## City of Los Angeles Department of Recreation and Parks NIKE / CoachPlan LA

### CITYWIDE COACH PLAN

# Recreation Instructor (Sports Train-the Trainer Instructors) Positions Available: Open Until Filled

**Available Hours:** 0-20 hours per week; various shifts Monday-Friday, 4:00pm - 8:00pm and/or weekends. Hours may vary depending on the needs of the program.

#### Job Overview:

The CoachPlan Ambassador Lead will be responsible for leading both part-time and full-time coach training based on the Coach LA Playbook, which focuses on creating positive and inclusive coaching environments through the "3 Be's" (Be Ready, Be Better, Be Belonging). This role requires experience in sports planning, instruction, and youth engagement, with a focus on developing coaches to foster a sense of belonging and skill development among young athletes.

#### **DUTIES & RESPONSIBILITIES:**

- Facilitate and Lead Coach LA Playbook training for part-time and full-time coaches, ensuring a deep understanding of the 3 Be's. Includes (but not limited to):
- Teaching and demonstrating sports skills and drills to both coaches and youth, ensuring proper technique and safety.
- o Collect and analyze data to support the evaluation and improvement of the Coach LA Plan and Playbook.
- Maintain clear communication with volunteers, co-workers, and supervisors to ensure smooth implementation of the coaching plan.

#### **QUALIFICATIONS:**

- Minimum 3-5 years of experience in sports planning and instruction.
- Proven experience in teaching sports techniques and drills to youth and adults.
- Strong knowledge of Excel, Microsoft Office, and social media platforms.
- Excellent communication skills, with the ability to lead, problem-solve, and manage tasks independently or in collaboration.
- Demonstrated job stability and a strong work history.
- Ability to follow directions, be punctual, and maintain reliability in all duties.

#### **Preferred Skills:**

- Comfortable with public speaking and facilitating training sessions for diverse audiences.
- Experience in data collection and evaluation to support program improvements.
- Ability to engage and inspire coaches to become effective mentors for young athletes.

#### PHYSICAL REQUIREMENTS:

- Must be able to demonstrate Sports ability
- Ability to lift, push, pull, carry a minimum of 10 lbs.
- Be able to stand, walk, stoop, kneel, crouch, reach for an extended period of time.
- Ability to bend at waist and perform repetitive foot and hand action.
- Good hand/eye/foot coordination required.

#### Apply By Date: Open Until Filled

To Apply: Email your resume with the subject line "COACH PLAN SPORTS INSTRUCTOR" to:

Lizka Mendoza

Project Coordinator / NIKE-Coach Plan

Lizka.Mendoza@lacity.org