

Get ready to dance your way to fitness in our new Zumba class! This highenergy workout combines upbeat music with easy-to-follow dance moves,. No dance experience needed—just bring your energy and enthusiasm! Join us and shake, groove, and move your way to a healthier you!

TO REGISTER VISIT:
LAPARKS.ORG/RECCENTER/BARRINGTON
OR SCAN QR CODE







