

# EG ROBERTS AQUATIC CENTER

## Summer 2024: June 2 - September 7

EleanorGRoberts.Pool@lacity.org

(323) 936-8483 • 4526 W Pico Blvd Los Angeles, CA 90019

### ADMISSION FEES

Daily Admission		Lap Pass/ Admission Pass	
Adult (18-49)	\$4.00	Adult (18-49)	\$88.00
Older Adults (50+)	\$1.00	Adults (50+)	\$25.00
Youth (0-17)	\$1.00	Youth (0-17)	\$25.00
Persons w/ Disabilities	\$1.00	Persons w/ Disabilities	\$25.00

**\*All pass sales are final, no refunds or replacements\***

### HOLIDAYS

June 19, 2024	Juneteenth	Pool Closed
July 4, 2024	Independence Day	1:00 PM - 5:00 PM
September 2, 2024	Labor Day	1:00 PM - 5:00 PM

### LAP SWIM

June 2 - September 3

Monday - Friday (25 Yards)	8:00 AM - 10:00 AM
Tuesday & Thursday (25 Yards)	7:00 PM - 8:00 PM
Saturday & Sunday (25 Yards)	11:00 AM - 1:00 PM

**Up to 6 swimmers per lane. Number of lanes available may vary. Shower-Patrons only allowed during Lap Swim hours.**

### Recreational Swim

June 2 - September 3

Monday - Friday	11:00 AM - 1:00 PM
Monday, Wednesday & Friday	4:00 PM - 8:00 PM
Tuesday & Thursday	4:00 PM - 7:00 PM
Saturday & Sunday	1:00 PM - 5:00 PM



# EG ROBERTS AQUATIC CENTER

## Summer 2024: June 2 - September 7

EleanorGRoberts.Pool@lacity.org

(323) 936-8483 • 4526 W Pico Blvd Los Angeles, CA 90019

### Lesson Registration

Registration will not be accepted over the phone.

Online registration is available.

Swim Assessment required for Youth Group Classes prior to registration.

**Tiny Tots:** \$80 **Ages:** 3-6

**Youth Group Classes:** \$10 **Ages:** 7-17

**Adult Group Classes:** \$30 **Ages:** 18+

Fees must be paid at the time of registration. **No Exceptions.**

Make checks payable to: **L.A. City Department of Recreation and Parks.** Cash, Check, Money Order, VISA & MASTER Card accepted.

**No refunds or transfers** unless class is canceled.

**No make-ups** for participant absences & posted holidays.

### Class Registration Schedule

Session	Session Dates	Registration	Class Days
<b>Session 1</b>	06/17/24 - 06/28/24	06/01/24 @ 9:00 AM	All Classes
<b>Session 2</b>	07/01/24 - 07/12/24	06/29/24 @ 9:00 AM	Weekday Classes
<b>Session 2B</b>	07/13/24 - 08/09/24	07/13/24 @ 9:00 AM	Weekend Classes
<b>Session 3</b>	07/15/24 - 07/26/24	07/13/24 @ 9:00 AM	Weekday Classes
<b>Session 4</b>	07/29/24 - 08/09/24	07/27/24 @ 9:00 AM	Weekday Classes
<b>Session 5</b>	08/12/24 - 08/23/24	08/10/24 @ 9:00 AM	Weekday Classes

#### Monday - Friday

**11:00 AM - 11:25 AM:** Preschool Aquatics

**11:30 AM - 11:55 AM:** Water Confidence

**12:00 PM - 12:25 PM:** Beginner

**12:30 PM - 12:55 PM:** Advanced Beginner

**1:00 PM - 1:25 PM:** Water Confidence

**1:30 PM - 1:55 PM:** Beginner

**3:00 PM - 3:25 PM:** Intermediate

**3:00 PM - 3:25 PM:** Advanced Beginner

**3:00 PM - 3:25 PM:** Beginner

**3:30 PM - 3:55 PM:** Swimmer

**3:30 PM - 3:55 PM:** Water Confidence

**3:30 PM - 3:55 PM:** Beginner

**7:00 PM - 7:25 PM:** Preschool Aquatics

**7:30 PM - 7:55 PM:** Adult

#### Wednesday & Friday

**2:00 PM - 2:25 PM:** Tiny Tots

**2:30 PM - 2:55 PM:** Tiny Tots

#### Saturday & Sunday

**12:00 PM - 12:25 PM:** Adaptive



# Swim Lesson Information

- **Tiny Tots:** 4 students maximum enrolled, No parent in the water required. Children will learn how to enter and exit the water independently, submerge face underwater and blow bubbles for 3 seconds, glide on front for 2 body lengths then roll to back and float for 3 seconds, and perform combined arm and leg actions on front and back. **Age: 3-6**
- **Preschool Aquatics:** Class follows the same curriculum as *Tiny Tots*. Parent within arms distance of their child including in the water is required for Preschool Aquatics. **Age: 3-6**
- **Water Confidence Level 1:** Introduction to water safety and water acclimation. This beginner level teaches buoyancy in water and basic locomotion skills. Kicking, breathing and alternative arm action techniques are introduced. **Age: 7-17**
- **Beginner Level 2:** Participants learn locomotion skills including combined arm and leg actions on front and back and swimming in chest-deep water. **Age: 7-17**
- **Advanced Beginner Level 3:** Participants learn the Front Crawl, Breaststroke kick, Sidestroke kick, and the Elementary Backstroke. **Age: 7-17**
- **Intermediate Level 4:** Participants learn the Breaststroke, Butterfly, Back Crawl, and the Sidestroke. **Age: 7-17**
- **Swimmer Level 5:** Participants learn to refine their performance of all six swimming strokes (i.e. Front Crawl, Back Crawl, Butterfly, Breaststroke, Elementary Backstroke, and Sidestroke). **Age: 7-17**
- **Adult Beginner Level 1:** Participants gain basic aquatic skills and swimming strokes. **Age: 18+**
- **Adult Intermediate Level 2:** Improve participants' proficiency in basic aquatic skills and the six basic swimming strokes. **Age: 18+**
- **Adaptive Aquatics:** Adaptive Aquatics is a swim lesson program open for adult and youth participants who need special accommodation. This is a group lesson, where the instructor incorporates water safety and swimming fundamentals, while accommodating the needs of each individual. Aides are encouraged to get in the water with their participant at no extra cost, but are not mandated to unless specifically needed for medical or safety reasons. **Ages: 7+**

## Additional Facility Information

Entrance is Denied to:

- Children under seven (7), unless accompanied by an adult on a one-to-one ratio.
- Children under the age of four (4) without an approved "swim diaper" or plastic pants with elastic around the waist and legs.

Also, please adhere to the following:

- Proper swim attire is as follows;
  - Swimmers must wear swim trunks with a liner AND a drawstring, board shorts are acceptable, OR
  - Swimmers must wear a bathing suit, may be a one-piece or two-piece.
- Inappropriate swim attire is as follows:
  - No cut-offs, bike shorts, basketball shorts, or street shorts,
  - No white t-shirts or white rash guards or shirts of any kind,
  - Swimsuit must cover the buttocks, no thongs,

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

The classes and programs in this brochure may be subject to cancellation.



# EG ROBERTS AQUATIC CENTER

## Summer 2024: June 2 - September 7

EleanorGRoberts.Pool@lacity.org

(323) 936-8483 • 4526 W Pico Blvd Los Angeles, CA 90019

### Youth Team Sports

Designed for entry-level competitors, proof of age required at time of registration. Participants will compete in a department-sponsored league. All meet times and locations will be announced at facility prior to event.

**Season: June 17, 2024 - August 9, 2024**

**Registration:** Saturday June 2, 2024 @ 9:00 AM

**Registration Requirements:** Assessment to demonstrate Intermediate level swimming (Level 4)

**Fee:** \$10

<b>Junior Lifeguards</b>	Ages: 7-17	Monday - Friday	12:00 PM - 1:00 PM
<b>Dive Team</b>	Ages: 9-17	Monday - Friday	1:00 PM - 2:00 PM
<b>Water Polo</b>	Ages: 7-17	Monday - Friday	4:00 PM - 5:00 PM
<b>Artistic Swimming</b>	Ages: 7-17	Monday - Friday	5:00 PM - 6:00 PM
<b>Swim Team</b>	Ages: 7-17	Monday - Friday	6:00 PM - 7:00 PM

*\*See reverse for program descriptions\**

### Learn to Surf

**Session 1: 6/17 - 6/24**

**Session 5: 7/15 - 7/19**

**Registration:** Saturday June 2, 2024 @ 9:00 AM

**Registration Requirements:** Must complete swim evaluation 100 Yards continuous Freestyle prior to registration.

**Ages:** 9-17

**Fee:** \$10

**Program takes place at Venice Beach.**

**Participant Pick Up:** 8:00 AM

**On the Beach:** 9:00 AM - 2:00 PM\*

**Participant Drop Off:** 3:00 PM\*

\*Traffic Permitting\*

Made possible by the LA28 Olympic and Paralympic Games



Follow us on  
Instagram  
@iswimla



## Artistic Swimming

Artistic Swimming is also known as Synchronized Swimming. It's a hybrid form of swimming, dance and gymnastics, consisting of swimmers performing a synchronized routine of elaborate moves in the water, accompanied by music. It demands good water skills, strength, endurance, flexibility, good breathing control when underwater, and precise timing.

## Dive Team

Springboard diving is classified as an art as well as a sport. Divers compete in one-meter springboard events throughout the season. The diver must have total body control and good kinesthetic awareness. Practices are designed to build endurance, refine proper technique and execution of a dive from start to finish.

## Junior Lifeguards

Jr. Lifeguards are introduced to skills which include lifeguard skills, water safety, CPR, first aid, emergency response, snorkeling, small crafts, and assisting in teaching swim lessons. The primary objective is teaching participants the importance of safety in an aquatic environment and the value of teamwork. The daily practices include lectures and workouts which are intended to prepare participants for competitions and field trips.

**Participants must be able to pass level 6 or can swim 200 yards crawl stroke and 100 yards medley (25 yards of each stroke: breaststroke, back crawl, sidestroke and front crawl).**

## Learn to Surf

Learn to Surf is a program designed for youth to learn basic ocean safety through surf education. Participants will learn: Identification of hazards at the beach, body surfing, paddling in & around the surf zone and popping up. All necessary equipment will be provided to participants which include surfboards, wetsuits, rashguard, T-shirt & shorts. Transportation may be provided to and from the beach if needed. Sites are subject to change based on water conditions.

**Must complete swim evaluation 100 Yards continuous Freestyle prior to registration.**

## Swim Team

Swim Team is designed to improve swimming stroke and technique, while participating in regional competitions citywide. Practices are designed to build endurance, efficient strokes, starts, dives, turns and finishes.

## Water Polo

Water Polo is a sport similar to both soccer and basketball. When played there are seven players on the field at a time, 6 field players and 1 goalkeeper. The basic fundamental skills of swimming include, treading water (egg-beater), passing (ball skills) and shooting the ball into the goal. Practices are designed to build endurance, teach the basics of games, and focused on teamwork. Youth will be placed in teams based on their age.

Made possible by the LA28 Olympic and Paralympic Games



Follow us on  
Instagram  
@iswimla





# Pool Rules

## General Pool Rules

- Entrance is denied to:
  - Children under 7, unless accompanied by an adult on a one-to-one ratio.
  - Children under the age of four (4) without an approved "Swim Diaper" or pants with an elastic around the waist and legs.
  - Persons under the influence of alcohol or narcotics.
  - Persons with colds, coughs, nasal or eye discharges, skin eruptions, open wounds, open sores or bandages.
  - Pets.
- Check all valuables with cashier.
- Personal Property not permitted in the swimming pool or deck area:
  - Street Clothes & Shoes
  - Floating apparatus, glass objects or containers of any kind
  - Sports or swim equipment, radios or phonographs
  - Wheeled vehicles or toys (exceptions: department aquatic programs)
- Soap showers must be taken before entering the pool area.
- Smoking is prohibited
- Eating or drinking is only allowed in designated areas
- Foul or abusive language will not be tolerated.
- Dangerous practices are prohibited. Patrons may not:
  - Run on the Deck
  - Climb, sit or jump from fences or guard structures
  - Dive into shallow water
  - Swim in a diving area
  - Double-bounce on crowd diving structures
  - Horseplay, wrestle, duck, push, pull or splash
  - Play throwing games or horse and rider games
  - Snap Towels
  - Do other dangerous practices as determined by lifesaving staff
- Hypoxic Training or prolonged underwater swimming is not allowed.
- Do not interfere with a lifeguard rescue or call for help unless in distress.

## Dividing Board Rules

- Caution Dive at Your Own Risk
- You must take a swim test before entering the deep end.
- Head and cervical injuries can result from improper diving.
- To avoid such injuries use caution when diving.
- There may be additional hazards for persons weighing 170 lbs or more
- Do not double bounce on the diving board.
- Do not move the fulcrum all the way to the rear.
- Check water depth and do not dive out of the deep water area.
- Please ask the lifeguard or management as to where you are to dive.
- Only one person at a time on the diving board.
- Be sure the diving area is clear before diving.
- Wait for the previous diver to reach the side of the pool before diving.
- Do not swim under the diving board.
- Dive straight off the board

## Locker Room Rules

- No loitering.
- Locker Room closes 15 minutes after pool is closed. Patrons are limited to 30 minutes of usage of locker room and amenities prior to closing.
- Shower available for public use during posted lap swim hours only.
- All pool users must take a soap shower prior to entering pool area.
- To conserve water, showers are limited to five minutes.
- To keep shower area sanitized, shaving & clothes washing is not allowed.
- No hair cutting or dyeing is allowed in locker room.
- Profanity and lewd conduct are prohibited.
- Nudity is not allowed
- Please be courteous to fellow pool users and follow the rules outlined above.

**Failure to follow these rules may result in the loss of use privilege.**

## Acceptable Swim Attire is as follows:

- Swim Trunks with a liner and drawstring
- Multilayered attire made of a combination of the following:
  - Lycra
  - Nylon
  - Polyester

## Inappropriate Swim Attire is as follows:

- No cut-offs, bike shorts, basketball shorts or street shorts
- No white T-Shirts or Shirts of any kind
- Underwear and undergarments
- Attire with inadequate coverage
- Attire that is transparent or semi-transparent
- Attire that appears to have been soiled
- Knitted fabrics/textiles

## Life Vests Permitted given the following:

- Must have a U.S. Coast Guard Approval Number.
- Categorized by the user's size and weight.
- Properly functioning buckles, zippers and straps. Life vests with torn fabric, damaged buckles and loose straps are not permitted.
- No excess room above the arms and neck openings.
  - Life vests that are too small may not provide sufficient buoyancy.
  - Life vests that are too big will push up around the face.
  - Life vests must be properly fastened (buckled, zipped, tied).
- Lifesaving staff must conduct the following check if they observe a loose fitting life vest:
  - Test the life vest for proper fit:
    - Have the user raise their arms over their head.
    - Gently pull the vest up. The life vest should not cover the user's chin.
    - Adjust straps for proper fit.
- Lifesaving staff may deny the use of a life vest if it covers any part of the user's face.
- Usage limitations:
  - Flotation devices not approved:
    - Arm floaties
    - Bathing suits with built-in flotation
  - Life vests may be used in the shallow end of the pool.
  - Life vests may be used in the deep end of the pool during City sponsored programming.
  - Life vests are not permitted when riding a water slide.
  - Children under 7 must remain within arm's reach of their guardian at all times.

Facility Staff Interpretations of rules are final.

\*Failure to follow the pool rules and guidelines will result in non-admittance or expulsion from pool grounds.\*

Made possible by the LA28 Olympic and Paralympic Games



Follow us on  
Instagram  
@iswimla

