



City Of Los Angeles • Department of Recreation & Parks
CHEVIOT HILLS RECREATION CENTER
2551 Motor Avenue
Los Angeles, CA 90064
(310) 837-5186 • cheviothills.recreationcenter@lacity.org

Booty Boot Camp Instructor (Recreation Instructor)

Cheviot Hills Recreation Center is dedicated to creating a vibrant and supportive fitness community where individuals of all levels can achieve their health and wellness goals. We offer a variety of fitness programs designed to inspire, challenge, and empower our clients.

Description of Duties:

We are seeking an energetic and skilled Fitness Instructor to join our team. The ideal candidate will have a passion for health and wellness, a knack for motivating others, and the ability to deliver dynamic and engaging classes. This role includes leading group fitness sessions, tailoring programs to diverse fitness levels, and fostering a welcoming environment.

Key Responsibilities:

- Plan and lead high-energy Booty Bootcamp classes that focus on glutes, legs, and core.
- Deliver effective, safe, and engaging workouts tailored to participants of all fitness levels.
- Motivate and inspire clients with enthusiasm and positive reinforcement.
- Ensure proper form and technique to prevent injuries.
- Build a strong sense of community within classes by fostering a supportive and inclusive environment.
- Stay current with fitness trends and incorporate new techniques into your classes

Available Hours:

Weekdays between 9am and 9pm. Seasonal and flexible schedules are available, with weekly hours ranging from 1-10 per 8-week class session, depending on the programs, responsibilities, and availability. Programs will be created and offered based on candidate's availability.

Qualifications:

Certification in group fitness instruction or personal training (ACE, NASM, AFAA, or equivalent). Certification in group fitness instruction or personal training (ACE, NASM, AFAA, or equivalent). Energetic and motivating personality with a passion for helping others succeed. Strong knowledge of lower-body-focused exercises and their benefits. Strong communication and interpersonal skills to effectively engage with children, parents, and colleagues. Ability to inspire and motivate students of all ages and abilities. Must have strong customer service ability and the capability to take initiative and lead activities. Must be able to correspond over the phone and via email. Experience working with a variety of personalities. Work independently and collaboratively as needed. Creative and adaptable teaching style, with the ability to adjust lessons to meet the needs of different learners. Ability to problem solve and be flexible to last minute changes. Willingness to follow directions, be on time, and be reliable. First Aid & CPR certification is a plus, but not required. Patience, creativity, and enthusiasm for teaching.

To Apply: Send Resume to:

Kathryne Garcia
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2551 Motor Avenue, Los Angeles, CA 90064
(310) 837-5186
Kathryne.Garcia@lacity.org

Last Day to Apply: Tuesday, June 30th, 2025