

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<p>1 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm</p>	<p>2 Self Defense Class 9am Computer Class(returners) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm</p>	<p>3 MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Smart Phone Class iPhone 9am/Android 10:30am Square Dance 7:30pm-9pm</p>	<p>4 Zumba 9:30am-10:30am CRAFT CLUB 10am-12pm Book Club 12:30pm-2:30pm</p>	
<p>7 Computer Class 9:30am-11am(beginners) Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p>8 E-Brace Presentation 12PM MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm</p>	<p>9 Self Defense Class 9am Computer Class(returners) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm</p>	<p>10 La Historia Museum Presentation 12pm MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Smart Phone Class iPhone 9am/Android 10:30am Square Dance 7:30pm-9pm</p>	<p>11 Zumba 9:30am-10:30am CRAFT CLUB 10am-12pm Book Club 12:30pm-2:30pm</p>	
<p>14 Facility Closed Indigenous People day</p>	<p>15 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm</p>	<p>16 Self Defense Class 9am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm</p>	<p>17 Suicide Prevention Presentation 12pm MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm</p>	<p>18 Zumba 9:30am-10:30am CRAFT CLUB 10am-12pm Book Club 12:30pm-2:30pm Beginners Spanish Class 1pm-2:30pm</p>	
<p>21 Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p>22 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm</p>	<p>23 Self Defense Class 9am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm</p>	<p>24 Movie of the Month 12pm MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm (3rd flr GYM) CIRCUIT TRAINING 11am-12pm Square Dance 7:30pm-9pm 7:30pm-9pm</p>	<p>25 E-Bike Class & Training 10am Zumba 9:30am-10:30am CRAFT CLUB 10am-12pm Book Club 12:30pm-2:30pm Beginners Spanish Class 1pm-2:30pm</p>	
<p>28 Computer Class 9:30am-11am(beginners) Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p>29 MAMBO CLASS 9:30am-1030am English Now(ESL)10am-12pm SALSA CLASS11am-12pm (3rd flr GYM) Circuit Training 11:00am-12:00pm</p>	<p>30 Self Defense Class 9am Computer Class(returners) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm</p>	<p>31 Halloween Bat Party 12pm MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm(3rd flr GYM) CIRCUIT TRAINING 11am-12pm Smart Phone Class iPhone 9am/Android 10:30am Square Dance 7:30pm-9pm</p>	<p>FOR MORE INFOMATION Ahmanson Senior Center 3990 Bill Robertson Ln. Los Angeles, CA 90037 213.763.0118 www.laparks.org/expo Facebook.com/ expocenterla</p>	<p>IMPORTANT ANNOUNCEMENT MONTHLY MEMBERSHIP IS DUE AT THE BEINNING OF EACH MONTH AND REQUIRED TO PARTICIPATE IN SENIOR CLASSES AND EVENTS</p>

AHMANSON SENIOR CENTER







FALL 2024

SCHEDULE OF CLASSES/ HORARIO DE CLASES



EXPO CENTER



MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES
<p>Computer Class (Beginners) 9:30 AM - 11AM</p> <p>Art Class 10am-12pm</p> <p>Beginners Line Dance 11am-12pm</p> <p>Line Dance 12:30pm-2:30pm</p>  	<p>MAMBO MANIA 9:30AM-10:30AM</p> <p>English Now(ESL) 10am-12pm</p> <p>SALSA CLASS 11:00AM- 12:00PM</p> <p>CIRCUIT TRAINING 11:00AM-12:00PM</p> 	<p>Self Defense Class 9:00 AM</p> <p>Computer Class (Returners) 9:30 AM - 11AM</p> <p>QUILTING 10:00AM-3:00PM</p> <p>CREATIVE WRITING 11:00AM -1:00PM</p> <p>KNITTING & CROCHETING 10:00AM-3:00PM</p> <p>BEGINNER SALSA CLASS 11:00AM- 12:00PM</p> 	<p>Smart Phone Class iPhone 9am Android 10:30am</p> <p>English Now(ESL) 10am-12pm</p> <p>MAMBO MANIA 9:30AM-10:30AM</p> <p>SALSA CLASS 11:00AM- 12:00PM</p> <p>CIRCUIT TRAINING 11:00AM-12:00PM</p> 	<p>ZUMBA 9:30AM-10:30AM</p> <p>CRAFT CLUB 10:00AM-12:00PM</p> <p>Book Club 12:30pm- 2:30pm</p> <p>Beginners Spanish Class 1pm-2:30pm</p> 

IMPORTANT INFORMATION

Parking Decal **REQUIRED** for EXPO Parking . Request one at the Senior Center Office

Programming can be changed at anytime without notice depending on mandates from the City of Los Angeles

Tuesday, October 8, 2024
E-Brace Presentation 12pm

Thursday, October 10, 2024
La Historia Society Museum
12pm

Thursday, October 17, 2024
Suicide Prevention
Presentation 12pm

Thursday, October 24, 2024
Movie of the Month 12pm

Friday, October 25, 2024
E-Bike Training 10am

Thursday, October 31, 2024
Halloween Bat Party 12pm

MUST BE A MEMBER TO PARTICIPATE. TIENE QUE SER MIEMBRO PARA