

# AHMANSON SENIOR CENTER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**2** Computer Class  
9:30am-11am(beginners)  
Art Class  
10:00am-12:00pm  
Beginners Line Dance  
11am-12pm  
Line Dance 12:30pm-2:30pm

**3** MAMBO CLASS  
9:30am-1030am  
English Now(ESL)  
10am-12pm  
SALSA CLASS11am-12pm  
Circuit Training  
11:00am-12:00pm

Self Defense Class 9am  
Computer Class(returners)  
9:30am-11am  
KNITTING & QUILTING  
10am-3pm  
Beginner SALSA CLASS  
11am-12pm  
CREATIVE WRITING  
11am-1pm

**5** MAMBO MANIA  
9:30am-10:30am  
English Now(ESL)10am-12pm  
Music Class 10am-12pm  
SALSA CLASS 11am-12pm  
CIRCUIT TRAINING 11am-12pm  
Smart Phone Class  
iPhone 9am/Android 10:30am  
Square Dance 7:30pm-9pm

**6** Medieval Times  
Field Trip  
9am-3pm

**7**

**9** Computer Class  
9:30am-11am(beginners)  
Art Class  
10:00am-12:00pm  
Beginners Line Dance  
11am-12pm  
Line Dance  
12:30pm-2:30pm

**10** MAMBO CLASS  
9:30am-1030am  
SALSA CLASS11am-12pm  
Circuit Training  
11:00am-12:00pm

**11** Self Defense Class 9am  
Computer Class(returners)  
9:30am-11am  
KNITTING & QUILTING  
10am-3pm  
Beginner SALSA CLASS  
11am-12pm  
CREATIVE WRITING  
11am-1pm

**12** Understanding Childhood  
Behaviors and Disorders  
Presentation 12pm  
MAMBO MANIA  
9:30am-10:30am  
Music Class 10am-12pm  
SALSA CLASS 11am-12pm  
CIRCUIT TRAINING 11am-12pm  
Smart Phone Class  
iPhone 9am/Android 10:30am  
Square Dance 7:30pm-9pm

**13** CRAFT CLUB 10am-12pm  
Book Club  
12:30pm- 2:30pm  
Yoga 11 am-12pm  
African Dance and Drumming  
12pm-1pm  
Beginners Spanish 1pm-230pm

**14**

**16** Computer Class  
9:30am-11am(beginners)  
Art Class  
10:00am-12:00pm  
Beginners Line Dance  
11am-12pm  
Line Dance  
12:30pm-2:30pm

**17** MAMBO CLASS  
9:30am-1030am  
English Now(ESL)  
10am-12pm  
SALSA CLASS11am-12pm  
Circuit Training  
11:00am-12:00pm

**18** Self Defense Class 9am  
Computer Class(returners)  
9:30am-11am  
KNITTING & QUILTING  
10am-3pm  
Beginner SALSA CLASS  
11am-12pm  
CREATIVE WRITING  
11am-1pm

**19** Movie of the Month 12pm  
MAMBO MANIA 9:30am-10:30am  
English Now(ESL)10am-12pm  
Music Class 10am-12pm  
SALSA CLASS 11am-12pm (GYM)  
CIRCUIT TRAINING 11am-12pm  
Smart Phone Class  
iPhone 9am/Android 10:30am  
Square Dance 7:30pm-9pm

**20** CRAFT CLUB 10am-12pm  
Book Club  
12:30pm- 2:30pm  
12pm-1pm  
Beginners Spanish 1pm-230pm

**21**

**23** Computer Class  
9:30am-11am(beginners)  
Art Class  
10:00am-12:00pm  
Beginners Line Dance  
11am-12pm  
Line Dance 12:30pm-2:30pm

**24** MAMBO CLASS  
9:30am-1030am  
English Now (ESL)  
10am-12pm  
SALSA CLASS11am-12pm  
Circuit Training  
11:00am-12:00pm

**25** Facility  
Closed  
Christmas

**26** MAMBO MANIA  
9:30am-10:30am  
English Now (ESL) 10am-12pm  
Music Class 10am-12pm  
SALSA CLASS 11am-12pm  
CIRCUIT TRAINING 11am-12pm  
Smart Phone Class  
iPhone 9am/Android 10:30am  
Square Dance 7:30pm-9pm

**27** CRAFT CLUB 10am-12pm  
Book Club  
12:30pm- 2:30pm  
Beginners Spanish 1pm-230pm

**28**

**30** Art Class  
10:00am-12:00pm  
Beginners Line Dance  
11am-12pm  
Line Dance  
12:30pm-2:30pm

**31** MAMBO CLASS  
9:30am-1030am  
English Now(ESL)  
10am-12pm  
SALSA CLASS11am-12pm  
Circuit Training  
11:00am-12:00pm

**FOR MORE INFOMATION:**  
Ahmanson Senior Center  
3990 Bill Robertson Ln.  
Los Angeles, CA 90037  
213.763.0119  
www.laparks.org/expo  
Facebook.com/expocenterla

**IMPORTANT  
ANNOUNCEMENT**  
MONTHLY MEMBERSHIP  
IS REQUIRED  
TO PARTICIPATE IN  
SENIOR CLASSES  
AND EVENTS

# AHMANSON SENIOR CENTER

FALL 2024







## SCHEDULE OF CLASSES/ HORARIO DE CLASES



EXPO CENTER



PARK PROUD LA

MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES
<p>Computer Class (Beginners) 9:30 AM - 11AM</p> <p>Art Class 10am-12pm</p> <p>Beginners Line Dance 11am-12pm</p> <p>Line Dance 12:30pm-2:30pm</p>  	<p>MAMBO MANIA 9:30AM-10:30AM</p> <p>English Now(ESL) 10am-12pm</p> <p>SALSA CLASS 11:00AM- 12:00PM</p> <p>CIRCUIT TRAINING 11:00AM-12:00PM</p> 	<p>Self Defense Class 9:00 AM</p> <p>Computer Class (Returners) 9:30 AM - 11AM</p> <p>QUILTING 10:00AM-3:00PM</p> <p>CREATIVE WRITING 11:00AM -1:00PM</p> <p>KNITTING &amp; CROCHETING 10:00AM-3:00PM</p> <p>BEGINNER SALSA CLASS 11:00AM- 12:00PM</p> 	<p>Smart Phone Class iPhone 9am Android 10:30am</p> <p>English Now(ESL) 10am-12pm</p> <p>MAMBO MANIA 9:30AM-10:30AM</p> <p>MUSIC CLASS 10 AM-12PM (resumes 1/8/25)</p> <p>SALSA CLASS 11:00AM- 12:00PM</p> <p>CIRCUIT TRAINING</p> 	<p>CRAFT CLUB 10:00AM-12:00PM</p> <p>Yoga 11am-12pm (resumes 1/10/25)</p> <p>Book Club 12:30pm- 2:30pm</p> <p>Beginners Spanish Class 1pm-2:30pm</p> <p>African Dance and Drumming 12:30pm-1:30pm (resumes 1/10/25)</p> 

### IMPORTANT INFORMATION

Parking Decal REQUIRED for EXPO Parking . Request one at the Senior Center Office

Programming can be changed at anytime without notice depending on mandates from the City of Los Angeles

Your patience at this time is greatly appreciated

Medieval Times Field Trip  
9am-3pm

Understanding Childhood Behaviors and Disorders  
Presentation 12pm

Thursday, December 19, 2024  
Movie of the Month 12pm

Wednesday December 25, 2024  
Christmas Facility Closed

[www.laparks.org/expo](http://www.laparks.org/expo) [facebook.com/expocenterla](https://facebook.com/expocenterla) For more Information/Para mas Informacion:

**MUST BE A MEMBER TO PARTICIPATE. TIENE QUE SER MIEMBRO PARA**