

LOU COSTELLO

SENIOR CENTER

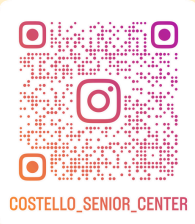


3121 E. Olympic Blvd. Los Angeles, CA 90023

Phone: (213) 485-9143

Email: COSTELLO.SENIORCENTER@LACITY.ORG

WEBSITE: <https://www.laparks.org/scc/costello>



FACILITY INFORMATION



HOURS OF OPERATION HORAS DE OPERACIÓN

<u>Monday-Friday</u>	10:00 AM -4:00 PM
<u>Lunes-Viernes</u>	
<u>Saturday</u>	closed/ Permit Available
<u>Sabado</u>	Cerrado / permiso disponible
<u>Sunday</u>	closed/ Permit Available
<u>domingo</u>	Cerrado / permiso disponible

IMPORTANT PHONE NUMBER NÚMEROS DE TELÉFONO IMPORTANTES

Costello Senior Center Office	213)485-9143
Costello Recreation Center	(213)485-9111
Region Office	(213)485-1310
Park Film Office	(323)644-6220
Municipal Sports	(818)246-5613
Office of Public Safety	(213)978-4670
Park Rangers	(323)906-7390
LAPD Non- Emergency	(877) ASK-LAPD

IMPORTANT DATES FECHAS IMPORTANTES

PLAYLA FALL LEAGUE DATE	10/05/24-11/23/24
PLAYLA SPRING Class Dates	10/07/24-12/21/24
LABOR DAY Park Closed)	09/02/24
Indigenous People's Day(Closed	10/14/24
Veterans Day (Park Closed))	11/11/24
Thanksgiving (Park Closed)	11/28/24-11/29/24
Park Advisory Board Meeting	TBD

Important Information

All programs are offered on a first-come, first-serve basis.

Participants must have reached the minimum age by the first day of the program.

All classes and programs are subject to change.

Persons with disabilities are welcome to participate in our programs.

Reasonable accommodations will be made available with prior arrangements.

Achieving gender equity through continuous commitment to girls and women in sports.

Registration Information

Program registrations are accepted on a first-come, first-serve basis.

Full payment is required at time of registration.

A participant is not considered registered until full payment has been received.

Payments may be made by cash, check, or credit card (Visa or Mastercard only).

Please make checks payable to the City of Los Angeles.

When paying in cash, please have exact amount.

recreation staff cannot make change.

A \$35 collection fee will be charged for each returned check.

Administration may cancel or combine activities if minimum enrollment is not met.

Class times and dates are subject to change.

“Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible. “

Refund Policy

You may request a refund before the program's scheduled first day.

A 15% administrative fee will be deducted from all refunds.

Full refunds are only given if recreation center cancels a class or program.

There will be no refunds after the program has begun unless a class or sports league is changed or cancelled by the recreation center.

Please allow 6-8 weeks for the processing of all refund requests



Información de Registro

Las inscripciones al programa se aceptan por orden de llegada.

Se requiere el pago completo al momento de la inscripción.

Un participante no se considera registrado hasta que haya recibido el pago completo.

Los pagos pueden realizarse en efectivo, cheque o tarjeta de crédito (solo Visa o Mastercard).

Por favor haga los cheques a nombre de la Ciudad de Los Ángeles.

Al pagar en efectivo, indique el monto exacto.

El personal de recreación no puede dar cambio.

Se cobrará una tarifa de cobro de \$35 por cada cheque devuelto.

La administración puede cancelar o combinar actividades si no se cumple la inscripción mínima.

“Las personas con discapacidades son bienvenidas a participar en nuestras clases y programas. Se harán adaptaciones razonables con arreglos previos. Tenga en cuenta que algunas adaptaciones pueden tardar 30 días o más. Por favor, envíe su solicitud de adaptación lo antes posible” “Pago con cheque o giro postal solamente” y “Se cobrará una tarifa de cobro por cada cheque devuelto por el Banco” “Los reembolsos completos solo se emiten cuando el Centro de Recreación cancela la actividad. Se aplica una tarifa de cancelación del 15% para todos los reembolsos. Las clases y los programas puede estar sujeto a cancelación

Politica de reembolso

Puede solicitar un reembolso antes del primer día programado del programa.

Se deducirá una tarifa administrativa del 15% de todos los reembolsos.

Solo se otorgan reembolsos completos si el centro recreativo cancela una clase o programa.

No habrá reembolsos después de que el programa haya comenzado a menos que una clase o

La liga deportiva es cambiada o cancelada por el centro recreativo.

Espere entre 6 y 8 semanas para procesar todas las solicitudes de reembolso.



Volunteer Information

Give back to your community and make a difference in the life of a child. Lou Costello Senior Citizen Center is seeking committed individuals that wish to dedicate time to assist in providing quality recreation. Live scan fingerprinting and background checks are required. For more information, please contact the main office at (323) 261-0113.



Park Advisory Board

Park Advisory Boards (PABs) are essential to the overall operation of a recreation facility.

The partnership between staff and community members is of primary importance in identifying and meeting the recreational needs of the community.

A Park Advisory Board works to make facilities safe, clean and hospitable while offering guidance and assistance on programming and fundraising.

If you would like to join the Lou Costello Senior Citizen Center Advisory Board, please stop by the office for more information.

Facility Rental

Facility usage permits are available for anyone (over 18 years old) interested in using the facility for meetings or personal usage such as birthday parties, baby showers and/or community events.

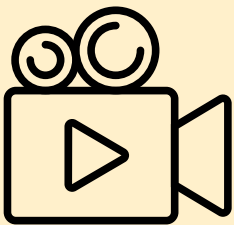
Request must be made at least 4-6 weeks prior to the event.

Facility rental payments may be made by cash, check, or money orders only and all fees must be paid in full at least 2 weeks prior to the start of the event.

Filming

A film permit is required to make any commercial still photograph, commercial motion picture, television program, or similar production at a city park or recreation facility.

Please contact the Park Film Office for more information at (213)485-9143



Información para voluntarios

Contribuya a su comunidad y marque una diferencia en la vida de un niño.

Lou Costello Senior Citizen Center busca personas comprometidas que deseen dedicar tiempo para ayudar a brindar recreación de calidad.

Se requieren escaneos en vivo de huellas dactilares y verificación de antecedentes.

Para obtener más información, comuníquese con la oficina principal al (323) 261-0113.



Asesora del Parque

Los Consejos Asesores de Parques (PAB) son esenciales para el funcionamiento general de una instalación recreativa.

La asociación entre el personal y los miembros de la comunidad es de primordial importancia para identificar y satisfacer las necesidades recreativas de la comunidad.

Un Consejo Asesor del Parque trabaja para hacer que las instalaciones sean seguras, limpias y hospitalarias mientras

ofreciendo orientación y asistencia sobre programación y recaudación de fondos.

Si desea unirse al Consejo Asesor del Centro para Personas Mayores Lou Costello, por favor pase por la oficina para obtener más información.

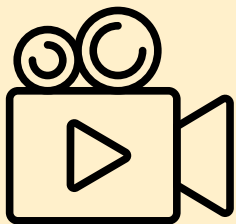
Alquiler de Instalaciones

Los permisos de uso de las instalaciones están disponibles para cualquier persona interesada (mayor de 18 años) en el uso de las instalaciones para reuniones o uso personal como fiestas de cumpleaños, baby showers y/o eventos comunitarios.

La solicitud debe realizarse al menos entre 4 y 6 semanas antes del evento.

Los pagos de alquiler de las instalaciones se pueden realizar únicamente en efectivo, cheque o giro postal. y todas las tarifas deben pagarse en su totalidad al menos 2 semanas antes del inicio del evento

Filmación



Se requiere un permiso de película para realizar cualquier fotografía comercial, película comercial, programa de televisión o producción similar en un parque de la ciudad o instalación recreativa.

LOU COSTELLO SENIOR CENTER

Classes are from 10am-4pm

Please see schedule attached.



Free Classes/ Classes Gratis

- Social Cafe/ Walk for Wellness
- Card Friendly
- Billiards
- Computer Lab
- Karaoke

Low Cost \$1 Classes

- Chair Yoga
- Chair workout with Dumbbells
- Aerobics
- Dance

Bingo:



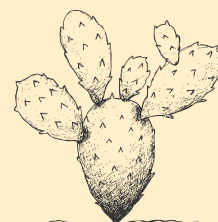
Check in at 10am; Games start 10:30am

Tuesday & Friday's at 10 AM-11am and 12 -1:30 PM

Loteria:

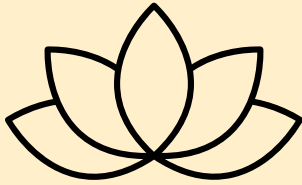
Mondays

Tuesday, Thursday and Friday's:



LOU COSTELLO SENIOR CENTER

Las clases son de 10 a.m. a 4 p.m. Consulte el horario adjunto.



Classes Gratis

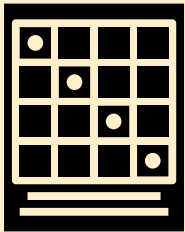
- Café social/paseo por el bienestar
- Juegos amistosos con las cartas
- Billiards
- Laboratorio de Computación
- Karaoke



Clases de bajo costo de \$1

- Yoga en silla
- Entrenamiento en silla con mancuernas
- Aerobics
- El Dazon

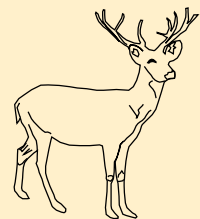
Bingo:



El check-in es a las 10 am y comienza a las 10:30 am
Tuesday & Friday's at 10 AM-1:00 PM

Loteria:

Lunes: 12:00-2:00 PM
Martes, jueves y viernes: 2:00-4:00 PM



City of Los Angeles department of recreation & parks



LOU COSTELLO SENIOR CITIZEN CENTER

3121 E. Olympic Blvd. Los Angeles, CA 90023

Phone:(213)485-9143

Email: COSTELLO.SENIORCENTER@LACITY.ORG



Membership is \$5 per Month!

Membership Includes
Free Classes

Low-Cost classes,
\$1 Each

Social Cafe/ Walk for Wellness

Card Friendly

Billiards

Computer Lab

Karaoke

Chair Yoga

Chair workout with Dumbbells

Aerobics

Dance

Bingo



Loteria

Tuesday & Friday's
10 AM-1:00 PM

Special events included

Monday: 12:00-2:00 PM
Tuesdays, Thursday s&
Fridays 2:00 -4:00 PM

Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible." "Payment by Check or Money Order Only" and "A Collection Fee will be charged for each check returned by the Bank" "Full refunds are only issued when the Recreation Center cancels the activity. A 15% cancellation fee is assessed for all refunds.

The classes and programs may be subject to cancellation



REGISTER NOW
SCAN QR CODE



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La membresia cuesta \$5 por Mes!

La membresia
incluye clases gratis

clases de bajo costo,
\$1 cada una

Café Social/Caminata por el
Bienestar
Compatible con tarjetas
Billar
Laboratorio de Computación
karaoke

Chair Yoga
Chair workout with Dumbbells
Aerobics
Bailar

Bingo



Loteria

Martes y Viernes
10 AM-1:00 PM

eventos especiales
incluidos

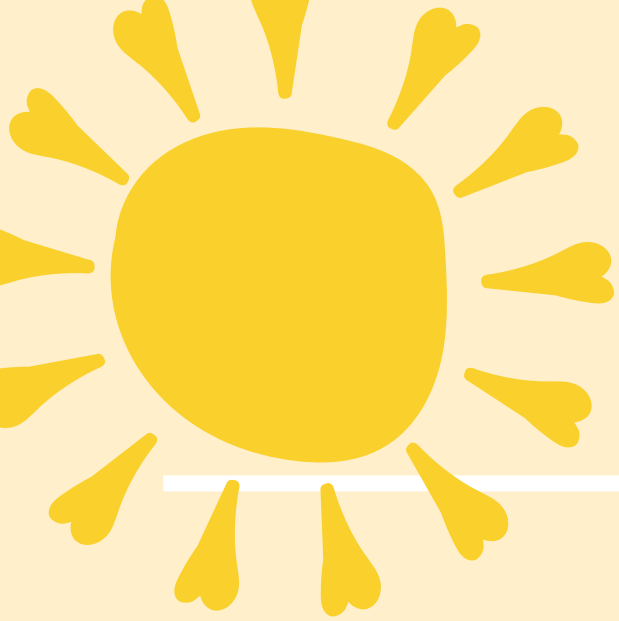
Lunes, Martes, Jueves, y Viernes

Las personas con discapacidades son bienvenidas a participar en nuestras clases y programas. Se harán adaptaciones razonables con arreglos previos. Tenga en cuenta que algunas adaptaciones pueden tardar 30 días o más. Envíe su solicitud de adaptación lo antes posible". "Pago solo con cheque o giro postal" y "Se cobrará una tarifa de cobro por cada cheque devuelto por el banco" "Los reembolsos completos solo se emiten cuando el Centro de recreación cancela la actividad. Se aplica una tarifa de cancelación del 15 % para todos los reembolsos.

Las clases y programas pueden estar sujetos a cancelación.

REGÍSTRESE AHORA!
ESCANEAR CODIGO QR





FALL '24

12 SEPTEMBER THURSDAY

MEXICAN FIESTA

31 OCTOBER THURSDAY

HALLOWEEN EVENT

21 NOVEMBER THURSDAY

THANKSGIVING EVENT

EVENTS

Costello Senior Citizen Center

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\$5 dollars for non-members / Free for members

PRESENTS

Call our office to get more information on how to become a member

MEXICAN

INDEPENDENCE DAY!

EVENT!!!



THURSDAY
SEPTEMBER 12th, 2024

Viva Mexico

FROM
10AM to 1PM

All Seniors Welcome! Join us as we celebrate Mexican Independence Day event!

Raffles | Light refreshments | Karaoke | Dance





Costello Senior Citizen Center

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PRESENTS

HALLOWEEN CRAWL

\$5
dollars
for non-
members
/ Free for
members

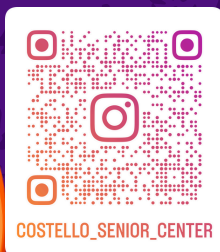
Call our office to get
more information on
how to become a
member



MUSIC, FOOD, DRINKS SPECIAL, COSTUME CONTEST

THURSDAY, OCTOBER 31ST, 2024

10AM-1PM



All Seniors Welcome! Join us as we celebrate Mexican
Independence Day event!





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**\$5 dollars for
non-members
/ Free for
members**

THANKS GIVING PARTY

**Call our office to
get more
information on
how to become a
member**



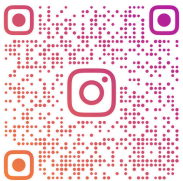
THURSDAY NOVEMBER 21TH, 2024

FROM 10AM to 1PM

**All Seniors Welcome! Join us as we celebrate
Mexican Independence Day event!**

Raffles | Light refreshments | Karaoke | Dance

LET'S BE THANKFUL TOGETHER!



[COSTELLO_SENIOR_CENTER](https://www.instagram.com/COSTELLO_SENIOR_CENTER)

REC & PARKS





























COSTELLO SENIOR CENTER

PHONE/ NUMERO DE TELEFONO: (213)485-9143



SEPTIEMBRE, OCTUBRE, NOVIEMBRE FALL SCHEDULE SEPTIEMBRE, OCTUBRE, NOVIEMBRE

Time/ Tiempo	Monday/ Lunes	Tuesday/ Martes	Wednesday/ Miercoles	Thursday/ Jueves	Friday/ Viernes
9:00AM-10:00AM	Social Time/ Tiempo Social	Social Time/ Tiempo Social	Social Time/ Tiempo Social	Social Time/ Tiempo Social	Social Time/ Tiempo Social
10:00AM-11:00AM	AEROBICS  \$1	10AM Check in Begins @ 10:30 BINGO 	SOCIAL CAFE/ WALK FOR WELLNESS 	Bordado y tejido 	10AM Check in Begins @ 10:30 BINGO 
11:00AM-12:00PM	LONCHE 	BINGO 	LONCHE 	ARTS & CRAFTS	LONCHE 
12:00PM-1:00PM	Loteria 12PM Check in Begins @ 12:30 	Mental Health/ Salud Mental 	KARAOKE 	Mental Health/ Salud Mental	BINGO 
1:00PM-2:00PM	Loteria 	Loteria 1PM Check in Begins @ 1:30PM 	AEROBICS  \$1	KARAOKE 	AEROBICS  \$1
2:00PM-3:00PM	ARTS & CRAFTS	Loteria 	Bailar 	Loteria 2PM Check in Begins @ 2:30PM 	Loteria 2PM Check in Begins @ 2:30PM 
3:00PM-4:45PM	MOVIE DAY 	ARTS & CRAFTS	MOVIE DAY 	Loteria 	Loteria 

\$5 Monthly For Required Membership

\$5 Mensual Para membresía requerida

Low cost \$1 classes

Clases de bajo costo \$1

*Subject to Change

*sujeta a cambios

LOU COSTELLO

SENIOR CENTER

Fall
2024

3121 E Olympic Blvd, Los Angeles, CA 90023

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COSTELLO.SENIORCENTER@LACITY.ORG

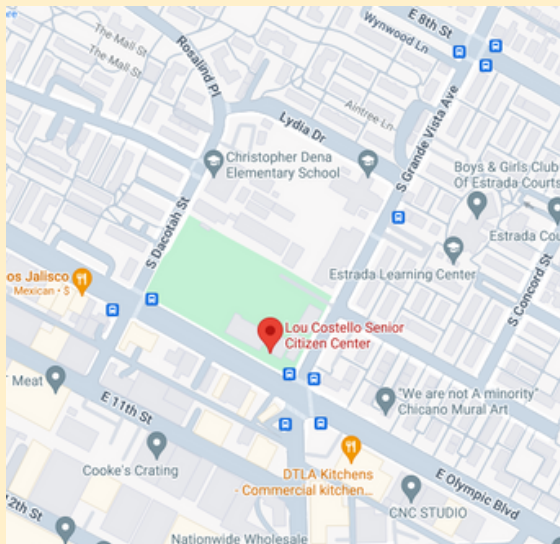
www.laparks.org/reccenter/hollenbeck



OUR MISSION

Our mission is to enrich the lives of the residents of Los Angeles by providing safe, welcoming parks and recreation facilities and affordable, diverse recreation and human services activities for people of all ages to play, learn, contemplate, build community and be good stewards of our environment.

LOU COSTELLO MAP



OUR VISION

Our vision is to provide affordable recreational, physical and cultural opportunities for all of Los Angeles residents, with a focus on families, youth development and building healthy communities. The programs and services offered by the Department will provide excellent value and quality and emphasize the equitable distribution of resources throughout the city. We will offer these programs in safe, attractive and well-maintained facilities that will reflect the public's needs and interest.



LOU COSTELLO

SENIOR CENTER

Verano
2024

3121 E Olympic Blvd, Los Angeles, CA 90023

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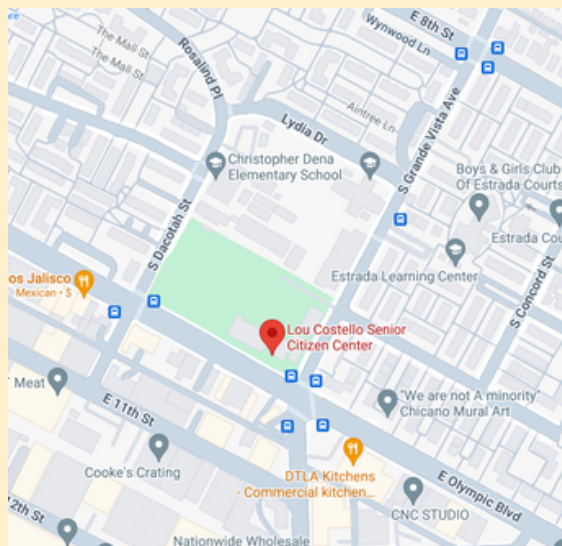
www.laparks.org/reccenter/hollenbeck



NUESTRA MISION

Nuestra misión es enriquecer las vidas de los residentes de Los Ángeles proporcionando parques e instalaciones recreativas seguras y acogedoras y actividades recreativas y de servicios humanos diversas y asequibles para que personas de todas las edades jueguen, aprendan, contemplen, construyan una comunidad y sean buenos administradores de nuestro ambiente.

LOU COSTELLO MAPA



NUESTRA VISION

Nuestra visión es brindar oportunidades recreativas, físicas y culturales asequibles para todos los residentes de Los Ángeles, con un enfoque en las familias, el desarrollo juvenil y la construcción de comunidades saludables. Los programas y servicios ofrecidos por el Departamento brindarán excelente valor y calidad y enfatizarán la distribución equitativa de los recursos en toda la ciudad. Ofreceremos estos programas en instalaciones seguras, atractivas y bien mantenidas que reflejarán las necesidades e intereses del público.





City of Los Angeles

Department of Recreation & Parks



Karen Bass, Mayor
Kevin De Leon, Councilmember 14th District

BOARD OF RECREATION & PARK COMMISSIONERS

Renata Simril, President
Luis Sanchez Vice President
Fiona Hutton, Member
Benny Tran, Member
Marie Lloyd, Member

RECREATION & PARKS ADMINISTRATION

Jimmy Kim, General Manager
Matthew Rudnick, Executive Officer & Chief of Staff,
Chinyere Stoneham, Acting General Manager, Recreation Services Branch
Brenda Aguirre, Assistant General Manager, Special Operations Branch
Cathie Santo Domingo, Assistant General Manager Planning, Construction & Maintenance Branch

METRO REGION

Anita Meacham, Superintendent
Kimberly Simonet, Principal Recreation Supervisor II
Leslie Perez, Principal Recreation Supervisor I
Carlos Alvarado, Recreation Supervisor, East District

LOU COSTELLO SENIOR CENTER

Raul Lozano Rodriguez , Acting Recreation Facility Director

Recreation Assistants

Yaahjairi Blas, Yarida Blas, Cynthia Blas, Just Diaz, Yahir Gallegos,
Crystal Nunez, Karen, Labra, Kevin Lopez,

MAINTENANCE STAFF

Andre Branch, Superintendent, Park Maintenance Division
Pedro Bautista, Park Maintenance Supervisor
Rocio Ramirez, Gardener Caretaker
Kasandra Maravilla, SPA II