



YOUTH AND ADAPTIVE YOUTH SPORTS

Summer 2024: Learn to Kayak

Program Requirements: Ages 7-17

\$10

Learn to Kayak is a program designed for youth to learn basic kayaking skills through education and on-site instruction.

Participants will learn:

- Identify parts of a kayak
- Launching a kayak
- Basic navigation skills
- Introduction to knot tying
- Steering and paddling safety
- Paddling in an open water environment
- Identification of hazards in the water
- Team building exercises
- and more!

All necessary equipment will be provided to participants which includes a kayak, a life vest, and an oar. Each participant will also receive a t-shirt.



Pick-up time
8:00 AM*
Onsite at Kayaking Location
9:00 AM to 2:00 PM*
Drop-off time back to original site
3:00 PM*
*All times are estimates

Session	Dates	Registration*	Pick-Up Locations	Kayaking Locations
#1	Monday 6/17 - Friday 6/21**	June 2	Van Ness	Lake Balboa, Hansen, Cabrillo
#2	Monday 6/24 - Friday 6/28	June 2	Hubert Humphrey	Lake Balboa, Hansen, Cabrillo
#3	Monday 7/1 - Friday 7/5**	June 2	Algin Sutton	Lake Balboa, Hansen, Cabrillo
#4	Monday 7/8 - Friday 7/12	June 29	Lanark	Lake Balboa, Hansen, Cabrillo
#5	Monday 7/15 - Friday 7/19	June 29	North Hollywood	Lake Balboa, Hansen, Cabrillo
#6	Monday 7/22 - Friday 7/26	July 13	Central	Lake Balboa, Hansen, Cabrillo
#7	Monday 7/29 - Friday 8/2	July 13	JT/Harvard	Lake Balboa, Hansen, Cabrillo
#8	Monday 8/5 - Friday 8/9	July 27	Sun Valley	Lake Balboa, Hansen, Cabrillo

*Online Registration opens @ 9:00 AM. No on-site registration.

**No class on 6/19 or 7/4

Visit: www.laparks.org/discover-activities to register.

Persons with disabilities are welcome to participate in our aquatic programs. Reasonable accommodations will be made with prior arrangements.

Made possible by the LA28 Olympic and Paralympic Games

