



SPRING 2025 DELANO PROGRAMS



CITY OF LOS ANGELES RECREATION AND PARKS

LEAGUES BEGIN THE DATE OF EVALUATIONS LEAGUE REGISTRATIONS BEGINS FEBRUARY 3

JOIN OUR PARK ADVISORY BOARD!



Make an impact with your local community by joining Delano's PAB. Our PAB works to create a better community. All ages, gender, and ethnic origins are welcome.

BASEBALL / SOFTBALL

| DIVISION | YEAR BORN | EVALUATION |
|-------------|-----------|-------------------------|
| Tee Ball | 2019-2018 | Not Applicable |
| Coach Pitch | 2016-2017 | Thu, March 20th @5:30pm |
| Minors | 2015-2014 | Thu, March 20th @6:30pm |
| GPLA Minors | 2014-2015 | Thu, March 20th @7:30pm |
| GPLA Majors | 2012-2013 | Thu, March 20th @7:30pm |

FLAG FOOTBALL

| DIVISION | YEAR BORN | EVALUATION |
|----------|-----------|----------------|
| Minors | 2015-2014 | Not Applicable |
| Juniors | 2009-2011 | Not Applicable |
| Seniors | 2007-2008 | Not Applicable |

BASKETBALL

| DIVISION | YEAR BORN | EVALUATION |
|--------------|-----------|--------------------------|
| GPLA Rookies | 2018-2019 | Sat, March 22nd @9:00am |
| GPLA Pee Wee | 2016-2017 | Sat, March 22nd @10:00am |
| GPLA Minors | 2014-2015 | Sat, March 22nd @11:00am |
| GPLA Majors | 2012-2013 | Sat, March 22nd @11:00am |
| GPLA Juniors | 2009-2011 | Sat, March 22nd @1:00pm |
| Rookies | 2018-2019 | Sat, March 22nd @9:00am |
| Pee Wees | 2016-2017 | Sat, March 22nd @10:00am |
| Minors | 2014-2015 | Sat, March 22nd @3:00pm |
| Majors | 2012-2013 | Sat, March 22nd @12:00pm |
| Juniors | 2009-2011 | Sat, March 22nd @1:00pm |

VOLLEYBALL

| DIVISION | YEAR BORN | EVALUATION |
|--------------|-----------|--------------------------|
| GPLA Minors | 2014-2015 | Sat, March 29th @9:00am |
| GPLA Majors | 2012-2013 | Sat, March 29th @10:00am |
| GPLA Juniors | 2009-2011 | Sat, March 29th @11:00pm |
| GPLA Seniors | 2007-2008 | Sat, March 29th @12:00pm |

SOCCER

| DIVISION | YEAR BORN | EVALUATION |
|--------------|-----------|--------------------------|
| Lil' Kickers | 2020-2021 | Not Applicable |
| Rookies | 2018-2019 | Fri, March 28th @6:00pm |
| Pee Wees | 2016-2017 | Fri, March 28th @7:30pm |
| Minors | 2014-2015 | Tue, March 25th @6:00pm |
| Majors | 2012-2013 | Tue, March 25th @7:30pm |
| Juniors | 2009-2011 | Thur, March 27th @7:30pm |
| Seniors | 2007-2008 | Thur, March 27th @7:30pm |
| GPLA Rookies | 2018-2019 | Wed, March 26th @6:00pm |
| GPLA Pee Wee | 2016-2017 | Wed, March 26th @6:00pm |
| GPLA Minors | 2014-2015 | Mon, March 24th @6:00pm |
| GPLA Majors | 2012-2013 | Mon, March 24th @7:30pm |
| GPLA Juniors | 2009-2011 | Thur, March 27th @6:00pm |

PLAYLA LEAGUE INFORMATION

- ALL PARTICIPANTS MUST REGISTER PRIOR TO EVALUATIONS.
- AGE IS DETERMINED AS OF JANUARY 1, 2025. **PROOF OF AGE IS REQUIRED FOR ALL PARTICIPANTS (PASSPORT, REPORT CARD, SCHOOL ID, BIRTH CERTIFICATE, OR STATE ID)**
- WAIVERS AVAILABLE FOR THOSE WHO QUALIFY, ASK FOR DETAILS.
- LEAGUE DATES MARCH THROUGH JUNE.
- PLAYLA YOUTH AND ADAPTIVE \$10 YOUTH SPORTS PROGRAM IS MADE POSSIBLE BY THE LA28 OLYMPIC AND PARALYMPIC GAMES.
- PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS.
- INFORMATION IS SUBJECT TO CHANGE.
- NO REFUNDS OR CREDITS UNLESS THE LEAGUE IS CANCELED.

DELANO RECREATION CENTER



15100 ERWIN ST. VAN NUYS, CA 91406

(818) 756-8529

DELANO.RECREATIONCENTER@LACITY.ORG

@DELANORC





SPRING 2025 DELANO CLASSES



CITY OF LOS ANGELES RECREATION AND PARKS

CLASSES, LEISURE SPORTS, AND EXTRA CURRICULAR PROGRAMMING REGISTRATION BEGIN MARCH 3, 2025

CLASSES BEGIN THE WEEK OF APRIL 6, 2025

SELF DEFENSE

| CLASS | AGES | PRICE | DAYS/ TIME |
|----------------|-------|-------|--------------|
| Archery I | 8-10 | \$10 | TUE. 4:00PM |
| Archery II | 10-13 | \$10 | TUE. 5:00PM |
| Judo I | 6-9 | \$10 | TUE. 5:30PM |
| Judo II | 10-15 | \$10 | TUE. 6:30PM |
| Kick Boxing I | 6-9 | \$10 | MON. 6:00PM |
| Kick Boxing II | 10-15 | \$10 | MON. 7:00PM |
| Boxing | 9-14 | \$10 | SAT. 9:00AM |
| GPLA Boxing | 9-14 | \$10 | SAT. 10:00AM |

G.P.L.A. GYMNASTICS

| CLASS | AGES | PRICE | DAYS/ TIME |
|------------|-------|-------|--------------|
| Gymnastics | 3-4 | \$10 | WED. 5:30 PM |
| Gymnastics | 5-7 | \$10 | WED. 6:30 PM |
| Gymnastics | 8-10 | \$10 | WED. 7:30PM |
| Gymnastics | 11-16 | \$10 | WED. 8:30PM |

DANCE

| CLASS | AGES | PRICE | DAYS/ TIME |
|------------|-------|-------|--------------|
| Folklorico | 7-11 | \$10 | THU. 5:30 PM |
| Salsa | 7-11 | \$10 | THU. 6:30 PM |
| Hip Hop | 11-17 | \$10 | THU. 7:30 PM |

ARTS & CRAFTS

| CLASS | AGES | PRICE | DAYS/ TIME |
|-------------------------|-------|-------|--------------|
| Art from Scratch Studio | 6-10 | \$25 | SAT. 1:00 PM |
| Art from Scratch Studio | 11-16 | \$25 | SAT. 2:00 PM |

AFTER SCHOOL CLUB

Walking pick up from Sylvan Park Elementary. Times are from after school until 6:00pm. Enroll your child to get homework help, snacks, sports, games, and arts and crafts.

\$25 One time registration Fee.

\$50 Per week.

INDOOR PICKLEBALL

This is not a league. Official Citywide Pickleball Rules must be followed. Play is on a rotational basis (4-on/4off or 2-on/2-off) when all courts are in use.

Fridays 9:30AM-12:30PM \$ 5 / month

OPEN GYM

| SPORT | DAY | TIME | PRICE |
|------------|-----------|-------------|--------------|
| Volleyball | Monday | 9:30AM-12pm | \$10 / month |
| Volleyball | Tuesday | 9:30AM-12pm | \$10 / month |
| Basketball | Wednesday | 9:30AM-12pm | \$10 / month |
| Basketball | Thursday | 9:30AM-12pm | \$10 / month |

TEEN CLUB

Must be Registered in Office

Cost: \$0

Tuesday-Thursday 4pm- 8pm

Friday Night Extreme Teens 5pm-9pm

- Food
- Fun Activities
- FNET
- Homework Help
- Field Trips
- Games
- Computer Center
- Volunteer Opportunities

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