30 AM TO 1:30 PM - COMPUTER LAB (FREE)
- 10:30 AM TO 1:30 PM – MAH JONGG CLUB (FREE)

## TUESDAY

- 9:00 AM TO 3:30 PM - PUZZLE CLUB & GAME TIME (FREE)
- 11:30 AM TO 12:30 PM - TECH HELP WITH BILL (FREE)
- 1:00 PM TO 2:00 PM – TRIVIA CLUB (FREE)
- 11:30 AM TO 12:30 PM - MULTIMEDIA ART CLASS WITH TESHA (FREE)
- 12:15 PM TO 12:45 PM - WALK WITH EASE WITH RON (FREE)
- 1:00 PM TO 2:00 PM - CHAIR YOGA WITH MARUCA (FREE)
- 1:00 PM TO 2:00 PM - SOUND BATH & MEDITATION YOGA WITH TESHA (FREE)

## WEDNESDAY

- 9:00 AM TO 3:30 PM - PUZZLE CLUB & GAME TIME (FREE)
- 10:00 AM TO 12:00 PM - STRENGTH YOGA WITH MARUCA (\$7.00 PER CLASS OR \$40 PER MONTH)
- 10:30 AM TO 1:30 PM - COMPUTER LAB (FREE)
- 1:00 PM TO 3:00 PM - BINGO (WIN PRIZES) (\$0.25 PER CARD, 6 CARDS MAXIMUM, LIC # S1015)

## THURSDAY

- 9:00 AM TO 3:30 PM - PUZZLE CLUB & GAME TIME (FREE)
- 10:30 AM TO 1:30 PM - COMPUTER LAB (FREE)
- 11:30 AM TO 12:30 PM - MULTIMEDIA ART CLASS WITH TESHA (FREE)
- 12:15 PM TO 12:45 PM - WALK WITH EASE WITH RON (FREE)
- 1:00 PM TO 2:00 PM - CHAIR YOGA WITH MARUCA (FREE)
- 1:00 PM TO 2:00 PM - SOUND BATH & MEDITATION YOGA WITH TESHA (FREE)

## FRIDAY

- 9:00 AM TO 3:30 PM - PUZZLE CLUB & GAME TIME (FREE)
- 10:00 AM TO 12:00 AM - STRENGTH YOGA WITH MARUCA (\$7.00 PER CLASS OR \$40 PER MONTH)
- 10:30 AM TO 1:30 PM - COMPUTER LAB (FREE)
- 12:30 PM TO 3:00 PM – MAH JONGG CLUB (Free)
- 12:30 PM TO 2:00 PM – EYE CARE YOGA (\$7 PER CLASS OR \$20 PER MONTH)
- 1:00 PM TO 3:30 PM – MOVIE TIME & POPCORN (FREE)

## SPECIAL EVENTS

- 1:00 PM DEC 16TH - DISASTER PREPAREDNESS EVENT
- 12:30 PM DEC 17TH - HOLIDAY PARTY EVENT



Classes & Event Flyers are available to view or print at:  
<https://www.laparks.org/scc/fairfax> or scan this QR code