# **Pool Rules**

### Entrance is <u>denied</u> to:

-Children under seven (7) who are not accompanied by an adult on a one to one ratio, within arms reach at all times.

-Persons under the influence of alcohol or narcotics.
 -Persons with colds, coughs, nasal or eye discharges, skin eruptions, open wounds, open sores or bandages.

-Children under the age of four (4) without an approved "swim diaper".

-Those without a proper swim suit.
-No pets allowed, only service animals are welcome.

#### **General Rules and Information:**

Please check all your valuables with the clerk.

Showers <u>must</u> be taken before entering the pool area.

Eating and/or drinking is <u>not allowed</u> (bleacher area & pool deck).

Only water and/or sports drinks in plastic containers will be allowed.

Coaching from deck, bleachers, or inside the water is prohibited.

Clothed patrons must be seated on the bleacher / seating areas.

Patrons must take a swim test before entering the deep end of the pool and using the diving board. This test will consist of two lengths of the pool, swimming front crawl with an effective supporting kick.

Locker rooms close 15 minutes after the pool closes.

Disclaimer for On-line Registration: On the first day of program, if the participant does not meet the requirement, they will not be able to participate in the program. Also, in order to maintain your registration, participants must be present for the first 2 days of the program. If a participant is removed from the program, a refund request can be made "inperson," a 10% administrative fee will be assessed.

## CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

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Andre Brent

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#### **AOUATIC FACILITY MANAGERS**

**AFM II Lizette Navas** 









As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

# **Echo Park Pool**



# Spring 2025

### 3/1/25 - 5/31/25



1419 Colton Street
Los Angeles, CA 90026
(213) 481-2640
echopark.pool@lacity.org

# @echoparkpool.lacityparks

# **Hours of Operation**

# Adult Lap Swim Monday

2:30 PM - 7:00 PM\* Tuesday - Friday

6:00 AM - 8:00 AM

6:UU AM - 8:UU AM 12:00 PM - 2:00 PM

3:00 PM - 9:00 PM\*

Saturday & Sunday

12:00 PM - 1:00 PM 1:00 PM - 5:00 PM\*

\*Limited Lanes\*

### Recreational Swim Monday

2:30 PM - 7:00 PM

T<u>uesday - Friday</u>

3:00 PM - 9:00 PM

### Saturday & Sunday

1:00 PM - 5:00 PM

\*4:00 PM - 5:00 PM\*

\*Youth Lap Swim\*

### **Fees**

### **Daily Admission**

Youth (0-17)	\$
Adult (18-49)	
Adult (50+)	
Person w/ Disabilities	

### **Admission Passes - 30 Entries**

Youth Pass (0-17)	\$25
Adult Lap Pass (18-49)	\$8
Adult Lap Pass (50+)	\$2
Persons With Disability Pass	\$2

# **Session and Registration**

Session #	Registration Date	Starts	Ends
1	March 1	March 1	March 28
2	March 29	March 29	April 25
3	April 26	April 26	May 23

# **Adult Lessons**

**Cost: \$30** 

## **Tuesdays & Thursdays**

Adult Non Swimmer	7:00 am - 7:25 pm
Adult Swimmer	7:30 pm - 7:55 pm
Adult Non Swimmer	1:00 pm - 1:25 pm
Adult Swimmer	8:00 pm - 8:25 pm

## **Wednesdays & Fridays**

Adult Non Swimmer	7:00 am - 7:25 pm
Adult Swimmer	7:30 pm - 7:55 pm
Adult Non Swimmer	1:00 pm - 1:25 pm
Adult Swimmer	8:00 pm - 8:25 pm

# **Tiny Tots**

- **Cost: \$80**
- Ages 3 6 years old4 participants max
- Parents not required to be in the water
- In Water Instruction



Levels: Level 1 Starfish Level 2 Seahorse Level 3 Sharkpups

# **Youth Lessons**

**Cost: \$10** Ages: 3-17

## **Tuesdays & Thursdays**

Tiny Tots: Seahorse	4:00 pm - 4:25 pm
Preschool Aquatics 2	4:30 pm - 4:55 pm
Water Confidence	5:00 pm - 5:25 pm
Beginners	5:30 pm - 5:55 pm
Advanced Beginners	6:00 pm - 6:25 pm
Intermediate	6:30 pm - 6:55 pm

## **Wednesdays & Fridays**

Preschool Aquatics 1	4:00 pm - 4:25 pm
Water Confidence	4:30 pm - 4:55 pm
Beginners	5:00 pm - 5:25 pm
Advance Beginners	5:30 pm - 5:55 pm
Adaptive	6:00 pm - 6:25 pm
Swimmers	6:30 pm - 6:55 pm

## Saturdays & Sundays

Preschool Aquatics 1	1:00 pm - 1:25 pm
Water Confidence	1:30 pm - 1:55 pm
Tiny Tots Starfish	2:00 pm - 2:25 pm
Beginners	2:30 pm - 2:55 pm
Adaptive	3:00 pm - 3:25 pm
Advance Beginners	3:30 pm - 3:55 pm
Intermediate	4:00 pm - 4:25 pm
Swimmers	4:30 pm - 4:55 pm

# **Pool Closures**

Cesar Chavez - Monday, March 31, 2025 Memorial Day - Monday, May 26, 2025

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# **Privates**

- 1 Swimmer
- **1 Private Lesson = \$27.00**
- **4 Private Lessons = \$108.00**
- **2 Swimmers**
- 1 Semi-Private Lesson = \$40.00
- 4 Semi-Private Lessons = \$160.00

Ages: 3+

Speak to the pool clerk for available days and times. Lesson make ups or cancellations are at manager's discretion.





# Novice Youth Team Sports

### **Participants must:**

-Take an assessment before registration.

- -Demonstrate an intermediate level swimming.
  -Provide proof of age
- -Compete in a department-sponsored league.
  -Attend a minimum of 3 workouts per week and

compete in 2 competitive events.

Cost:

\$10

Registration Date: Saturday, March 1st, 2025 9:00 AM - Friday, April 4th, 2025

Pratice Begins: Tuesday March 4th, 2024 Practice Ends: Friday, May 30th, 2025

**Practice Days: Tuesday - Friday** 

Team	Time
Artistic Swim:	4:30 PM - 5:30 PM
Water Polo:	7:00 PM - 8:00 PM

# USA Swim Team



TEAM SWIM LA (TSLA) is a USA Swimming sanctioned Swim Team offered by the City of Los Angeles Department of Recreation & Parks in partnership with USA Swimming.

TSLA is designed to provide athletes, parents and coaches with enhanced training and educational resources. Athletes will be instructed by USA Swimming certified coaches to develop their competitive skills in all strokes, with enhanced workout times and dryland workouts.

Cost:

\$10

Registration Date: Saturday, November 9th, 2025 9:00 AM

Pratice Begins: Tuesday December 3rd, 2024 Practice Ends: Friday, February 28th, 2025

Days	Time
Tuesday - Friday	5:30 PM - 7:00 PM



# **Aqua Fit**





Aqua Fit offers low to high intensity workouts that promote cardiovascular fitness, conditioning, increased flexibility and range of motion. We accommodate exercises and intensity if requested. Music and equipment are provided.

<u>Tuesday - Friday</u>

7:00 PM - 7:45 PM

Walk-In Fee: Youth / Adults: \$5

Adults (50+): **\$4** 

Series Fee (8 Entries): Youth / Adults: \$36

Adults (50+): **\$28**