

**@BARRINGTON.REC** 







Classes Begin: 4/09/25 Classes End: 5/28/25

This Kung Fu class for youth introduces students to the exciting world of martial arts, blending self-defense techniques with physical fitness. Through engaging drills, forms, and friendly challenges, kids will build strength, flexibility, and focus, while learning valuable life skills like discipline, and perseverance. All levels welcome, no experience necessary!



laparks.org/reccenter/barrington

Classes & programs may be subjected to cancellation or change. Refunds will assess a 15% administrative fee. PlayLA Youth & Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers available for those who qualify, ask for details. Persons with disabilities are encouraged to participate in our programs & classes. Reasonable accommodations will be made with prior arrangements. Achieving gender equity though a continuous commitment to girls & women in sports. Good sportsmanship is everyone's responsibility. Be a good sport.