

FAIRFAX SENIOR CITIZENS CENTER

7929 MELROSE AVENUE LOS ANGELES CA 90046

(323) 653-1824

EVERY FRIDAY
12:30PM-2:00PM



\$7 PER CLASS OR
\$20 PER MONTH

EYE CARE YOGA

* BETTER FOCUS * RELAX *

* FOCUS ON SIGHTS, EMOTIONS AND

WELL BEING * MEDITATION * VISUALIZATION * GRATITUDE *

* STILLNESS IN MOVEMENT *



CITY OF LOS ANGELES MAYOR KAREN BASS
5TH DISTRICT COUNCILWOMAN KATY YAROSLAVSKY



FULL REFUNDS WILL NOT BE GIVEN UNLESS CLASS IS CANCELLED BY THE CENTER. A 15% ADMINISTRATIVE FEE WILL BE ADDED TO ALL REFUNDS. PROGRAMMING SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENT.