



Welcome to Spring at Cheviot Hills Recreation Center!

As the flowers bloom, we're excited to bring you a season full of fun, fitness, and family-friendly activities. This spring, we have something for everyone! Join us for Spring Camp, where kids can enjoy exciting adventures, or don't miss our Spring Festival & Egg Hunt, a perfect way to celebrate the season with the whole family.

For our sports enthusiasts, we're offering Spring Sports programs including youth baseball, softball, volleyball, basketball, and adult women's basketball leagues. Plus, our Spring Classes will keep you active and learning all season long.

See the second to last page for How To Register.

We look forward to seeing you soon at Cheviot Hills Recreation Center!

~The Cheviot Hills RC Team

SPORTS INFORMATION

FOR INFORMATION ON CHRC SPORTS LEAGUES: CHEVIOTHILLS.SPORTS@LACITY.ORG

RESERVATIONS & PERMITS

NO INDOOR RENTALS AVAILABLE. FOR INFORMATION ON RESERVING A PICNIC AREA OR GRASS FIELD. PLEASE CONTACT THE CHRC PERMIT COORDINATOR AT AMY.FARKAS@LACITY.ORG



HOURS OF OPERATION

MON-FRI 9AM-9PM SATURDAY 9AM-5PM SUNDAY CLOSED

Subject to change depending on programming

ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE. 2

HOW TO REGISTER

CLASS REGISTRATION BEGINS TUE MAR 4 AT 9:30AM

TO FULLY REGISTER, YOU MUST COMPLETE THE STEPS BELOW:

1. ENROLLING & PAYMENT

Register Online at LAPARKS.ORG or download the LAPARKS app

- Add classes to your cart that you wish to register for.
 - Please make sure to register each participant for the correct age group.
- Please review Refund Policy below before submitting payment.
- Payment is by Visa or MasterCard only.
- If you are having issues registering and need assistance, you may contact the office at (310) 837-5186 or email cheviothills.recreationcenter@lacity.org
 Please note that we do not take payment over the phone.

2. E-REGISTRATION FORM

You will receive an email from EPACT, our online registration form site. Please follow the link to create an account and fill out all information for participants enrolled in our program.

REFUND POLICY

- ALL REFUND REQUESTS MUST BE SUBMITTED VIA EMAIL ON A CHRC REFUND REQUEST FORM.
- REFUND REQUESTS FOR CLASSES & SPORTS MUST BE SUBMITTED ONE WEEK (7 DAYS) PRIOR TO THE CLASS BEGINNING.
- THERE ARE NO REFUNDS OR CREDITS FOR MISSED DAYS.
- A 15% ADMINISTRATIVE FEE WILL BE ASSESSED BY THE CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS FOR ANY PATRON GRANTED A REFUND FOR A CLASS/LEAGUE.
- NO FULL REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE RECREATION CENTER.



1-0N-1 EDUCATION

1-ON-1 TUTORING IS LIMITED TO ONE TIME SLOT PER CLASS PER PARTICIPANT

1-ON-1 TUTOR READING & W	AGES 5-17			
TUESDAYS	3:30 - 6:00PM	25 MIN EA		
4/8 - 6/3	\$128 / 8 WKS			
*no class 4/15				
THURSDAYS	3:30 - 8:00PM	25 MIN EA		
4/10 - 6/5	\$128 / 8 WKS			
*no class 4/17				
FRIDAYS	3:30 - 8:30PM	25 MIN EA		
4/11 - 6/6	\$128 / 8 WKS			
*no class 4/18				
SATURDAYS	10:30A - 3:30P	25 MIN EA		
4/5 - 6/7	\$128 / 8 WKS	A MA		
*no class 4/19 or 5/24				
	Instructor: Vicki			
Want to improve reading and				
writing, work on phonics, grammar? Vicki is a				

1-ON-1 SPANISH OR GERMAN AGES 5+ LANGUAGE/INSTRUCTION

credentialed teacher who is here to help!

MONDAYS 3:00 - 5:00PM 25 MIN EA

4/7 - 6/9 \$128 / 8 WKS

*no class 4/14 or 5/26

WEDNESDAYS 3:00 - 5:00PM

4/9 - 6/4 \$128 / 8 WKS

*no class 4/16

Instructor: Jaspal

Jaspal offers Spanish or German language instruction and/or assistance! Learn the basics or get more intermediate or advanced help.

1-ON-1 TUTORING: MATH & SCIENCE		AGES 5-17
THURSDAYS	3:15 - 8:15PM	25 MIN EA
4/10 - 6/5	\$128 / 8 WKS	
*no class 4/17		
FRIDAYS	3:15 - 8:45PM	25 MIN EA
4/11 - 6/6	\$128 / 8 WKS	
*no class 4/18		
SATURDAYS	10:30A - 1:30P	25 MIN EA
4/5 - 6/7	\$128 / 8 WKS	
*no class 4/19 c	or 5/24	
SUNDAYS	10:30A - 3:00P	25 MIN EA
4/6 - 6/8	\$128 / 8 WKS	ومرزيم
*no class 4/20 or 5/25		

Instructor: Josef

Tutor Josef is a UCLA graduate who has tutored all ages and all levels of math and science for over 16 years. In these tutoring sessions, students can request which topics to cover, or the instructor can create lesson plans. Students can get help with subject review, homework, and preparing for upcoming tests.

VIRTUAL 1-ON-1 TUTORING: AGES 5-17 READING & WRITING

WEDNESDAYS 6:15 - 7:45PM 25 MIN EA

4/9 - 6/4 \$120 / 8 WKS

*no class 4/16

Instructor: Vicki

Vicki is now offering virtual tutoring sessions for extra flexibility!





25 MIN EA

MUSIC

IN-PERSON LESSONS

PIANO OR VOICE MUSIC LESSONS			AGES 7+
WEDNESDAYS	12:00 - 6:45P/	M	45 MIN EA
4/9 - 6/4	\$216 / 8 WK	S	
*no class 4/16			
THURSDAYS	12:00 - 6:45P/	M	45 MIN EA
4/10 - 6/5	\$216 / 8 WK	S	
*no class 4/17			
FRIDAYS	12:00 - 6:45P/	M	45 MIN EA
4/11 - 6/6	\$216 / 8 WK	S	
*no class 4/18			

Instructor: Pharron

Piano/Music Theory:

Levels for beginner through early intermediate. Learn how to play piano & understand how to read & comprehend music!

Voice & Music/Theory:

For levels Beginner through advanced. Learn how to sing & vocal technique! Learn how to understand & comprehend music so you can feel confident in having all the tools you need to become great! Sing in whatever style you choose but with great technique! For voice, please respect the age limit of 13+. ONE TIME SLOT PER PARTICIPANT



VIRTUAL LESSONS

VIRTUAL PIANO LESSONS

AGES 5+

25 MIN FA

TUFSDAYS 3:00 - 6:00PM

\$136 / 8 WKS 4/8 - 6/3

*no class 4/15

Instructor: Christina

25-minute one-on-one virtual piano lessons.



VIRTUAL GUITAR LESSONS	AGES 7+
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MONDAYS 4:00 - 7:30PM 25 MIN EA

4/7 - 6/9 \$136 / 8 WKS

*no class 4/14 or 5/26

TUESDAYS 4:00 - 7:30PM 25 MIN EA

4/8 - 6/3 \$136 / 8 WKS

*no class 4/15

WEDNESDAYS 4:00 - 7:30PM 25 MIN EA

\$136 / 8 WKS 4/9 - 6/4

*no class 4/16

THURSDAYS 4:00 - 7:30PM 25 MIN EA

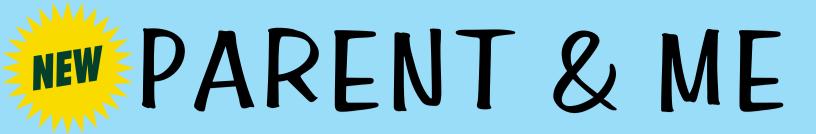
4/10 - 6/5 \$136 / 8 WKS

*no class 4/17

Instructor: Russell

25-minute one-on-one virtual guitar lessons. All levels welcome.





PARENT & ME MUSIC & MOVEMENT

AGES 1-3

MONDAYS

9:00 - 9:45AM

Instructor:

4/7 - 6/9

\$64 / 8 WKS

Rena

*no class 4/14 or 5/26

A joyful class for children and caregivers to connect through singing, dancing, jumping around and exploring music together. Perfect for fostering creativity and early development!



PARENT & ME DISCOVERY ZONE

AGES 1-3

MONDAYS

10:00 - 10:45AM

Instructor:

4/7 - 6/9

\$64 / 8 WKS

Rena

*no class 4/14 or 5/26

Each week explores a new theme with exciting activities that combine STEAM-based learning and imagination. Perfect for building connections and creating lasting memories through creative exploration and fun.



PARENT & ME SPORTS & FITNESS

AGES 1-3

MONDAYS

11:00 - 11:45AM

Instructor:

4/7 - 6/9

\$64 / 8 WKS

Rena

*no class 4/14 or 5/26

Each week explores a new theme with exciting activities that combine STEAM-based learning and imagination. Perfect for building connections and creating lasting memories through creative exploration and fun.





EARLY LEARNING

HOOP HOOP HOORAY!

AGES 4-5

WEDNESDAYS 3:00 - 3:45PM Instructor:

4/9 - 6/4

\$64 / 8 WKS

Dream

This class is a fun introduction to basketball! This class teaches basic skills like dribbling, passing and shooting through playful activities. With a focus on motor skills, teamwork, and confidence, our experienced coaches ensure every child has a blast in a safe and supportive environment.





EARLY LEARNING BUILDING BLOCK PARTY

AGES 3-4

THURSDAYS

2:00 - 2:45PM

Instructor:

4/10-6/5

\$64 / 8 WKS

Rena

A hands-on class where young builders explore creativity, problem-solving, and teamwork through fun LEGO activities and challenges!



EARLY LEARNING MESSY ART

AGES 3-4

THURSDAYS

1:00 - 1:45PM

Instructor:

4/10 - 6/5

\$64 / 8 WKS

Rena

A creative class where young children explore art through hands-on, messy fun! Perfect for fostering creativity, fine motor skills, and self-expression.

BALLET 1

AGES 3-5

MONDAYS

4:00 - 4:45PM

Instructor:

4/7 - 6/9

\$64 / 8 WKS

lanice

*no class 4/14 or 5/26

Learn basic ballet positions, steps, and movements while building self-confidence, improving motor skills, fostering friendships, and developing self-discipline—all while nurturing a love for ballet!

EARLY LEARNING MUSIC & DANCE

AGES 3-4

THURSDAYS

3:00 - 3:45PM

Instructor:

4/10 - 6/5

\$64 / 8 WKS

Rena

*no class 4/17

A fun and interactive class that introduces young children to music and dance, fostering rhythm, creativity, and coordination through playful activities!



EARLY LEARNING HIP-HOP

AGES 3-4

WEDNESDAYS 3:00 - 3:45PM

Instructor:

4/9 - 6/4

\$64 / 8 WKS

Rena

*no class 4/16

A high-energy class combining hip-hop dance moves with fun activities to promote coordination, creativity, and early learning skills. Perfect for little movers with big energy!



^{*}no class 4/16

^{*}no class 4/17

^{*}no class 4/17

ENRICHMENT

MAGIC THE GATHERING AGES 8-17 FOR BEGINNING & CONTINUING PLAYERS

SUNDAYS 3:30 - 4:45PM Instructor:

4/6 - 6/8 \$96 / 8 WKS Josef

*no class 4/20 or 5/25

Magic the Gathering is a math-based card game with over 50 million players worldwide. Both beginners and continuing players are welcome. Cards will be provided for participants. Formats include Commander, Modern, Limited, & more!





POKEMON TRADING CARD GAME

AE AGES 6-15

SATURDAYS 3:30 - 4:45PM Instructor:

4/5 - 6/7 \$96 / 8 WKS Josef

*no class 4/19 or 5/24

Collect Pokémon cards? Now is their chance to learn how to play the card game! Win packs of Pokémon cards while battling with cards from 25 years ago! Featuring all 22 of the original theme decks from the first year of Pokémon! Cards and booster packs will be provided for participants.







REGISTER ONLINE OR IN PERSON AT BIT.LY/CHEVIOTHILLSRC STARTING TUESDAY, MARCH 4, 2025 AT 9:30AM

ARCLASS

STITCHING WORKSHOP: **HAND-SEWING**

AGES 8-15

Instructor:

Vicki

TUESDAYS

*no class 4/15

6:30 - 7:30PM

FRIDAYS 4:45 - 5:30PM

PAINTING & MIXED MEDIA

4/8 - 6/3

life!

\$80 / 8 WKS

A fun and interactive class where crafters will

running stitch, back stitch, split stitch and more!

stitching, and learn how to bring your ideas to

learn the basics of hand-stitching including

Personalize your work, explore the world of

4/11 - 6/6

AGES 5-6

*no class 4/18

THURSDAYS

4:45 - 5:30PM

\$72 / 8 WKS

4/10 - 6/5

\$72 / 8 WKS

AGES 7-9

*no class 4/17

Instructor: Vicki

Incorporate painting, printing, collage, drawing and design in this all-encompassing art class. Perfect for creative minds and budding artists!



FABRIC CREATURES &

FUNNY FRIENDS

AGES 7-12

THURSDAYS

5:45 - 6:45PM

Instructor:

4/10 - 6/5

\$80 / 8 WKS

Vicki

*no class 4/17

Ignite your creativity with our "Fabric Dolls & Funny Creatures" hand sewing class! Participants will learn basic stitching techniques while crafting fun projects like felt animals and personalized pouches. This class is the perfect environment for young crafters to explore their imagination and master a timeless skill.



AGES 7-9

SATURDAYS

3:45 - 4:30PM

Instructor:

4/5 - 6/7

\$72 / 8 WKS

Vicki

*no class 4/19 or 5/24

Young artists will embark on a colorful journey of creativity through drawing! Unleash your imagination and discover the magic of lines, shapes and colors.









DANCE & WELLNESS

HIP-HOP DANCE

WEDNESDAYS 4:00 - 4:45PM **AGES 5-8**

4/9 - 6/4 \$64 / 8 WKS

*no class 4/16

WEDNESDAYS 5:00 - 5:45PM AGES 9-11

4/9 - 6/4 \$64 / 8 WKS

*no class 4/16

Instructor: Rena

An exciting and dynamic class where kids learn hip-hop dance moves, build confidence, and develop rhythm and coordination in a fun, energetic environment!



UNWIND & ALIGN FOR TEENS AGES 13-17

WEDNESDAYS 5:15 - 6:15PM Instructor: 4/9 - 6/4 \$70 / 8 WKS Jaspal

*no class 4/16

Join us for a fun and relaxing class on Pranayama (breathing exercises) and meditation, where we mix ancient techniques with cool, science-backed benefits! Learn how simple breathing exercises can help you manage stress, boost focus, and feel more grounded. This class is perfect for teens of all experience levels and will give you tools to stay balanced and energized in your everyday life. Please bring a yoga mat and water.



BALLET

MONDAYS 4:00 - 4:45PM **AGES 3-5** 4/7 - 6/9 \$64 / 8 WKS **BALLET 1**

*no class 4/14 or 5/26

MONDAYS 5:00 - 5:45PM **AGES 6-8** 4/7 - 6/9 \$64 / 8 WKS **BALLET 2**

*no class 4/14 or 5/26

MONDAYS 6:00 - 6:45PM **AGES 9-12**

4/7 - 6/9 \$64 / 8 WKS **BALLET 3**

*no class 4/14 or 5/26

Instructor: Janice

Learn basic ballet positions, steps, and movements while building self-confidence, improving motor skills, fostering friendships, and developing self-discipline—all while nurturing a love for ballet!



TEEN YOGA

AGES 13-17

MONDAYS 5:15 - 6:15PM Instructor: 4/7 - 6/9 \$70 / 8 WKS Jaspal

*no class 4/14 or 5/26

Designed for teens, this yoga class focuses on mindful breathing and gentle movements to reduce stress and promote relaxation. Yoga helps improve focus, release tension, and cultivate a sense of calm.



SPORTS & FITNESS

POKEMON GO!	AGES 6-17
OUTDOOR FITNESS	
THURSDAYS	5:00 - 6:30PM
4/10 - 6/5	\$96 / 8 WKS
*no class 4/17	
FRIDAYS	5:00 - 6:30PM
4/11 - 6/6	\$96 / 8 WKS
*no class 4/18	
SATURDAYS	1:45 - 3:15PM
4/5 - 6/7	\$96 / 8 WKS

*no class 4/19 or 5/24

Instructor: Josef

Pokémon Go is a mobile game that lets you catch Pokémon while walking outdoors! This is a great way to have fun, meet friends, and get some fresh air and outdoor exercise! Bring your own phone (three spare phones are available to borrow)





PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers available for those who qualify. Ask for details.

YOUTH RUN/FIT CLUB

AGES 10-11 SATURDAYS 9:00 - 9:45AM

4/5 - 6/7 \$64 / 8 WKS

*no class 4/19 or 5/24

SATURDAYS 10:00 - 10:45AM **AGES 12-13**

4/5 - 6/7 \$64 / 8 WKS

*no class 4/19 or 5/24

SATURDAYS 11:00-11:45AM **AGES 14-15**

\$64 / 8 WKS 4/5 - 6/7

*no class 4/19 or 5/24

Instructor: lennifer

Support, sharpen and strengthen your athletic abilities. This run club has a strong emphasis on fitness, cardio and endurance training. It is a

great way to lessen stress and build stamina.

Find the joy in fitness and running!



HOOP DREAMS

AGES 6-7

WEDNESDAYS 4:00 - 4:45PM Instructor:

4/9 - 6/4 \$64 / 8 WKS

Dream

*no class 4/16

This class is a fun introduction to basketball! This class teaches basic skills like dribbling, passing and shooting through playful activities. With a focus on motor skills, teamwork, and confidence, our experienced coach ensures everyone has a blast in a safe and supportive environment.



ADULT CLASSES

MUAY THAI

AGES 18 +

SUNDAYS

10:00 - 11:00AM

Instructor:

4/6 - 6/8

\$70 / 8 WKS

Michael

*no class 4/20 or 5/25

Muay Thai is a martial art and combat sport that uses stand-up striking along with various clinching techniques. Learn the "art of eight limbs" while getting a great workout! Bring your boxing gloves and we provide the rest.



HAPKIDO MARTIAL ARTS

AGES 18 +

TUESDAYS

7:00 - 8:00PM

Instructor:

4/8 - 6/3

\$70 / 8 WKS

Mohammad

*no class 4/15

Join our Adult Hapkido class for an exhilarating journey through the dynamic martial art of Hapkido. Learn powerful self-defense techniques, hone your agility, and cultivate mental focus in a supportive and energizing environment. Whether you're a beginner or experienced practitioner, discover the art of Hapkido and unlock your full potential with us.

BREATH & BEING: A PATH TOWARD HEALTH

6:30 - 7:30PM

4/9 - 6/4



Instructor: Jaspal

AGES 18+

\$70 / 8 WKS

*no class 4/16

WEDNESDAYS

Join us for an empowering class on Pranayama (breathing exercises) and meditation, where we blend ancient practices with modern scientific insights. Explore how breath control can improve well-being, relieve stress, and foster mindfulness. Suitable for all levels, this class offers tools to help you embrace these timeless techniques for a healthier, more balanced life. Please bring a yoga mat and water.

ZEN WAVES:

AGES 18+

YOGA & SOUNDBATH

MONDAYS

6:30 - 7:30PM

Instructor:

4/7 - 6/9

\$70 / 8 WKS

Jaspal

Experience deep relaxation with our Sound Bath and Yoga session, combining gentle yoga poses with soothing sound vibrations. Let the calming sounds and mindful movements help you release stress, restore balance, and connect to inner peace.

Perfect for all levels! Please bring a yoga mat, water, and a blanket.





VIRTUAL GENTLE YOGA

for a low-impact entry into fitness.

6:00 - 7:00PM

Instructor:

Zara

TUESDAYS 4/8 - 6/3

\$70 / 8 WKS

*no class 4/15



This gentle practice teaches yoga fundamentals: movement, breath, and relaxation. Students learn tools for maintaining everyday functional movement and stress relief. This beginner-friendly class is safe for all bodies and all abilities. Ideal for seniors, those working with injuries, and anyone looking



^{*}no class 4/14 or 5/26

CLUBS FOR ADULTS

CHRC CLUBS ARE PARTICIPANT-RUN ACTIVITIES WITH NO INSTRUCTION PROVIDED. CLUBS ARE FOR AGES 18 & UP - ALL LEVELS WELCOME!



ADULT PICKLEBALL CLUB

AGES 18 +

BEGINNERS

TUESDAYS

10:30AM - 12:30PM

4/8 - 6/3

\$70 / 8 WKS

*no class 4/15

INTERMEDIATE THURSDAYS 10:00AM - 12:00PM

4/10-6/5 \$70 / 8 WKS

*no class 4/17

ADVANCED

THURSDAYS 12:15 - 2:15PM

4/10-6/5 \$70 / 8 WKS

*no class 4/17

Lead: Ryan

Join our thriving adult pickleball club for fun, fitness, and friendly competition on the court! Located in the small gym.



ADULT KNITTING CLUB

AGES 18 +

WEDNESDAYS

1:00 - 3:00PM

Lead:

4/9 - 6/4

\$FREE / 8 WKS

Edie

Bring your knitting and join us!

All levels welcome.

ADULT BASKETBALL CLUB AGES 18 +

TUESDAYS 12:30 - 2:30PM Lead: 4/8 - 6/3 \$50 / 8 WKS Arish

THURSDAYS 12:30 - 2:30PM lead:

4/10 - 6/5 \$50 / 8 WKS Arish

*no class 4/17

Open gym basketball for adults. Drop-in option

now available.



ADULT VOLLEYBALL CLUB AGES 18 +

12:00 - 2:00PM Lead: MONDAYS 4/7 - 6/9 \$50 / 8 WKS

*no class 4/14 or 5/26

THURSDAYS 8:00 - 9:50PM Lead.

4/10 - 6/5 \$70 / 8 WKS Paul

*no class 4/17

Bump, set, spike, block, cover, dig, and dive!





SAVE THE DATES

SPRING CLASS, CAMP & FESTIVAL REGISTRATION TUES MARCH 4

SUMMER CAMP REGISTRATION

SPRING SPORTS OPENING DAY

SPRING CLASSES

SPRING CAMP

SPRING FESTIVAL & FGG HUNT

TUES MARCH 11

SAT APRIL 5

START SAT APRIL 5-JUNE 9

MON-FRI APRIL 14-18

FRI APRII 18



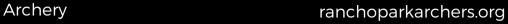


REGISTER FOR SPRING CLASSES, SPRING CAMP & SPRING FESTIVAL & EGG HUNT ONLINE AT BIT.LY/CHEVIOTHILLSRC STARTING TUESDAY, MARCH 4, 2025 AT 9:30AM





Independently run programs at Cheviot Hills Recreation Center



rparchers@gmail.com

Rancho Park Golf Course (310) 838-7373

Aquatics (323) 906-7953

Pool (Summer Only) (310) 202-2844

Petanque LosAngelesPetanqueClub@gmail.com

Tennis Reservations (310) 836-8879

Municipal Sports (Adult Baseball/Softball) (818) 765-0284

Municipal Sports (Add'l Adult Leagues) (818) 246-5613





JOIN OUR MAILING LIST - EMAIL CHEVIOTHILLS. RECREATION CENTER@LACITY. ORG









FOLLOW US @CHEVIOTHILLSRC











